



ANNUAL REPORT

2025

POWERED
BY PEOPLE



FROM THE PRESIDENT'S DESK



Dear CNS Stakeholders,

As I reflect on the past year, I am both humbled and energized by the incredible progress we've made together. 2025 was far from predictable—political shifts and economic debates created a challenging landscape, yet your steadfast commitment ensured we not only weathered the storm but grew stronger in the process.

I'm excited to share that we expanded our footprint with the opening of the Motor City Clubhouse, the acquisition of a new building on East Jefferson in Detroit and the opening of a new location in Pontiac. These additions are more than just physical spaces; they're vibrant hubs for connection, innovation, and care.

Alongside our new clubhouse and office expansion, they provide the infrastructure we need to nurture our team and deliver excellence to our persons-served. As we reflect on this remarkable year of growth at CNS Healthcare, I am filled with excitement and gratitude for the expanded reach of our services and the positive impact we continue to have on our communities. This progress would not be possible without the unwavering dedication of our staff, the visionary guidance of our board, and the trust of those we serve. My heartfelt appreciation goes out to each of you, including our partners and community supporters, for your commitment to our mission and your belief in CNS Healthcare.

Together, we are building a brighter and healthier future for all.

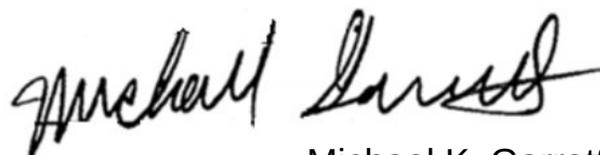
This year, we also responded to the increased demand for services by launching mental health urgent care at three of our offices and expanding our hours. These changes enable us to meet the growing needs of our community, ensuring that quality, person-centered support is available when it's needed most.

Adapting to state Prepaid Inpatient Health Plan (PIHP) changes, including competitive procurement and new mental health referral policies, has been a priority. We remain dedicated to navigating these requirements with transparency and agility, so our services stay accessible and relevant.

As we look ahead to 2026, I am deeply grateful for your partnership and support. Our achievements are a testament to your dedication, and together, we will continue to embrace new opportunities, expand our impact, and deliver world-class care to those who depend on us.

Thank you for being the heart of CNS and for making our shared vision a reality.

Warm regards,

A handwritten signature in black ink, reading "Michael K. Garrett". The signature is fluid and cursive.

Michael K. Garrett
President & CEO

ABOUT CNS HEALTHCARE

CNS Healthcare is a non-profit, Certified Community Behavioral Health Clinic (CCBHC) with eight clinics and two clubhouses in Southeastern Michigan. CNS Healthcare employs more than 425 professionals, paraprofessionals, and support staff, delivering services to more than 8,600 people annually. CNS Healthcare provides comprehensive integrated health services in partnership with several community organizations, and uses a patient-centered approach to identify support and promote the overall health of children, adolescents, adults, and older adults.

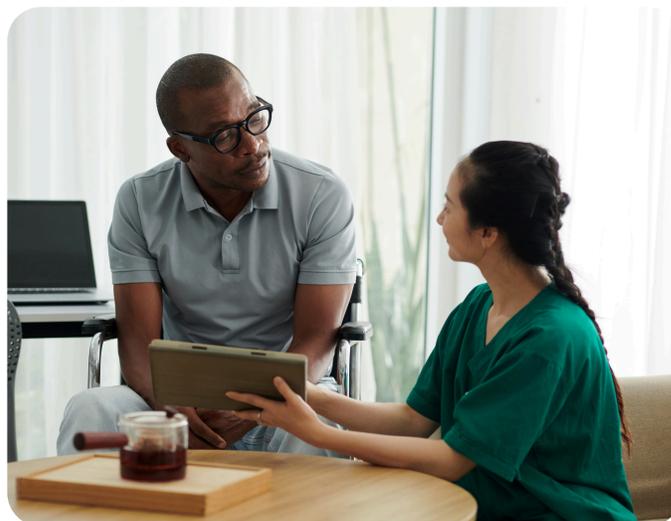
CNS Healthcare services include psychiatry, therapy, assessment, case management, substance use disorder treatment, and recovery services. Services are delivered in a holistic, trauma-informed manner to meet the needs of individuals and help improve their quality of life. CNS Healthcare is accredited by the Commission on Accreditation for Rehabilitation Facilities (CARF).

