

Family Newsletter



THIS MONTH'S THEME

Treasure Island

Your child will take a fun, sunny adventure to Treasure Island this month! They will make their own ABC coconut tree, hunt for treasure, make a scope to spy around the island and pretend to surf, dance and sing their way around the beach. This month is full of reviews, including the alphabet, numbers 1-20, shapes and colors.



Get Moving!

Active play is a wonderful way for children to explore, grow and have fun. Whether it's running, climbing, tossing a ball or taking a walk together, movement helps children build coordination and confidence while enjoying time with you. Here are a few simple ideas to inspire playful activity at home and outdoors:

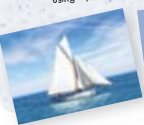
- **Play simple running games with your child.** Try tag, hide-and-seek, relay races or gentle games of chase to keep things fun and active.
- **Play catch with your child.** If you don't have a ball to toss, try using two socks rolled together or a small pillow for an easy indoor or outdoor option.
- **Practice balancing skills together.** Walk along chalk lines, ropes, curbs or logs to help build coordination and body control.
- **Adapt your favorite games.** Football, soccer, baseball or other family favorites can be simplified to explore basic skills in a relaxed, playful way.
- **Walk, hike, climb or run together.** Visit a park, explore a trail or enjoy a neighborhood play space to spend active time outdoors.

Spending time moving together helps children build strength, coordination and confidence while sharing meaningful moments with you.

Look for the daily notes about your child's art projects!

Today I created a sailboat.

Wind is important for sailboats because it blows against the sails and pushes the boat across the water. I designed my own sailboat using a plate, craft stick and paper. I constructed my boat using my own ideas and creativity.



ASK ME: How did you use the plate? What else do you know about wind?

Today I made a spyglass.

A spyglass can help see things far away, like an island. I created my spyglass by rolling paper into a tube shape. Now I can pretend I'm a captain on a ship and look for land!



ASK ME: What materials did you choose? How did you decorate your spyglass?

preschool



RECOMMENDED READS

Cuddle Up WITH A GOOD BOOK

Wind Watchers
by Micha Archer

Where the Wild Things Are
by Maurice Sendak

It's a Seashell Day
by Dianne Ochiltree

Day at the Beach
by Tom Booth

The Flow of Water
by Da-Jeong Yu

Summer Is Here
by Renée Watson



Family Activities



Build a castle together with empty boxes, blocks, sand or other items. Take turns knocking it down as you sing the song below.

Falling Sand Castles

(Sing to the tune of "London Bridge Is Falling Down.")

**Sand castles are falling down,
Falling down, falling down.
Sand castles are falling down.
Let's build them back up!**



Nature Treasure Hunt

Take a trip to the beach or park and spend the day hunting for nature's wonders. Make a map and hide a treasure, then go on a treasure quest together. Observe the animals, trees, flowers and landscape. Discuss observations with your child. Enjoy the nature that surrounds you as you use your imagination to go on a fun island adventure!

