

St Peter and St Paul Catholic Primary School



RSE / RE / PSHE Curriculum Map

Date Agreed	September 2026
Signed	
Next Review	

St Peter and St Paul Catholic Primary School

Mission Statement

***'With Christ as our guide,
we Love, Aspire and Serve'.***

Mission Aim 1 (Christ Centered Aim):

Together in Christ's family, we are loving, forgiving and compassionate to everyone.

Mission Aim 2 (Community Centered Aim):

Together, we are welcoming and inclusive - showing respect to all.

Mission Aim 3 (Education Centered Aim):

Together, we are ambitious and determined learners, providing an environment where everyone can flourish.

This map shows how our PSHE, RSE and RE provision link across the curriculum, half-term by half-term, from Reception to Year 6. It brings together:

- Pol-Ed — our PSHE programme, covering Relationships, Keeping Safe, Understanding the Law and Wellbeing.
- PATHS (Promoting Alternative Thinking Strategies) — our weekly Social and Emotional Learning programme, covering Emotional Understanding, Self-Control, Social Problem-Solving and Peer Relations & Self-Esteem.
- Journey in Love (JIL) — our Archdiocesan-recommended RSE resource, one unit per year group.
- Religious Education — To Know You More Clearly (the Religious Education Directory), taught in six half-termly branches that repeat and deepen every year.
- Science — this year's Science Curriculum Map, showing where the biology content (the human body, life cycles, growing older) reinforces RSE and PSHE learning.

How to read this document

- RE and Science follow the school's fixed half-termly sequence and are shown exactly as taught.
- Pol-Ed's four strands are usually taught in parallel across the year; this map distributes each strand's lessons evenly across the six half-terms in the order Pol-Ed presents them. Reorder the cells to match your own class timetable — Pol-Ed itself does not prescribe a sequence.
- PATHS units are shown as taught, from a scope and sequence shared, with permission, by another school running the same programme. That source specifies units by term rather than half-term, so where a term contains more than one unit, this map splits them as evenly as possible across its two half-terms; where a term has a single long unit (e.g. Year 4-6 Summer term), it is shown as a 'part 1' / 'continued' pair. Reception and Year 1 follow the same PATHS content, taught as one combined stage.
- Journey in Love is shown as a single block placed in Summer 1 as a starting suggestion — confirm the actual term against your own long-term plan, since the Archdiocesan resource does not itself specify timing.
- Year 6 Journey in Love includes non-statutory sex-education content (conception) from which parents may request withdrawal, in line with the school's RSHE Policy.
- For 2026-27 only, Year 6 is following the Year 5 To Know You More Clearly content for RE rather than the Year 6 content, and this is flagged on the Year 6 page.

Reception

Half-term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Pol-Ed — Passport (foundation unit)	What are emotions? What is empathy? What is respect? What is self-worth? What is resilience? What is risk?	—	—	—	—	—
RE — To Know You More Clearly	Creation & Covenant — God made a good world and knows and loves each of us.	Prophecy & Promise — the Christmas story: the Annunciation, Nativity, shepherds and Magi.	Galilee to Jerusalem — Jesus welcomes children and cares for everyone.	Desert to Garden — the Easter story told simply: Holy Week, Good Friday, Easter Sunday.	To the Ends of the Earth — Pentecost and the first Christian community sharing and caring.	Dialogue & Encounter — friends of Jesus (Sts Peter & Paul) and meeting people of other faiths.
RSE — Journey in Love					The wonder of being special and unique — each of us is part of God's loving creation. (suggested slot — confirm against your school's long-term plan)	
Pol-Ed — Relationships	How can I be a good friend?	—	How can I make other children feel happy?	How can I play nicely with others?	—	How can adults at school help me?
Pol-Ed — Keeping Safe	How can I play safely?	—	How can I keep safe at school?	—	How can I keep safe at home?	—
Pol-Ed — Understanding the Law	What are rules?	—	What are consequences?	What can I do if I'm feeling big emotions?	—	Who are the police and how do they help us?
Pol-Ed — Wellbeing	How can I be a germ buster?	—	How does food help me?	—	How does exercise help me?	—
PATHS (weekly SEL)	Unit 1 — Fostering a Positive Classroom Environment: agreed rules; PATHS Pupil of the Day established.	Unit 2-3 — Basic Feelings 1 & 2: happy/sad, then angry/afraid; all feelings are OK, not all behaviours are.	Unit 4 — Self-Control: the Turtle technique — calm down, take deep breaths, say how you feel.	Unit 5-6 — Sharing, Caring & Friendship / Basic Problem-Solving: being a good friend; making good choices.	Unit 7 — Intermediate Feelings: comfortable/uncomfortable feelings extended — excited, tired, frustrated, proud.	Unit 8-9 — Advanced Feelings & Wrap-Up: love, worried, disappointed, jealous, guilty; review and PATHS party.
Science	Myself — senses, identifying a human, the human life cycle.	Autumn — seasonal change and weather.	Winter — seasonal change, ice, and caring for wild birds.	Growing & Easter — plants and the life cycle of plants and animals.	Ticket to Ride — transport, floating and sinking.	Fun at the Seaside — shadows and looking after the environment.

