



Prayer Progression
at St Peter & St Paul
Catholic Primary

Make/Build

- Teacher to put the liturgical colour on a small area/table
- Teacher shares one symbol such as a candle, cross, statue, (dependant on theme of worship)
- Talk about the symbol

Over time continue to add to the table.

When ready and used to the table – add a small story book Bible. (one that they may have used as a retell in class for RE)

- Identify which colour, symbol or sign or provides interest or curiosity
- Continues to be responsive to stimulus/focus
- Exploratory behaviours to investigate the focus/stimulus?



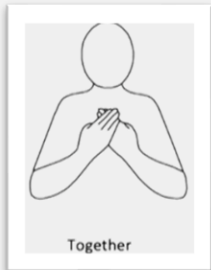
Prepare – Step 1

Together

- Talk about the material, the colour
- The colour reminds them of ...
- The colour makes them think about ...
- Talk about the symbol/s
- Identify which colour, symbol or sign or provides interest or curiosity
- Continues to be responsive to stimulus/focus
- Exploratory behaviours to investigate the focus/stimulus?



Gather - Step 1



Together (engaging)

- Engagement
- Emotions – quiet, still, looking,
- Breathing – peaceful, thinking
- Recognising symbols are sometimes for stillness
- Familiar routine in an exploration of the focus/ prayer table.
- Anticipate routines for **building** and being **together** .

Listen

- Visual (what they see on the prayer focus).
- The Bible is for a special story (about God/Jesus/ Holy Spirit etc)
- It is a very special book.
- We keep it safe and look after it.
- Tactile (hold the Bible and look at pictures together)
- Tactile (hold a symbol from the focus and tell the Bible story)
- Auditory (simple words from pictures of the Bible story)
- Auditory (simple words of the Bible story with symbols)
- Place the Bible open in a prominent place on the focus/prayer table)
- Repeat emotions with cues and prompts – quiet, still, looking, breathing, peaceful, thinking, stillness
- Reduce cues or prompts
- Develop memory and sequence of **building, together and listen**.



Listen – Step 1

Listen

- Auditory (simple words from pictures of the Bible story)
- Auditory (simple words of the Bible story with symbols)
- Repeat emotions with cues and prompts – quiet, still, looking, breathing, peaceful, thinking, stillness
- Reduce cues or prompts
- Develop memory and sequence of **building, together and listen.**



Pray/Prayer

- Place the Bible open in a prominent place on the focus/prayer table)
- Model the hand movement of prayer or quiet time
- Interact – shown in gaze, posture, quiet, still, looking, breathing, peaceful, thinking, stillness
- Praying hands or quiet time keeps us still, quiet, think, be peaceful, breathe, take time
- Let's think about the story in our head
- Sustaining attention
- Actively present
- Maintains an act of stillness and thinking about the story.
- With hands joined or still let's think about the story in our heart
- Let's say thank you God/Jesus/ etc...
- Let's say be kind like Jesus etc
- Talk to God, what can we say about the story – thank you, be kind, be strong, etc...
- Develop memory and sequence of **building, together, listen and prayer**

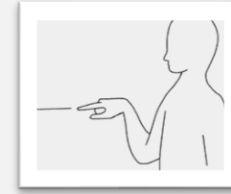


Respond – Step 1

Pray/Prayer



- Familiar routine in an exploration of the focus/ prayer table.
- Anticipate routines for **building** and being **together** .
- Sustaining attention
- Actively present
- Maintains an act of stillness and thinking about the story.
- With hands joined or still let's think about the story in our heart
- Let's say thank you God/Jesus/ etc...
- Let's say be kind like Jesus etc
- Talk to God, what can we say about the story – thank you, be kind, be strong, etc...
- Develop memory and sequence of **building, together, listen and prayer**



Go with God/Jesus etc...