More information, including services and previous annual reports, is available on the CNS Healthcare website: www.CNSHealthcare.org.



DIVERSITY, EQUITY & INCLUSION

CNS Healthcare actively works to foster an inclusive environment that recognizes the value and contributions of all persons regardless of race, ethnicity, national origin, gender, religion, age, marital status, sexual orientation, gender identity, or disability.



CNS HEALTHCARE EXPANSION IN 2025

An Incredible New Clinic Location in Detroit - Opening Spring 2026!



Our new location at 11411 E. Jefferson Avenue in Detroit is a 56,000 sqft class A office building. Built in 2009, it will be the new home of our mental health clinic, replacing our East Warren Avenue location.

The site offers a host of modern features that will allow us to enhance both patient experience and operational efficiency, including:

- A 240-person conference room
- 10-foot ceiling heights for an open, therapeutic environment
- Two loading docks and an on-site generator
- LED lighting throughout
- A secure 298-space parking lot and attached deck
- Strategic location on E. Jefferson at St. Jean

Motor City Clubhouse Opens!

CNS Healthcare's newest clubhouse, opened in April 2025. Located at 2900 Conner Street, Building B, in Detroit. It includes a huge kitchen, business unit, working space, bathrooms, showers, and washer and dryer.



We had a tremendous day celebrating the opening of Motor City Clubhouse!

Thank you to our board members, staff, community partners, and members from Our House and Visions clubhouses for joining us for this special day.

BEHAVIORAL HEALTH URGENT CARE

Urgent care for mental health

Same-day, walk-in services



Pontiac (600 N. Telegraph, Suite 300)
 Eastpointe (21331 Kelly Road)
 Detroit, Joy Road (15560 Joy Road)

Mon, Wed, Fri: 8:30 AM – 5 PM
 Tues & Thurs: 8:30 AM – 7 PM



Find a location near you!

SCAN THE QR CODE



Our new Behavioral Health Urgent Care service offers same-day or walk-in support for individuals needing help between a crisis and a scheduled appointment. This is a big step toward true health parity and we are proud to offer it to everyone in the Southeast Michigan community.

Key Details:

- Available ALL hours that our office is open
- One-time services or intake for ongoing care
- Pharmacy services available
- Children & adults
- No residency restrictions

Services offered:

- Crisis counseling
- Peer support
- Nursing
- Medication refills
- Care coordination
- Intake for long-term services

NEW WAYNE COUNTY TRANSPORTATION PROGRAM

The need for expanded transportation services in Wayne County is critical, particularly for individuals seeking mental health and substance abuse treatment. CNS Healthcare serves a low-income, diverse, and vulnerable population that faces significant barriers to accessing essential healthcare, employment, and education services. A primary challenge for many is limited or unreliable transportation, which directly impacts their ability to engage in, and benefit from, mental health and substance abuse treatment programs.

Thanks to two grants from Michigan State Department of Health and Human Services, CNS Healthcare was able to purchase 3 new Pacifica mini vans and 1 fully accessible Transport Van, in addition to hiring 4 new drivers



ELEVATING IMPACT: STRATEGIC INNOVATIONS IN CHILDREN, YOUTH, AND FAMILY SERVICES

CNS Healthcare's *School-Based Services* represent a transformative approach to pediatric behavioral health by integrating clinical expertise directly into the daily lives of students. By embedding mental health clinicians within the educational environment, we foster a culture of seamless, real-time collaboration with teachers, administrators, and guidance counselors. This effectively eliminates the logistical barriers—such as transportation and scheduling—that frequently prevent families from seeking care. In Wayne County, this model has already proven its efficacy; our targeted partnerships with Chandler Park Academy and JE Clark Preparatory Academy successfully generated 59 initial referrals, which transitioned into 31 active cases.