Year 1

Half-term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RE — To Know You More Clearly	Creation & Covenant — the Creation story as a prayerful reflection on God's world.	Prophecy & Promise — the Annunciation, Visitation and birth of Jesus.	Galilee to Jerusalem — Jesus' mission, calling the disciples, and welcoming children.	Desert to Garden — Holy Week, the Crucifixion and Resurrection.	To the Ends of the Earth — the Ascension and Pentecost; the Church begins its mission.	Dialogue & Encounter — the local parish community; an introduction to Jewish life in Britain.
RSE — Journey in Love					We meet God's love in our family — growing up loved, cared for and kept safe. (suggested slot — confirm against your school's long-term plan)	
Pol-Ed — Relationships	How can I be an ally?	How can I make friends?	What if my friends are making me feel sad?	—	What is bullying?	How can I be an empathy expert?
Pol-Ed — Keeping Safe	How can I keep safe in new places?	How can I speak up?	How can I use things at home safely?	—	What is 999?	Why are safe hands important?
Pol-Ed — Understanding the Law	How can I be responsible?	What can happen when rules are broken?	What do the police do?	Why have different rules in different places?	What is private information?	Who are my trusted adults?
Pol-Ed — Wellbeing	What makes me special?	—	What do feelings feel like?	How can I share my feelings?	—	Why is name calling unkind?
PATHS (weekly SEL)	Unit 1 — Fostering a Positive Classroom Environment: agreed rules; PATHS Pupil of the Day established.	Unit 2-3 — Basic Feelings 1 & 2: happy/sad, then angry/afraid; all feelings are OK, not all behaviours are.	Unit 4 — Self-Control: the Turtle technique — calm down, take deep breaths, say how you feel.	Unit 5-6 — Sharing, Caring & Friendship / Basic Problem-Solving: being a good friend; making good choices.	Unit 7 — Intermediate Feelings: comfortable/uncomfortable feelings extended — excited, tired, frustrated, proud.	Unit 8-9 — Advanced Feelings & Wrap-Up: love, worried, disappointed, jealous, guilty; review and PATHS party.
Science	Chemistry — Everyday Materials (6 lessons).	Physics — Autumn and Winter (6 lessons).	Biology — Amazing Animals (10 lessons, spans Spring 1-2).	Biology — Amazing Animals, continued.	Physics — Spring and Summer (6 lessons).	Biology — Plants (6 lessons).

