

Know Your Faith

Contributed by Abigale Coates

Name: _____

Date: _____

Our Saints

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| 1. I am a patron saint of music | A. Elizabeth Seton |
| 2. I saw the Blessed Virgin Mary at Lourdes | B. Maria Goretti |
| 3. I got roasted to death | C. Joachim |
| 4. I died on a cross upside down | D. Isidore |
| 5. I cared for the poor and am portrayed with a bouquet of roses | E. Jude |
| 6. I started groups to care for the poor | F. Matthew |
| 7. My motto was, "Death rather than sin". | G. Joachim |
| 8. I was a brother of James | H. Vincent de Paul |
| 9. I was converted by the prayers of my mother | I. Peter |
| 10. I was a deacon and stoned to death | J. Dominic Savio |
| 11. I was the first saint born in the Americas | K. Rose of Lima |
| 12. I died rather than give in to sexual sin | L. Lawrence |
| 13. I am the patron of hopeless cases | M. Andrew |
| 14. I loved all of God's creatures and am the patron of animals | N. John Bosco |
| 15. I died rather than break the seal of confession | O. Stephen |
| 16. I am called the "Little Flower" and a patron of the missions | P. Ann |
| 17. I am a patron saint of farmers | Q. Bernadette |
| 18. I was a great woman writer and pictured with a broken wheel | R. John |
| 19. I was a tax collector who became an apostle | S. Cecilia |
| 20. I started many schools for boys | T. Catherine of Alexandria |
| 21. I started the first Catholic School in the United States | U. Therese of Lisieux |
| 22. I was the grandfather of Jesus | V. Elizabeth of Hungary |
| 23. I was a great scholar and writer | W. John Nepomcene |
| 24. I am the patron saint of fishermen | X. Thomas Aquinas |
| 25. I was grandfather to Jesus | Y. Francis of Assisi |
| 26. I was the grandmother of Jesus | Z. Augustine |

Answers in next week's *Know Your Faith* Insert

Baltimore Catechism #3

Q. 871. What do we mean when we say the Sacrament which contains the Body and Blood?

A. When we say the Sacrament which contains the Body and Blood, we mean the Sacrament, which is the Body and Blood, for after the Consecration there is no other substance present in the Eucharist.

Q. 872. When is the Holy Eucharist a Sacrament, and when is it a sacrifice?

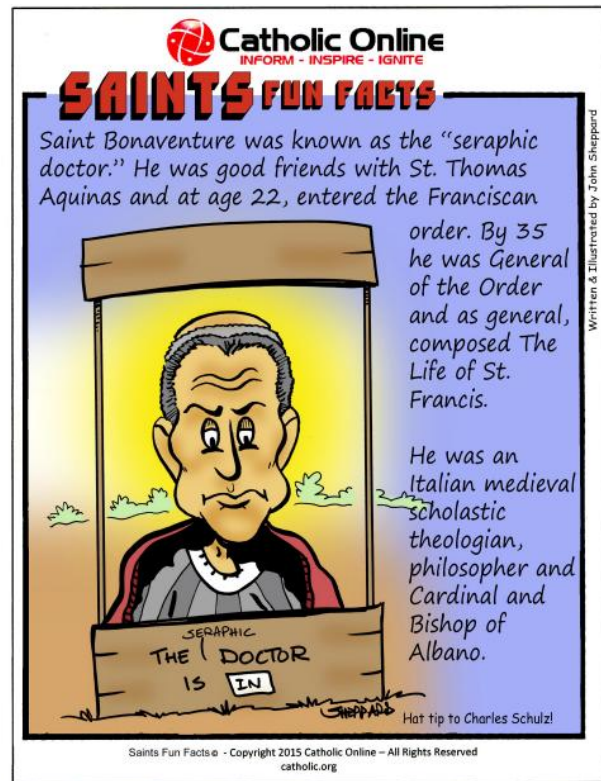
A. The Holy Eucharist is a Sacrament when we receive it in Holy Communion and when it remains in the Tabernacle of the Altar. It is a sacrifice when it is offered up at Mass by the separate Consecration of the bread and wine, which signifies the separation of Our Lord's blood from His body when He died on the Cross.

Q. 878. How do we know that it is possible to change one substance into another?

A. We know that it is possible to change one substance into another, because (1) God changed water into blood during the plagues of Egypt; (2) Christ changed water into wine at the marriage of Cana; (3) Our own food is daily changed into the substance of our flesh and blood; and what God does gradually, He can also do instantly by an act of His will.

Q. 879. Are these changes exactly the same as the changes that take place in the Holy Eucharist?

A. These changes are not exactly the same as the changes that take place in the Holy Eucharist, for in these changes the appearance also is changed, but in the Holy Eucharist only the substance is changed while the appearance remains the same.



St. Bonaventure's Feast Day: July 15

A Prayer to the Blessed Virgin Our Lady of Mount Carmel

O most beautiful Flower of Mount Carmel,
Fruitful Vine, Splendour of Heaven, Blessed
Mother of the Son of God, Immaculate
Virgin, assist me this my necessity. O Star
of the Sea, help me and show me herein you
are my Mother.

O Holy Mary, Mother of God, Queen of
Heaven and Earth, I humbly beseech you
from the bottom of my heart, to succour
me in this necessity; there are none that
can withstand your power.

O, show me herein you are my Mother, O
Mary, conceived without sin, pray for us
who have recourse to thee. (3 times)

OL Mount Carmel's Feast Day: July 16