Recognizing that the future of care depends on a skilled workforce, CNS Healthcare launched a *University Partnership* initiative in 2025 designed to mentor and train the next generation of mental health professionals. By formalizing strategic alliances with seven premier academic institutions—including the University of Michigan, Wayne State University, and Walden University—we provided intensive, hands-on clinical internships to 19 students. This initiative serves a dual purpose: it strengthens our ties to regional academic leaders and creates a direct talent pipeline, positioning CNS Healthcare as a "top-of-mind" employer for emerging clinicians who are ready to meet the evolving needs of our community.



Furthermore, we have expanded our reach to the city's most vulnerable populations through a *new collaborative referral pathway with Covenant House Detroit*. Covenant House serves as a vital sanctuary for youth experiencing homelessness, offering not only shelter but also specialized educational and vocational programs. By layering CNS Healthcare's clinical services—including essential mental health screenings, intensive case management, and peer group therapy—onto their existing wraparound framework, we have created a holistic safety net. The impact was immediate: in the final quarter of 2025 alone, we served 96 individuals through this pathway. As we look toward 2026, this partnership remains a cornerstone of our growth strategy, ensuring that no young person falls through the cracks during their transition to stability.

2025 HOLIDAY EVENTS

Winterfest

Winterfest is an annual holiday event for children who receive mental health services through CNS Healthcare and their families. This event is an opportunity to celebrate the holidays and socialize with families.

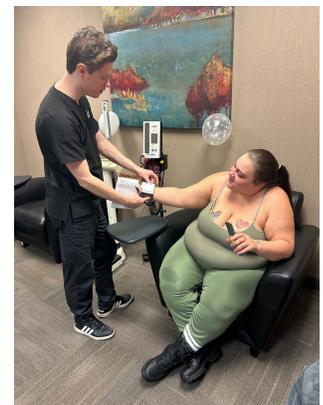
167 children attended and each received a toy and winter coat; every family received a family game, blanket, and Meijer gift card to help with food insecurity.



Holiday Support Drop-in Event

In addition to our annual Turkey Giveaway, we launched a CNS Healthcare *Food Drive and Drop-in* for persons-served on Wednesday, December 17. Events were held at the Waterford, Conner, and Kelly Detroit offices.

- 137 people attended
- 822 food items were distributed
- Vaccines and medical check ups provided
- Vitals checks performed
- Medicaid Application Assistance provided



2025 TURKEY GIVEAWAY

We kicked off the holiday season with our *13th Annual Turkey Giveaway*. Volunteers from CNS Healthcare, local law enforcement partners, and other community friends gave away over 1,800 turkeys at four locations - Joy Road in Detroit, Conner Avenue in Detroit, Oakland County Sheriff's Station in Pontiac, and Eastpointe.



HEALTHY MINDS DAY CAMP

As part of our award-winning Children's Services Program, we hold an annual Summer Camp for children and adolescents who receive services at CNS. This four week-long Camp is designed for children and youth with significant emotional disturbance or intellectual and/or developmental disorders who traditionally would not thrive in a standard summer day camp program.

The 2025 *Healthy Minds Camp* ran July 8 - 31. Breakfast and lunch were provided for attendees. Fields Trips included the Belle Isle Nature Center and MJR Theater.



Thank you to our generous sponsor United Wholesale Mortgage for providing the event space.



KINDNESS IN BLOOM

At CNS Healthcare, we believe in celebrating courage, honoring the journey toward healing, and reminding everyone that it is okay to *not* be okay. No one is alone - and asking for help should be celebrated.

For 2025 Mental Health Awareness Month, CNS Healthcare planted seeds of hope and kindness with our newest campaign: ***Kindness in Bloom***.

We gave away beautiful bouquets of flowers throughout the community - each one tagged with a message of encouragement and a reminder that mental health matters.

Kendra Scott Jewelry participated in this fun event by sponsoring a *Shop for Good* event at their Novi location in Twelve Oaks Mall. 20% of every purchase was donated to CNS to continue our amazing community outreach programs.