Year 2

Half-term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RE — To Know You More Clearly	Creation & Covenant — Noah and God's covenant; Baptism as welcome into God's family.	Prophecy & Promise — John the Baptist, Advent and the birth of Jesus.	Galilee to Jerusalem — Jesus' baptism, miracles and parables of forgiveness.	Desert to Garden — Reconciliation, saying sorry, and the Easter Vigil.	To the Ends of the Earth — Pentecost, Saul's conversion, and the fruits of the Spirit.	Dialogue & Encounter — the parable of the Good Samaritan; an introduction to Jewish worship.
RSE — Journey in Love					We meet God's love in the community — belonging, diversity and staying safe together. (suggested slot — confirm against your school's long-term plan)	
Pol-Ed — Relationships	How are we the same? How are we different?	How can I work with different people?	How do I share family worries?	—	What is a family?	Why are relationships important?
Pol-Ed — Keeping Safe	How can I keep safe online?	What are different types of meetings?	What are medicines?	—	What are private body parts?	What is fire safety?
Pol-Ed — Understanding the Law	What are needs and wants?	What is a job?	What is money?	—	What is the internet?	Why does age matter?
Pol-Ed — Wellbeing	How can I deal with change?	What does it mean to be healthy?	How can I look after my body?	Why is sleep important?	When do I need to take a break?	What are the risks of video gaming?
PATHS (weekly SEL)	Unit 1-2 — Positive Classroom Environment / Introduction to Feelings: PATHS readiness; 'private' and 'fine'.	Unit 3-4 — Feelings & Behaviours / Self-Control: scared, cross, safe; red-amber-green traffic light system.	Unit 5-6 — Anger Management & Problem-Solving / Friendship: group problem-solving roles; loneliness, shyness.	Unit 7 — Manners and Listening to Others: accident vs on purpose; manners, fair play, sharing.	Unit 8 (part 1) — Feelings/Emotions/Behaviours: curious, bored, proud, ashamed, frustrated, hopeful.	Unit 8 (continued) — Feelings/Emotions/Behaviours, concluding with end-of-year review and PATHS party.
Science	Chemistry — Uses of Materials (6 lessons).	Biology — Animals and Survival (6 lessons).	Biology — Habitats (10 lessons, spans Spring 1-2).	Biology — Habitats, continued.	Biology — Protecting the Environment (6 lessons).	Biology — Plants and Growth (6 lessons).

Year 3

Half-term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RE — To Know You More Clearly	Creation & Covenant — the two Creation accounts and human dignity; why Christians go to Mass.	Prophecy & Promise — prophecies of the Messiah; the Annunciation to Joseph.	Galilee to Jerusalem — Jesus' miracles and parables; the Last Supper and institution of the Eucharist.	Desert to Garden — the events of Holy Week; the road to Emmaus.	To the Ends of the Earth — the Trinity; Mary and the early Church at prayer.	Dialogue & Encounter — the Eucharist and Passover; an introduction to Islam.
RSE — Journey in Love					How we live in love — friendships, why they sometimes break down, and how they are repaired. (suggested slot — confirm against your school's long-term plan)	
Pol-Ed — Relationships	How should we treat people?	What can I do when friendships go wrong?	What do we mean by consent in friendships?	—	What is bullying?	Who are my key people?
Pol-Ed — Keeping Safe	How can I share my worries?	What are emergency services?	What are emergency situations?	—	What do we mean by risk?	When should I break a secret?
Pol-Ed — Understanding the Law	How can I be a responsible citizen?	—	How do we enforce the law?	What are children's rights?	—	What is the law and why do we have it?
Pol-Ed — Wellbeing	What is mental health?	What am I good at?	How can intense feelings feel?	What words can I use to talk about my feelings?	How can vaccinations support our health?	How does school help me?
PATHS (weekly SEL)	Unit 1-2 — Positive Classroom Environment & Self-Esteem / Basic Emotions: revisits and expands feelings vocabulary.	Unit 3-4 — Self-Control & Anger Management / Using Our Thinking Skills: control signals; problem-solving meetings.	Unit 5-6 — Getting Along with Others 1 / Feelings in Relationships 1: listening, fair play; jealousy, tolerance.	Unit 7 — Getting Along with Others 2: friends falling out and staying friends; greed, generosity.	Unit 8 (part 1) — Feelings and Expectations: surprise, disgust, curiosity, confusion, overcoming obstacles.	Unit 9 — Feelings in Relationships 2: malice, kindness, rejection, inclusion; a problem-solving meeting on bullying.
Science	Biology — Skeletons, Muscles and Nutrition (6 lessons).	Chemistry — Rocks and Fossils (6 lessons).	Physics — Light and Shadows (10 lessons, spans Spring 1-2).	Physics — Light and Shadows, continued.	Biology — Plants: Needs for Survival (6 lessons).	Physics — Forces and Magnets (6 lessons).

