

Family Digital Safety Agreement

A simple way for families to set expectations, build trust, and stay safer online.

OUR FAMILY AGREES TO...



DEVICES & APPS

- Ask before downloading a new app or game.
- Follow our family's screen-time and device rules.
- Keep devices in agreed-upon locations at appropriate times.
- Tell a parent before using a new social platform.



PRIVACY

- Keep passwords private—even from friends.
- Never share our address, school, phone number, location, or financial information with strangers online.
- Keep accounts and privacy settings appropriate for our age.



COMMUNICATION

- Only communicate with people we know and trust.
- Treat others with respect online.
- Never send or request sexual images.
- Never share someone else's private photos or information.
- Tell a trusted adult if someone makes us uncomfortable, threatens us, or asks us to keep an online secret.

WHEN SOMETHING GOES WRONG

STOP. DON'T RESPOND. TELL A TRUSTED ADULT.

Parents agree to listen and help before reacting.

Children agree to ask for help—even if they think they might be in trouble.

OUR FAMILY PROMISE

Parents: We will listen, stay informed, and help you navigate difficult situations.

Kids: We will be honest, follow our family's safety rules, and ask for help when something doesn't feel right.

Our trusted adult(s): _____

OUR AGREEMENT

Parent/Guardian: _____

Child/Teen: _____

Date: _____

We'll revisit our agreement as technology and our family's needs change.