FALL FEST



To celebrate the Fall season and our adult Persons Served, we hosted a *Fall Fest* event at The MINT in Lathrup Village on Friday, September 12. Everyone who attended was able to participate in crafts, bowling, and raffles. On site vaccination and health checks were provided and everyone received a free gift for attending. Feedback was great and everyone raved about the food and venue. It was an inspiring day!

- 350 people Attended
- 100 Vital Signs Taken
- 75 Raffle Prizes Awarded
- 80 Vaccinations Administered
- 50+ Referrals to Specialty Programs
- 100+ Crafts Created

HONORING THE LIFE AND LEGACY OF MALKIA NEWMAN

A Memorial Tribute from CNS Healthcare

With heavy hearts and deep gratitude, CNS Healthcare mourns the passing of Malkia Newman, our beloved Anti-Stigma Supervisor and dedicated board member of the Oakland Community Health Network (OCHN). Malkia was not only a guiding light within our organization but also a passionate advocate whose work touched countless lives across the behavioral health community.

“Malkia leaves a hole in our hearts and a void in the spaces she so passionately occupied,” said Michael Garrett, President/CEO of CNS Healthcare. “Her impact and importance are forever etched into who we are, what we do, and how we will continue to move forward.”



Under Malkia’s visionary leadership, the CNS Healthcare *Anti-Stigma Program* flourished. She guided the program’s growth, expanding its reach and deepening its impact through innovative education, advocacy, and community engagement. Her efforts led to greater awareness, acceptance, and support for individuals grappling with mental health challenges. Additionally, her work received recognition not only within CNS Healthcare and OCHN but also across the broader behavioral health landscape, earning accolades and heartfelt appreciation from peers, patients, and partners alike.

Those who had the privilege of working alongside Malkia remember her as a beacon of hope and strength. Jenny Shumaker, Chief Clinical Officer, Adult Programs at CNS Healthcare, shares, “Malkia’s spirit was indomitable. She met every challenge with grace and courage, inspiring us to do the same. Her laughter, her wisdom, and her unwavering commitment to justice made the workplace brighter and our mission more urgent.”

The loss of Malkia Newman is felt deeply across CNS Healthcare, OCHN, her church community, and all who knew her. Yet her influence endures—in the lives she changed, the programs she built, and the hearts she touched.

Rest in peace, Malkia Newman.
Your legacy lives on in every life you touched.

