

Know Your Faith

Contributed by Abigale Coates

The Five Precepts of The Church

Catechism of the Catholic Church

Part Three: Life in Christ

Section One: Man's Vocation: Life in the Spirit

Chapter Three: God's Salvation: Law and Grace

Article 3: The Church, Mother and Teacher

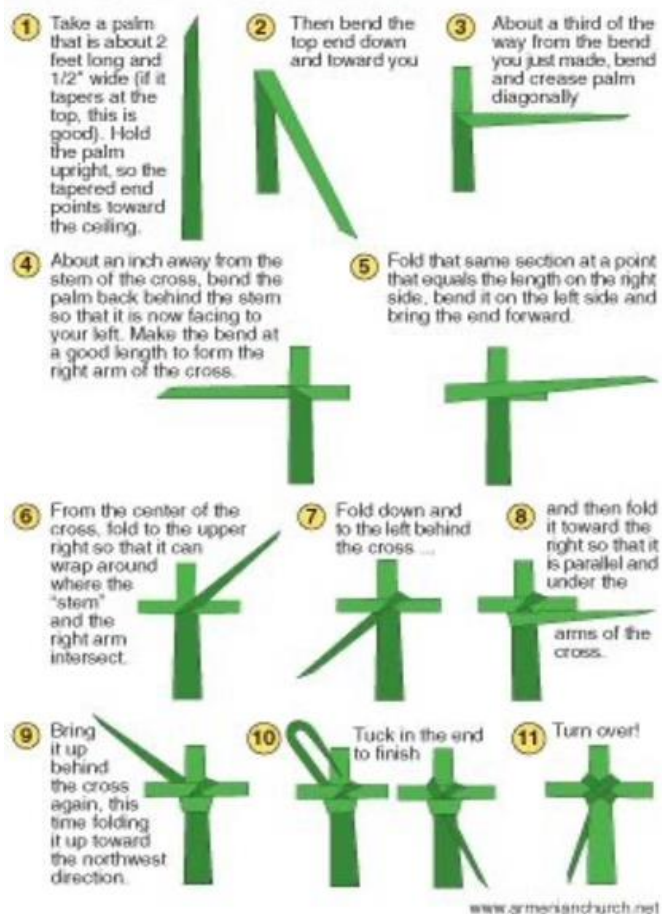
II. THE PRECEPTS OF THE CHURCH

Paragraph **2041** The precepts of the Church are set in the context of a moral life bound to and nourished by liturgical life. The obligatory character of these positive laws decreed by the pastoral authorities is meant to guarantee to the faithful the very necessary minimum in the spirit of prayer and moral effort, in the growth in love of God and neighbor:

2042 The first precept ("You shall attend Mass on Sundays and holy days of obligation and rest from servile labor") requires the faithful to sanctify the day commemorating the Resurrection of the Lord as well as the principal liturgical feasts honoring the mysteries of the Lord, the Blessed Virgin Mary, and the saints; in the first place, by participating in the Eucharistic celebration, in which the Christian community is gathered, and by resting from those works and activities which could impede such a sanctification of these days. (*Codex Iuris Canonici* (CIC), can. 1246-1248) The second precept ("You shall confess your sins at least once a year") ensures preparation for the Eucharist by the reception of the sacrament of reconciliation, which continues Baptism's work of conversion and forgiveness. (CIC, can. 989) The third precept ("You shall receive the sacrament of the Eucharist at least during the Easter season") guarantees as a minimum the reception of the Lord's Body and Blood in connection with the Paschal feasts, the origin and center of the Christian liturgy. (CIC, can. 920)

2043 The fourth precept ("You shall observe the days of fasting and abstinence established by the Church") ensures the times of asceticism and penance which prepare us for the liturgical feasts and help us acquire mastery over our instincts and freedom of heart. (CIC, can. 1249-1251) The fifth precept ("You shall help to provide for the needs of the Church") means that the faithful are obliged to assist with the material needs of the Church, each according to his own ability. (CIC, can. 222) The faithful also have the duty of providing for the material needs of the Church, each according to his own abilities. (CIC, can. 222)

How to make a palm cross



Eucharistic Revival Corner



Blessed Carlo Acutis is slated to be canonized on April 27th! If you were unaware, Blessed Carlo is the patron of the National Eucharistic Revival. His love for the Eucharist

and dedication to evangelization remind us of our faith's radiant beauty. He is truly a saint for our times.

We are thrilled to announce the upcoming release *Carlo Acutis: The Roadmap to Reality*. This captivating film explores the life of the first millennial saint while following modern-day teens on a phone-free pilgrimage to his tomb, immersing them in his story, his passion for Christ, and a search for meaning in a digital age.

This film will be shown April 27-29 at 4 pm at the AMC Vancouver Mall and Regal Cascade theaters. Consider gathering family and friends together for this wonderfully inspiring show.

"What does it matter if you can win a thousand battles if you cannot win against your own corrupt passions? It doesn't matter. The real battle is with ourselves."

-Bl. Carlo Acutis




Why are they veiled?



This ancient Catholic practice stems from the former liturgical calendar in which the old Gospel reading for the 5th Sunday of Lent (i.e., the start of Passiontide) tells us on how **Jesus hid Himself** away from the Jews when they attempted to stone Him.

According to St. Augustine, at this moment when Jesus "hid Himself" from the Jews, Christ in fact became invisible by virtue of His Divine nature. To help signify this mystery, crucifixes and images of Christ are veiled with purple cloth on the evening before the start of the Passiontide. The same goes with the images of the saints, as it is befitting that if the glory of the Master is hidden, then His servants should not appear.

 Catholic Fortress