Year 4

Half-term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RE — To Know You More Clearly	Creation & Covenant — Abraham's covenant; the virtues of faith, hope and love.	Prophecy & Promise — Elijah and John the Baptist prepare the way; Advent and Christ the King.	Galilee to Jerusalem — Jesus as Messiah; his healing ministry and the parable of the Prodigal Son.	Desert to Garden — the Sacrament of Reconciliation and the works of mercy; the events of Holy Week.	To the Ends of the Earth — the Church as the People of God; Mary, Mother of the Church.	Dialogue & Encounter — St Paul's mission; an introduction to the Five Pillars of Islam.
RSE — Journey in Love					God loves us in our differences — accepting and respecting change and diversity in others. (suggested slot — confirm against your school's long-term plan)	
Pol-Ed — Relationships	How can we be role models?	What is a healthy friendship?	What is discrimination?	What is diversity?	What is peer influence?	Who makes up my community?
Pol-Ed — Keeping Safe	How can I keep safe in my local area?	How can we keep safe on the road?	What are hazards in the home?	—	What is first aid?	Who do I encounter?
Pol-Ed — Understanding the Law	How can I respect my environment?	—	What are protected characteristics?	What can I be?	—	What is hate crime?
Pol-Ed — Wellbeing	How do my choices help me to be healthy?	What are healthy habits?	Why is food fuel?	How can I be a hygiene hero?	How does school build my character?	What is my body trying to tell me?
PATHS (weekly SEL)	Unit 1 — Getting Started and Introduction: classroom rules; co-operative learning and listening skills.	Unit 2 — Feelings and Relationships: anger management revisited; intensity of feelings; avoiding gossip.	Unit 3 — Making Good Decisions: refusal skills, consequences and thinking ahead.	Unit 4 — Being Responsible and Caring for Others: responsible behaviour, including a class project.	Unit 5 (part 1 of 14 lessons) — Problem-Solving: identifying the problem and different points of view.	Unit 5 (continued) — Problem-Solving: identifying goals, generating solutions, dealing with difficult problems.
Science	Biology — Teeth and Digestion (6 lessons).	Chemistry — States of Matter (6 lessons).	Biology — Living Things and Environments (10 lessons, spans Spring 1-2).	Biology — Living Things and Environments, continued.	Physics — Sound (6 lessons).	Physics — Electricity (6 lessons).

Year 5

Half-term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RE — To Know You More Clearly	Creation & Covenant — Moses, the covenant and the Ten Commandments; Jesus' summary of the law.	Prophecy & Promise — King David and the promise fulfilled in Jesus; the Beatitudes.	Galilee to Jerusalem — the Beatitudes and the Our Father; the Transfiguration.	Desert to Garden — Ash Wednesday, sin and conscience; the Last Things.	To the Ends of the Earth — Pentecost, the gifts of the Spirit and Confirmation.	Dialogue & Encounter — where the Bible comes from; an introduction to Jewish belief in one God.
RSE — Journey in Love					God loves us in our changing and developing — the physical and emotional changes of puberty. (suggested slot — confirm against your school's long-term plan)	
Pol-Ed — Relationships	How can my adult relationships affect my future?	How do words have power?	What are my personal boundaries? What are online friendships?	What is grooming?	What is media influence?	What is peer pressure?
Pol-Ed — Keeping Safe	How can we keep our things safe?	How can we use our phones sensibly?	What are deep fakes? What are the risks with money?	What do I know about drugs?	Why are our special people important?	What is media literacy?
Pol-Ed — Understanding the Law	How do rules help our community?	—	What can and can't I do on the internet?	—	What is gambling?	—
Pol-Ed — Wellbeing	What is my personal identity?	How might puberty impact the way I feel?	How might being online impact the way I feel?	How might my activity levels impact the way I feel?	How might school impact the way I feel?	How can drugs and alcohol make people feel?
PATHS (weekly SEL)	Unit 1 — Getting Started and Introduction: classroom rules; co-operative learning; recognising and controlling anger.	Unit 2 — Problem-Solving: making good decisions, trying solutions, considering obstacles and consequences.	Unit 3 — Goals and Identity: setting goals, making a plan, overcoming obstacles.	Unit 4 — Making and Keeping Friends: dealing with teasing; managing resentment and forgiveness.	Unit 5 (part 1) — Being Responsible and Caring for Others: discrimination and stereotypes; exclusion.	Unit 5 (continued) — Being Responsible and Caring for Others: biographies and a class project on responsibility.
Science	Physics — Earth and Space (6 lessons).	Physics — Forces (6 lessons).	Chemistry — Materials (10 lessons, spans Spring 1-2).	Chemistry — Materials, continued.	Biology — Life Cycles (6 lessons).	Biology — Growing Older (6 lessons).