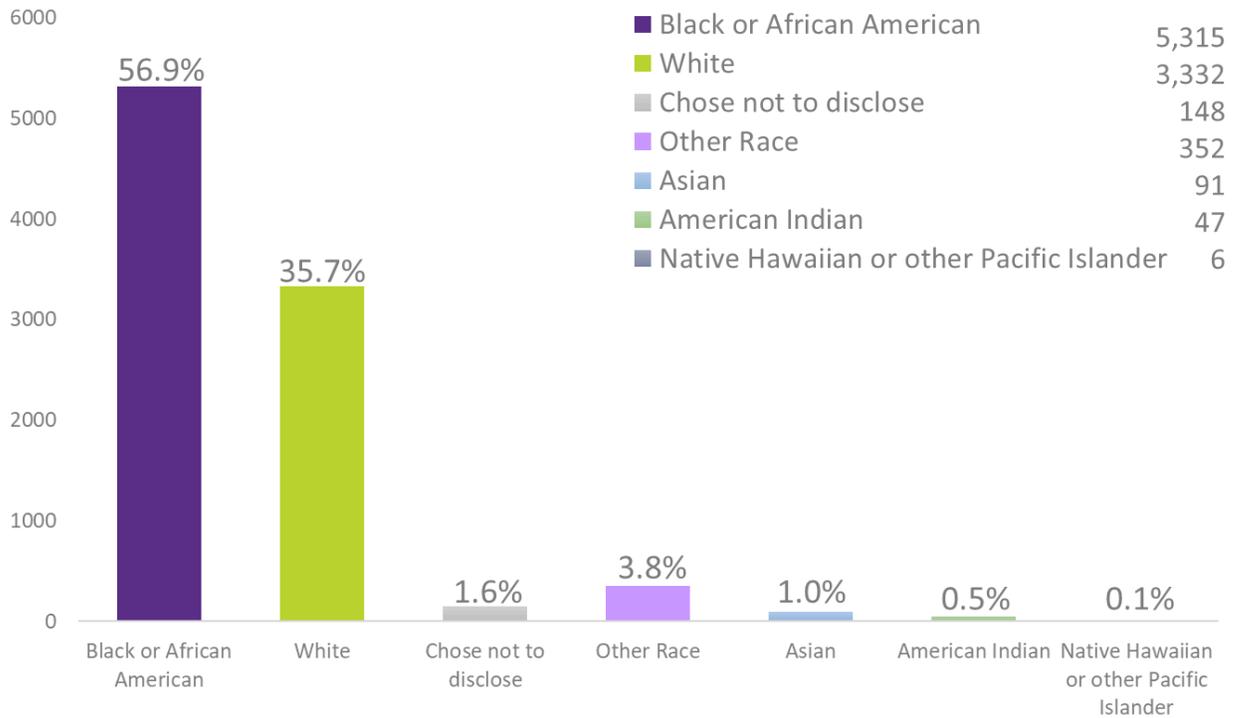


THE PEOPLE WE SERVE

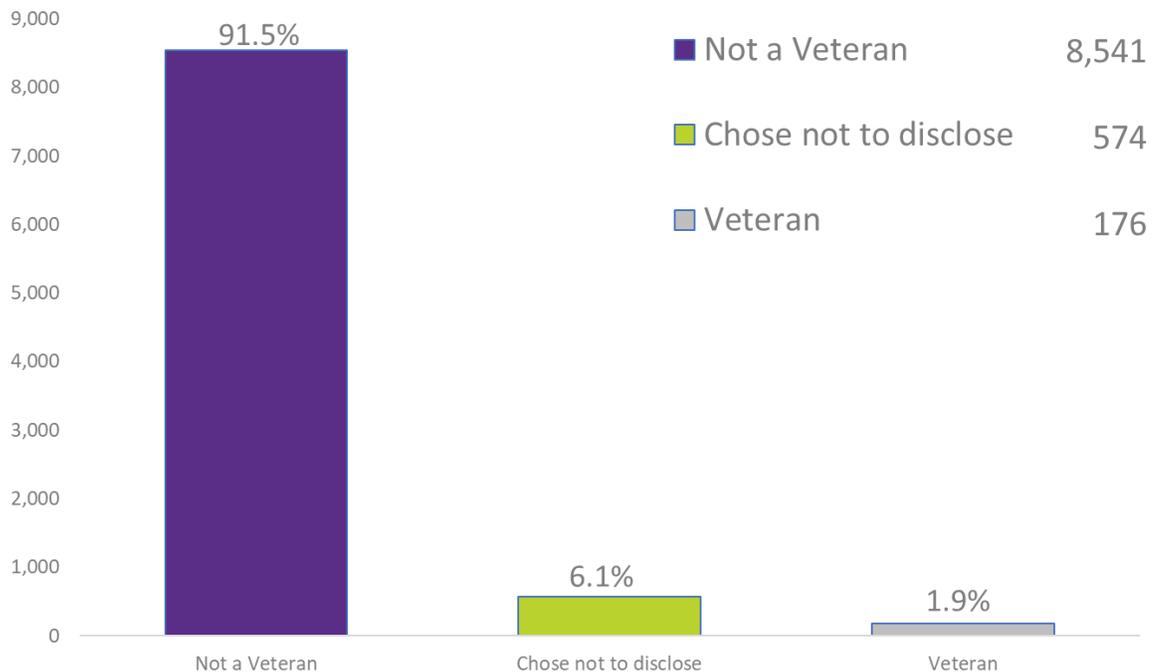
7,727 Adults

1,609 Children

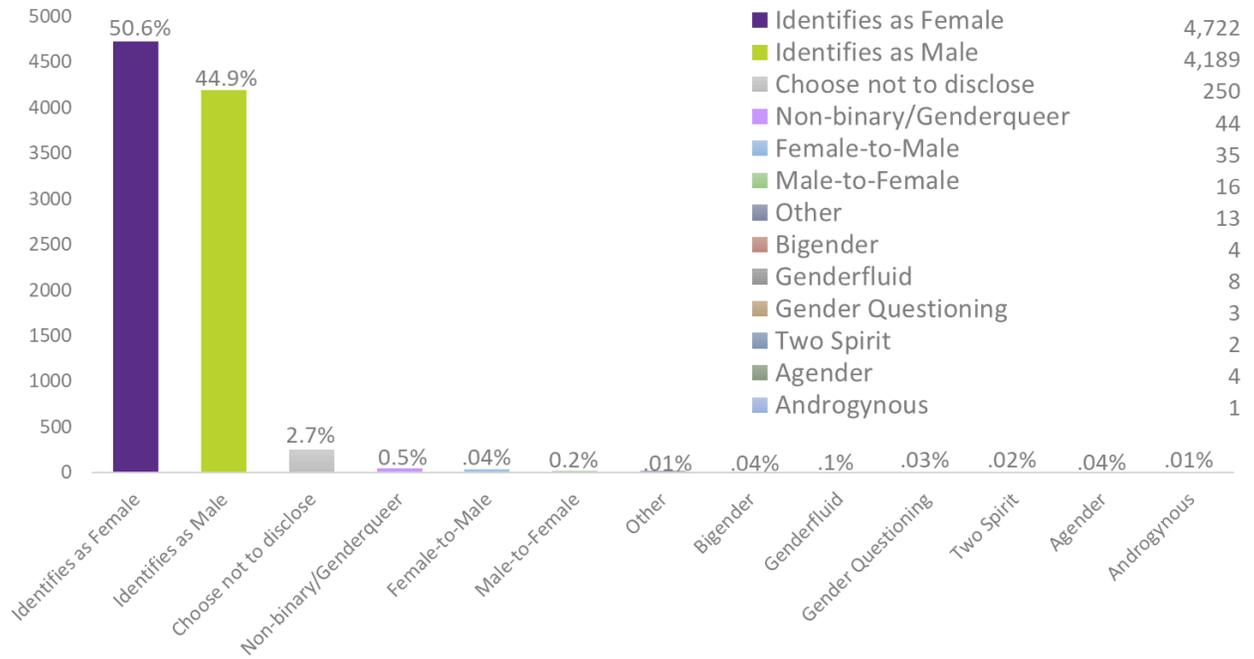
Race by Quantity