- Action
- Share what we can do after this time of quiet and prayer
- E.g. Jesus told us to be kind to everyone – Shall we try this today in school?
- We are going to be more like God/Jesus
- Initiate an action
- Develop memory and sequence of **building, together, listen, prayer and go with God/Jesus message/action**



Send/Go Forth – Step 1

Prepare for Celebration of the Word	Celebration of the Word	Spiritual Progression	Evaluation
1 Prepare – Teacher led Focus: - Ask pupils to choose from a suitable artefacts/symbol/focus from two - Ask pupils to help set the focus and notice the liturgical colour Listen: - Teacher - choose age-appropriate Scripture in length according to the theme Respond: - Say together a prayer/Traditional prayer	<u>The teacher always models and leads.</u> Gather: - Sing a gather Song - Greet everyone - Make the Sign of Cross Listen: - Reverence for the Word of God in Scripture should be shown and expected from the earliest years. - Read from Scripture Respond: - Be silent and be with God - Pass an object around and take turns to share - Say prayers together - Say who/what they want to pray for - Model and say traditional prayers e.g. Hail Mary, Our Father. Send/Go Forth: - Message from the Word of God – remind children of the message throughout the day/week/send home messages shared	Reflect quietly Being still	<i>Outside of Celebration of the Word time. Choose a suitable moment to talk to the children – end of week/term etc...pupil voice</i> What did we hear about today? What will it help me to do/say/think about?

2	Prepare – Teacher led - Ask pupils to choose from a suitable artefacts/symbol/focus from three/four choices - Ask pupils to help set the focus and notice the liturgical colour Gather: Prepare pupil/s to lead with Sign of the Cross Listen: - Teacher - choose age-appropriate Scripture in length according to the theme Respond: - Share the theme/message and ask pupils which suitable hymn linked to the Scripture they could sing from two or three they already know. Support pupils in choosing a prayer/traditional prayer to say together.	Gather: - Sing a gather Song - Greet everyone Pupils lead The Sign of Cross Listen: - Reverence for the Word of God in Scripture should be shown and expected from the earliest years. - Read from Scripture. Respond: - Be silent and be with God - Pass an object around and take turns to share Heartfelt responses - Say prayers together - Say who/what they want to pray for - Model and say traditional prayers Sing hymn chosen by the children Send/Go Forth: - Message from the Word <u>Of</u> God – reminders for the children/send home messages shared. Evaluate – how has this helped me?	Reflect quietly <i>Being still</i> Participate in periods of reflection in response to a given stimulus <i>Silence</i> <i>Think to myself about what I have seen or heard</i>	What did we hear about today? What will it help us to do? Why did you choose the hymn/song/focus?
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Prepare – Teacher led**Focus:**

- Ask pupils to choose from a suitable artefacts/symbol/focus from **a wider choice**
- Ask pupils to help set the focus and notice the liturgical colour
- **With support help pupils choose the liturgical colour cloth.**

Gather:

- Prepare pupil/s to lead with Sign of the Cross

Listen:

- Teacher - choose age-appropriate Scripture in length according to the theme
- **Prepare pupil/s to read from Scripture**

Respond:

- Share the theme/message and ask pupils which suitable hymn linked to the Scripture they could sing from two or three they already know.
- Support pupils in choosing a prayer/traditional prayer to say together.
- **Support pupils to prepare prayer/s to respond to the Scripture they will hear.** (The Prayer of the Faithful-Bidding prayers/Petition prayers)

Send:

- **Prepare pupil/s to end Go Forth/Send. The Lord be with you. And with your spirit. Go in peace Thanks be to God**

Gather:

- Sing a gather Song
- Greet everyone
- Pupils lead Sign of the Cross

Listen:

- Reverence for the **Word of God in Scripture** should be shown and expected from the earliest years.
- Read from Scripture.
- **Pupil/s read from Scripture.**

Respond:

- Be silent and be with God
- Say who/what they want to pray for
- Pass an object around and take turns to share
- **Heartfelt responses**
- **Pupils to say prayers prepared – pray and all respond**
- Say prayers together
- Model and say traditional prayers
- Sing hymn chosen by the children

Send/Go Forth:

- Message from the Word Of God – reminders for the children/send home messages shared.
- Pupil/s to lead **Go Forth/Send. The Lord be with you. And with your spirit. Go in peace Thanks be to God.**

Reflect quietly
Being still

Participate in periods of reflection in response to a given stimulus

Think to myself about what I have seen or heard

Silence

Show understanding of the importance of stillness and quiet during times of reflection and prayer
Be still, be quiet, think to myself and say a prayer

What did we hear about today?

