



Breastfeeding Resources

Hamilton County and Surrounding Areas

This list and more resources are available at: <http://www.swohio-bc.org/>

Christ Hospital	(513) 585-0597
Warmline: M-Sun 7am-3:30pm	2139 Auburn Ave. Cincinnati, OH 45219
Outpatient Visits: M-Sun, 585-2668, Fee	
Breastfeeding Class (\$15) Varied times Register: 513-585-HUGS (4847) Schedule: http://tinyurl.com/bfclassesChrist	

Cincinnati Children's	(513) 636-2326
Warmline: M-F 8am-4:30pm	3333 Burnet Ave. Cincinnati, OH 45229
Outpatient Visits: M-F, Fee	
Classes for Children's Employees	

IBCLC Hospital Breastfeeding Support Resources

Unless otherwise noted, all services are free of charge and open to babies born anywhere.

*Outpatient visits with a fee can be covered under insurance. Does not apply to classes.

Mercy Health - Anderson	(513) 624-3275
Warmline: M-F, 9am-3pm Sat, 9am-1pm	7500 State Rd. Cincinnati, OH
Outpatient Visits: M-F	
Breastfeeding Class (\$20) Varied times Register: 513-95-MERCY (63729), option 2 then 1 Schedule: http://www.e-mercy.com/calendar.aspx Check for location	

Mercy Health - Fairfield	(513) 870-7883
Warmline: M-Sat 8am-3:30pm	3000 Mack Rd. Fairfield, OH 45014
Outpatient Visits: depends on staffing	
Breastfeeding Class (\$20) 3 rd Wed, 7-9pm Register: 513-95-MERCY (63729), option 2 then 1 Schedule: http://www.e-mercy.com/calendar.aspx Check for location	

Mercy Health - West	(513) 215-2020
Warmline: M-Sun 9am-4pm	3300 Mercy Health Blvd. Cincinnati, OH 45211
Outpatient Visits: M-Sun	
Breastfeeding Class (\$20) Once a month Register: 513-95-MERCY (63729), option 2 then 1	

St. Elizabeth Hospital	(513) 301-2631
Warmline: M-Sun 8am-4pm	1 Medical Village Dr. Edgewood, KY 41017
Outpatient Visits: M-Sun	
Breastfeeding Class (\$15) M-Thurs, 6:30-8:30pm Register: 859-301-BABY (2229) or go online Schedule: http://www.stelizabeth.com/eventlist.aspx	

TriHealth Hospitals	(513) 862-7867
Warmline: M-F, 8:30am-4:30pm Sat, 8am-12pm	Bethesda North and Good Samaritan
Outpatient Visits: M-F (Sat if urgent)	
Breastfeeding Class (\$25) Varied times Register: 513-475-4500 or go online Schedule: http://tinyurl.com/bfclassesTriHealth	

UC Medical Center	(513) 584-5257
Warmline: M-Sat 8:30am-5pm	234 Goodman St. Cincinnati, OH 45219
Outpatient Visits: M-F, Fee	
Breastfeeding Class (\$30) Varied times Register: 513-584-BABY (2229) or go online Schedule: http://uchealth.com/womens-health/childbirth-education-classes/	

Need a Pump?

*Accepts Medicaid

Kentucky

Crestville Drugs 859-341-1660
Motherhood Express 859-391-6182
St. Elizabeth 859-301-6200

Ohio

Christ Hospital 513-585-0597
Cincinnati Children's* 513-636-4663
Dee Keith, IBCLC 513-724-3313
Mommy Xpress* 513-641-2255
Mullaney's Pharm* 513-587-1466

Queen City Med Mart* 866-863-7612
TriHealth 513-862-7867
TriState Compnd Pharm 513-624-7333
University of Cincinnati 513-584-4783
Wendy McHale, IBCLC 513-295-4101
Yost Pharmacy 513-398-5010

Online

Pumps for Moms* 866-863-7612
Premier Kids Care* 888-892-9001

Call for Advice

Cincinnati Warmline (La Leche)
513-357-MILK (6455)

Office on Women's Health
800-994-9662

USA Warmline (La Leche)
877-4-LALECHE (5253243)

UCMC After Hours Lactation
513-834-4105

Community Groups

BOOBS	513-452-6627
Breastfeeding USA, Cincinnati Chapter	Breastfeeding Usa.org
LaLeche League – Cincinnati & NKY	513-245-4352