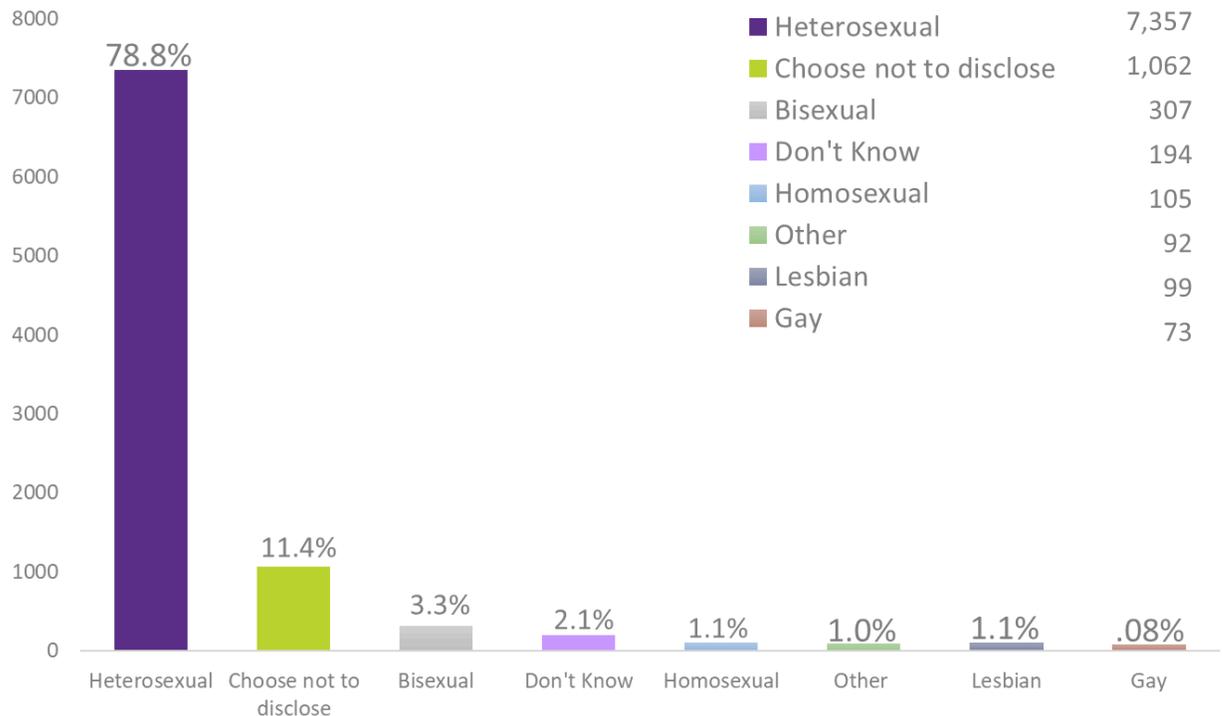
Veteran Status by Quantity



Gender Identity by Quantity



Sexual Orientation Quantity



MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES PERFORMANCE INDICATORS