What will it help us to do?

Why did you choose the hymn/song/focus?

Prepare – Teacher and pupil led**Focus:**

- Ask pupils to prepare prayer/s to respond to the Scripture they will hear.
- **Share the theme/message/Scripture – ask pupils to prepare a focus with symbol/s and liturgical cloth linked to the theme/message**
- **Teacher and pupils – support planning for larger gatherings**
- **Teacher and pupils – use skills to help prepare for planned Liturgy, such as Leavers Mass***

Gather:

- Prepare pupil/s to lead with Sign of the Cross

Listen:

- **Teacher and pupil** - choose age-appropriate Scripture in length according to the theme.
- **Prepare pupils to respond to the Word of God - Scripture Reading - The word of the Lord. *Thanks be to God OR The Gospel – The Gospel of the Lord. Praise to you, Lord Jesus Christ.***
- **Prepare pupils to begin the Gospel - The Lord be with you. *And with your spirit.* A reading from the holy Gospel according to N. + (make a cross on head, mouth, heart) *Glory to you, O Lord.***

Respond:**Gather:**

- Sing a gather Song
- Greet everyone
- Pupils lead Sign of the Cross

Listen:

- Reverence for the **Word of God in Scripture** should be shown and expected from the earliest years.
- **Pupils to begin the Gospel - The Lord be with you. *And with your spirit.* A reading from the holy Gospel according to N. + (make a cross on head, mouth, heart) *Glory to you, O Lord.***
- Read from Scripture.
- Pupil/s read from Scripture.
- **Pupils following reading - The word of the Lord. *Thanks be to God OR The Gospel – The Gospel of the Lord. Praise to you, Lord Jesus Christ.***

Respond:

- Be silent and be with God
- Say who/what they want to pray for
- Pass an object around and take turns to share
- Heartfelt responses
- Pupils share hymn/**piece of music/art** linked to the Scripture
- Pupils to say prayers prepared – pray and all respond
- Say prayers together
- Model and say traditional prayers

Send/Go Forth:

- Message from the Word Of God – reminders for the children/send home messages shared.
- Pupil/s to lead **Go Forth/Send. The Lord be with you. *And with your spirit.* Go in peace *Thanks be to God.***

Reflect quietly
Being still

Participate in periods of reflection in response to a given stimulus
Think to myself about what I have seen or heard

Silence

Show understanding of the importance of stillness and quiet during times of reflection and prayer
Be still, be quiet, be silent, think to myself and say a prayer

Demonstrate an appreciation of the elements needed for reflection and contemplation or prayer (places, times, foci, stimuli) *What do we need to do to reflect, think and pray? What helps us reflect, think and pray?*

What did we hear about today?

What will it help us to do?

Why did you choose the hymn/song/focus?

What action did we take?

- Share the theme/message and ask pupils which suitable hymn/**piece of music/art** linked to the Scripture
- Ask pupils to prepare prayer/s to respond to the Scripture they will hear.
- Support pupils to prepare prayer/s to respond to the Scripture they will hear. (The Prayer of the Faithful- Bidding prayers/Petition prayers)

Send:

- Prepare pupil/s to end Go Forth/Send. The Lord be with you. *And with your spirit. Go in peace Thanks be to God*

LEADERS OF ...FAITH
IN ACTION,
CATHOLIC SOCIAL

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Prepare – Pupil with teacher support

- **Teacher and pupil** - choose age-appropriate Scripture in length according to the theme
- **Pupil with teacher guidance – plan a Celebration of the Word with a given theme.**
- **Pupil with teacher guidance – plan/write daily prayer.***
- **Pupil with teacher guidance – use skills to support planning for Liturgy.***

How can I prepare to help people reflect on their lives and the lives of others. Symbols, places, focus, times.

Explore how different liturgical seasons, situations, times of day, the environment, reflects the prayers we say and what we do.

Reflect in silence

Social action