Home Visit Programs

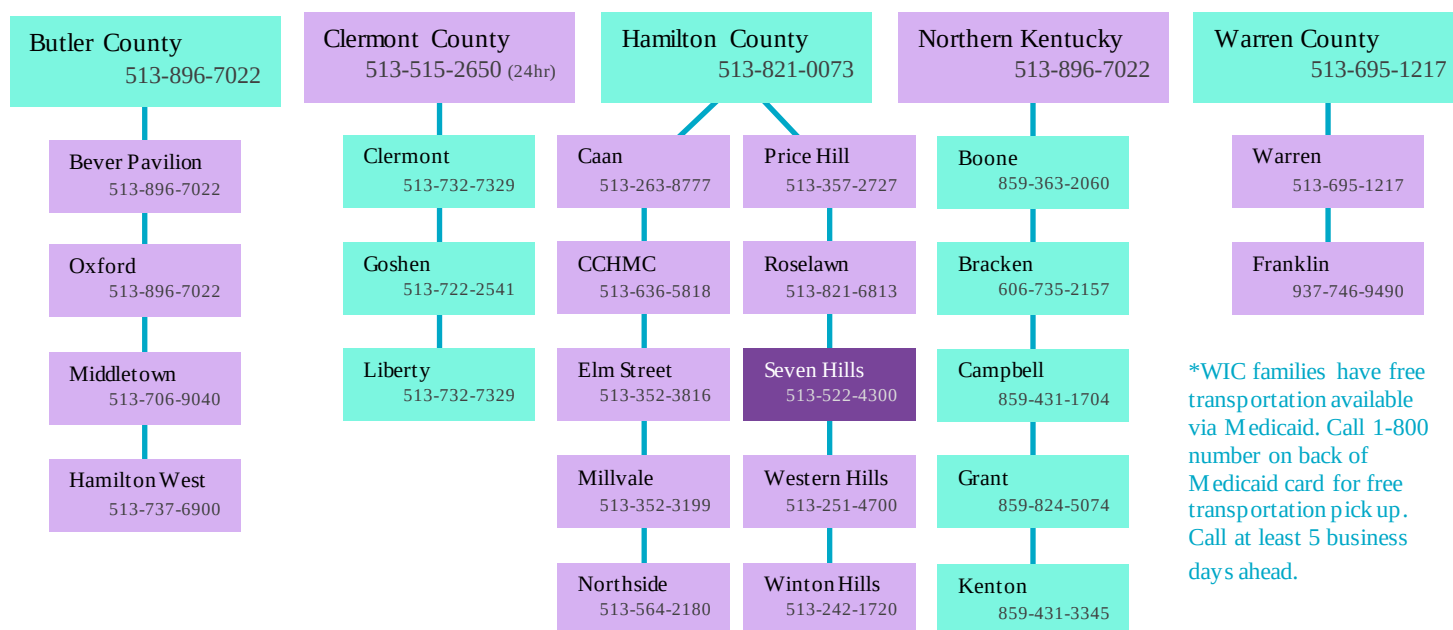
Community Action Agency	513-569-1840
Every Child Succeeds	513-636-2830
Healthcare Access Now	513-707-5697
Healthy Moms and Babies	513-591-5600
Help Me Grow	513-281-4769

Private IBCLCs

Boobs4Babies	513-417-0366
BreastBeginning	513-218-9168
Bright Future Ltd.	937-438-9458
Dee Keith	513-724-3313
Jamee Diver	937-657-8101
Motherhood Express	513-391-6182
Natashia Conner	513-620-6455

WIC Breastfeeding Support

WIC offers breastfeeding support and encouragement for pregnant and postpartum moms: breastfeeding peers (mom-to-mom breastfeeding support), classes, handouts, and pumps; as well as baby weight checks.



***SPANISH SPEAKING PEER COUNSELOR, Kris, is at the 7 Hills WIC Clinic, which also has Spanish classes. Call her at 513-522-4300.**

Lactation support and equipment are covered benefits with the new Affordable Care Act. Check with your insurance for billing questions.

Online Resources

Videos

Stanford Videos
<http://newborns.stanford.edu/Breastfeeding>
 Breast Crawl – “Babies’ First Meal” Unicef
<https://www.youtube.com/watch?v=0OYXd-mMSVU>

Facebook

Southwest Ohio Breastfeeding Coalition
<https://www.facebook.com/SWOBC/>
 Ohio Breastfeeding Alliance
<https://www.facebook.com/Ohio-Breastfeeding-Alliance-283311004247/>

Reading Materials

It’s Only Natural: Mother’s Love, Mother’s Milk
<http://www.womenshealth.gov/itsonlynatural>
 Breastfeeding Handouts (WIC)
<https://wicworks.fns.usda.gov/nutrition-education/participant-resources/breastfeeding-moms>
 Breastfeeding Guide
<http://www.womenshealth.gov/publications/our-publications/breastfeeding-guide>

Info on Drugs and Breastfeeding

Lactmed
<https://toxnet.nlm.nih.gov/newtoxnet/lactmed.htm>

Breastfeeding Laws

Ohio Rev Code Ann. 3781.55 (2005): a mother is entitled to breastfeed her baby in any location of a place of public accommodation wherein the mother is otherwise permitted. (SB 41)
Affordable Care Act: amended section 7 of the Fair Labor Standards Act (“FLSA”) to require employers to provide reasonable break time for an employee to express breast milk for her nursing child for one year after the child’s birth each time such employee has the need to express the milk. Employers are also required to provide a place, other than a bathroom, that is shielded from the view and free from intrusion from coworkers and the public, which may be used by an employee to express breast milk.

Disclaimer: The Southwest Ohio Breastfeeding Coalition (SWOBC) compiled this list of available breastfeeding resources in southwest Ohio and surrounding areas but neither guarantees nor endorses any services mentioned here. SWOBC is not liable for any damages arising out of the use of information posted here.