

Attention! Parents of 3-5 year olds

Is dinner time a struggle?

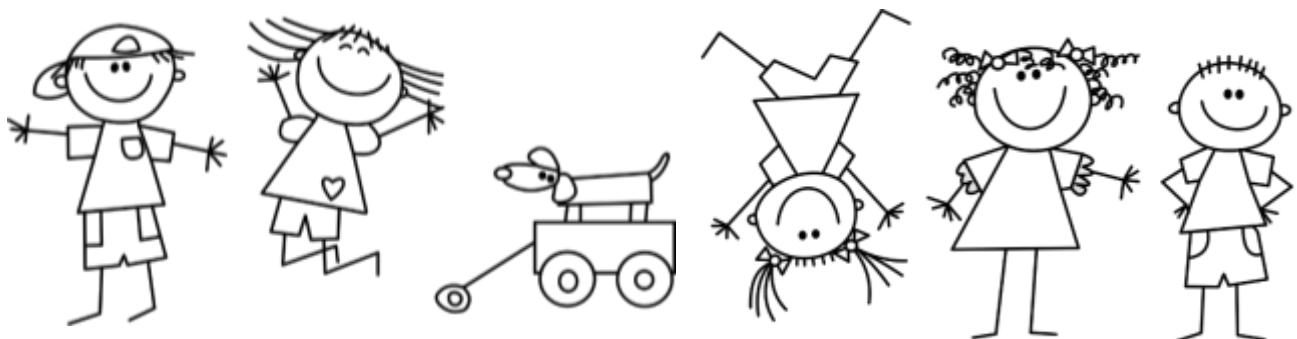
Is bedtime a hassle?

Is your child throwing tantrums?

If you answered yes to any of these questions, our 4 week parenting course is for you! Join us for a 4 week session with our LPCC facilitator, Hannah Bullar. In this course, Hannah will cover strategies for tantrums, power struggles, routine for meal and bed time and transitions. The cost is \$200 for one parent – second parent \$175.

Classes are October 25, November 1, November 8 and November 15 from 5:00 pm-6:00 pm, downunder at CVH.

If interested, contact Polly at 859-341-5400.



Hurry, space is limited!