

2026 Sweetheart Showcase

High Point Gymnastics - AAU Qualifier

February 14, 2026 - February 15, 2026

Session 1. Copper

Saturday, Feb 14, 2026

48 gymnasts

Format: Modified Traditional

Open Stretch Begins: 10:00 AM

March In: 10:20 AM

Awards: 12:05 PM

Session 2. Bronze Advanced and Elite

46 gymnasts

Format: Modified Traditional

Open Stretch Begins: 12:35 PM

March In: 12:55 PM

Awards: 2:40 PM

Session 3. Bronze Novice and 4x4

43 gymnasts

Format: Modified Traditional

Open Stretch Begins: 3:10 PM

March In: 3:30 PM

Awards: 5:35 PM

Session 4. Silver Novice and Elite

40 gymnasts

Format: Modified Traditional

Open Stretch Begins: 6:05 PM

March In: 6:25 PM

Awards: 8:20 PM

Session 5. Silver Advanced

Sunday, Feb 15, 2026

36 gymnasts

Format: Modified Traditional

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:20 AM

Session 6. Gold Advanced and Elite

39 gymnasts

Format: Modified Traditional

Open Stretch Begins: 10:50 AM

March In: 11:10 AM

Awards: 1:05 PM

Session 7. Gold Novice, Platinum, Diamond

43 gymnasts

Format: Modified Traditional

Open Stretch Begins: 1:35 PM

March In: 1:55 PM

Awards: 4:45 PM