

ADHD Evaluation and Medication Start

Pediatric Associates is pleased to provide behavioral and mental health evaluation and treatment for our patients. For many children with mental healthcare needs, comprehensive care can be provided within our practice. For other children, we will advise you to seek evaluation and/or treatment through an outside specialist. This guide will review our process for evaluation and treatment for Attention Deficit Hyperactivity Disorder.

Which patients are appropriate for a Pediatric Associates evaluation for ADHD?

Children over the age of 6 years with ADHD symptoms **without** concerns for developmental delay, cognitive disabilities, or learning disorders. A comprehensive educational evaluation is often best for children with these additional concerns. We do not offer this level of evaluation at PANK. If you have questions, please contact your primary care provider at PANK.

Who provides evaluation and treatment for ADHD at PANK? Pediatric Associates Psychiatric Nurse practitioners provide evaluation and medical management of ADHD. Our psychiatric nurse practitioners can also provide medical management for patients who have been evaluated and diagnosed outside of our office.

What is the process to initiate the evaluation at Pediatric Associates?

- Visit our website www.pediatricassociatesnky.com and under the *Forms and Policies* tab, download the *Parent Initial Assessment for ADHD* and the *Teacher Initial Assessment for ADHD*. It is best if all primary caregivers/parents and 1-2 teachers complete these forms individually.
- When the forms are completed, contact our Care Coordinators at carecoordinator@pediatricassociatesnky.com or by calling the office at 859-341-5400 and asking for a Care Coordinator. They will provide you with additional information to complete to enable us to schedule the visit.
- Make sure you have your child's social security number handy. We will need to maintain this number to adhere to KY state law regarding certain ADHD medications. It will be kept in a secure place in your child's medical record.

What is the process to schedule a medication visit if a patient was already diagnosed with ADHD?

Please either call or email the Care Coordinators as above. Make sure you have a copy of the evaluation to send to them or ask the provider who completed the evaluation to email it to the Care Coordinators. You will likely need to sign a release form (which can also be found on our website under Forms and Policies/Record Release).

How is ADHD treated at Pediatric Associates?

ADHD is a brain based condition that is treated based on the symptom presentation and goals of the patient and family. The provider will discuss options with you in the first visit. If medication is prescribed, we will follow your child carefully while on this. We will ask you for a phone update in 2 weeks and an in person follow-up visit in one month. After the one month visit, additional visits will occur in approximately 3-6 month intervals until your child is stable on medication. Once stable, we will require visits at least every 6 months, with one visit being the annual well visit.

Where can I learn more about ADHD?

On our website www.pediatricassociatesnky.com, additional resources are shared under Community Resources.