

Better Birth Outcomes-
Comprehensive is a free program
offering personalized support for a
healthy pregnancy, full-term
delivery, and postpartum care
through your baby's first 6 months.

We also connect you with
community resources and help you
find medical care.



If you are pregnant or have an
infant 6 months or younger, please:

- Schedule your first prenatal appointment, or your baby's doctor's appointment.
- Avoid drinking alcohol, smoking and using recreational drugs.
- Call us for help!



Public Health
Prevent. Promote. Protect.

Macon County Health Department
Decatur, Illinois

1221 E. Condit St.
Decatur, IL 62521
(217) 423-6988 ext. 1335

This institution is an equal opportunity
provider.



Better Birth Outcomes- Comprehensive



Providing one-on-one
support throughout your
pregnancy and helping you
welcome and care for your
new baby.

All support through the Better Birth Outcomes-Comprehensive program is provided by Navigators who are either Social Workers or Registered Nurses.



Give yourself and your baby your best!

For a free screening, call 217-423-6988 ext. 1335.

The Better Birth Outcomes-Comprehensive program is designed to help birthing persons and infants up to 6 months of age.

Risk factors which may qualify you for the program include:

- Diseases that affect pregnancy or infants
- Homelessness/ in temporary housing
- Teen or over 45 years old
- Pregnant with multiples
- Previous pre-term delivery or low birth weight
- Mental health issues
- Previously incarcerated or under house arrest
- DCFS involvement in the past year
- Victim of domestic violence
- Alcohol, tobacco, or other substance abuse during pregnancy
- Complex medical issues
- Many other risk factors



If you qualify for this program, you may receive:

- Personalized prenatal and postpartum education.
- Community referrals and linkage to services provided free of charge.

