



Age-Based Parenting Resources on Racism

General Parenting/Multi-age Resources

["31 Children's Books to Support Conversations on Race, Racism, and Resistance" \(Embrace Race\)](#)

["Beyond the Golden Rule: A Parent's Guide to Preventing and Responding to Prejudice" \(Teaching Tolerance\)](#)

["How to Talk to Kids about Race and Racism" \(Parent Toolkit\)](#)

["Raising White Kids' Author on How White Parents Can Talk About Race" \(NPR Podcast\)](#)

["Supporting Vulnerable Students in Stressful Times: Tips for Parents" \(National Association of School Psychologists\)](#)

["Talking About Race: Parent or Caregiver" \(National Museum of African American History & Culture\)](#)

["Talking to Kids About Race" \(National Geographic\)](#)

["Your Kids Aren't Too Young to Talk about Race: Resource Roundup"](#)

Preschool – Kindergarten Picture Book Recommendations

It's Okay to be Different – Todd Parr

The Colors of Us – Karen Katz

This is How We Do It – Matt Lamothe

Home – Carson Ellis

I am NOT Just a Scribble – Diane Alber

Love Makes a Family – Sophie Beer

Who Put the Cookies in the Cookie Jar – George Shannon

Nina – Jazz Legend & Civil Rights Activist Nina Simone – Alice Briere - Haquet

Elementary School

["Picture Books About Activism, Protest, and Standing Up for Others" \(No Time for Flashcards\)](#)

["Diverse Book Finder: Identify and Explore Multicultural Picture Books"](#)

Middle School

[Coretta Scott King Book Award Winners: books for children and young adults](#)

Stamped by Kendi & Jason Reynolds

This Book is Antiracist by Tiffany Jewell

High School

[Coretta Scott King Book Award Winners: books for children and young adults](#)

Stamped by Kendi & Jason Reynolds

This Book is Antiracist by Tiffany Jewell



Age-Based Parenting Resources on Racism

Films and TV series recommended by Dr. Lisa Damour, an American psychologist specializing in teenagers:

- 13th (Ava DuVernay) — Netflix
- American Son (Kenny Leon) — Netflix
- Black Power Mixtape: 1967-1975 — Available to rent
- Clemency (Chinonye Chukwu) — Available to rent
- Dear White People (Justin Simien) — Netflix
- Fruitvale Station (Ryan Coogler) — Available to rent
- I Am Not Your Negro (James Baldwin doc) — Available to rent or on Kanopy
- If Beale Street Could Talk (Barry Jenkins) — Hulu
- Just Mercy (Destin Daniel Cretton) — Available to rent
- King In The Wilderness — HBO
- See You Yesterday (Stefon Bristol) — Netflix
- Selma (Ava DuVernay) — Available to rent
- The Black Panthers: Vanguard of the Revolution — Available to rent
- The Hate U Give (George Tillman Jr.) — Hulu with Cinemax
- When They See Us (Ava DuVernay) — Netflix