Year 6

Half-term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
RE — To Know You More Clearly <i>(following Year 5 content in 2026-27)</i>	Creation & Covenant — Moses, the covenant and the Ten Commandments; Jesus' summary of the law.	Prophecy & Promise — King David and the promise fulfilled in Jesus; the Beatitudes.	Galilee to Jerusalem — the Beatitudes and the Our Father; the Transfiguration.	Desert to Garden — Ash Wednesday, sin and conscience; the Last Things.	To the Ends of the Earth — Pentecost, the gifts of the Spirit and Confirmation.	Dialogue & Encounter — where the Bible comes from; an introduction to Jewish belief in one God.
RSE — Journey in Love					The wonder of God's love in creating new life — stable relationships, marriage and conception (non-statutory: parents may withdraw from the conception content). (suggested slot — confirm against your school's long-term plan)	
Pol-Ed — Relationships	How can I get ready for secondary relationships?	How can we be allies against racism?	How can we challenge sexism?	How can we respect different relationships?	What is a debate?	What is my relationship with authority?
Pol-Ed — Keeping Safe	How is my data shared?	What is spiking?	What is the issue with addiction? (vaping/smoking)	Why does media have age restrictions?	Bonfire Night lesson	Halloween lesson
Pol-Ed — Understanding the Law	What different types of crime are there?	What does the law say about legal drugs?	What does the law say about marriage?	What is a weapon?	What is antisocial behaviour?	What is shop theft?
Pol-Ed — Wellbeing	What does adulthood look like?	How can I re-frame my thinking?	How can I seek support for my mental health?	—	How can I manage moving to high school positively?	What is grief?
PATHS (weekly SEL)	Unit 1 — Getting Back into PATHS: calming-down techniques revisited; handling stress; getting help from others.	Unit 2 — Study and Organisational Skills: listening, organisation and study skills ahead of secondary school.	Unit 3 — Conflict Resolution: what conflict is and how it can be resolved.	Unit 4 — Respect: respect and respecting differences.	Unit 5 (part 1) — Endings and Transitioning: valuing past experiences; looking forward to secondary school.	Unit 5 (continued) — Endings and Transitioning: acknowledging the anxiety that pupils may feel about moving on.
Science	Physics — Light (6 lessons).	Biology — Classification (6 lessons).	Biology — Evolution and Inheritance (10 lessons, spans Spring 1-2).	Biology — Evolution and Inheritance, continued.	Physics — Electricity (6 lessons).	Biology — Circulatory System and Lifestyle (6 lessons).

Appendix: DfE Statutory RSE / Health Education Content

Condensed from the school's RSHE Policy (Appendix 1) and cross-referenced against the Pol-Ed Statutory Health and Wellbeing Content guidance. For the full lesson-by-lesson mapping of every statutory bullet point to a specific Pol-Ed lesson, see Pol-Ed's own "Statutory Health and Wellbeing Content" and "Statutory Relationships Content" guidance documents.

DfE statutory theme	Year groups	Where it is covered
Families and people who care for me	R,1,3,4,6	Pol-Ed Relationships strand; RE Domestic Church topics; JIL Years 1-2
Caring friendships	R,2,4,5,6	Pol-Ed Relationships strand (friendship lessons); JIL Year 3
Respectful relationships	3,4,5,6	Pol-Ed Relationships & Wellbeing strands; JIL Years 4 & 6; No Outsiders links
Online relationships	1,2,4,5,6	Pol-Ed Keeping Safe strand (Years 2 & 5 in depth)
Being safe	R,1,2,3,4,5,6	Pol-Ed Keeping Safe strand throughout
Mental wellbeing	2,3,4,5,6	Pol-Ed Wellbeing strand; PATHS (weekly, all years)
Internet safety and harms	1,2,3,4,5,6	Pol-Ed Keeping Safe strand (Years 2 & 5 in depth)
Physical health and fitness	1,2,3,4,6	Pol-Ed Wellbeing strand; Science; PE curriculum
Healthy eating	1,2,3,4,5,6	Pol-Ed Wellbeing strand; Science (nutrition/digestion units)
Drugs, alcohol and tobacco	1,3,4,5,6	Pol-Ed Keeping Safe & Understanding the Law strands (Years 5-6 in depth)
Health and prevention	1,2,3,4,5,6	Pol-Ed Wellbeing strand; Science
Basic first aid	1,4,5,6	Pol-Ed Keeping Safe strand (Year 4 in depth)
Changing adolescent body	5,6	JIL Year 5 (puberty) and Year 6 (conception); Science (Growing Older, Circulatory System)