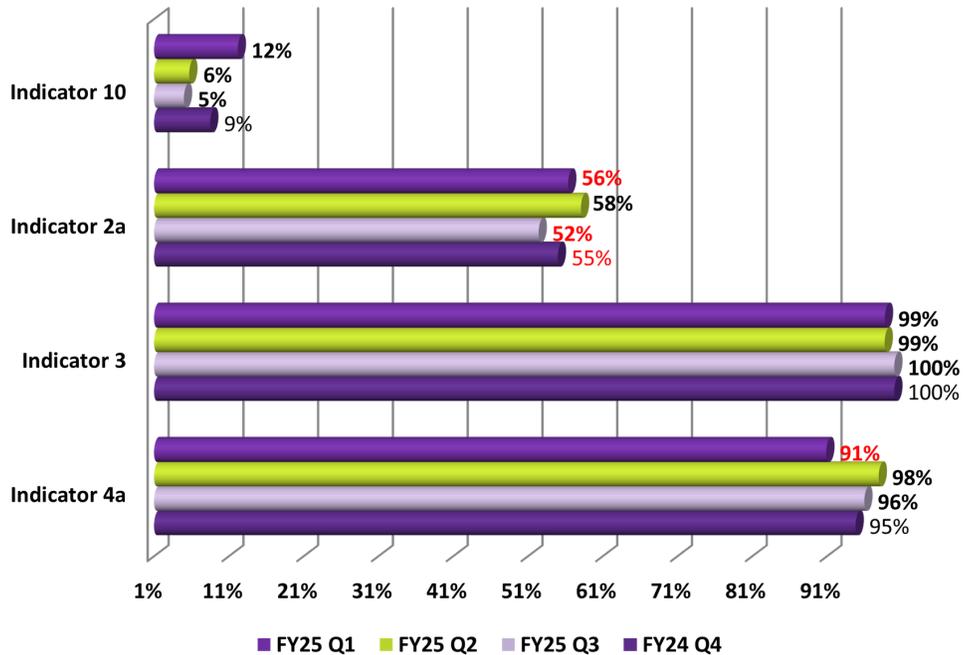
Indicator 2a: % of persons receiving an initial assessment within 14 calendar days of first request

Indicator 3: % of persons who started services within 14 days of assessment

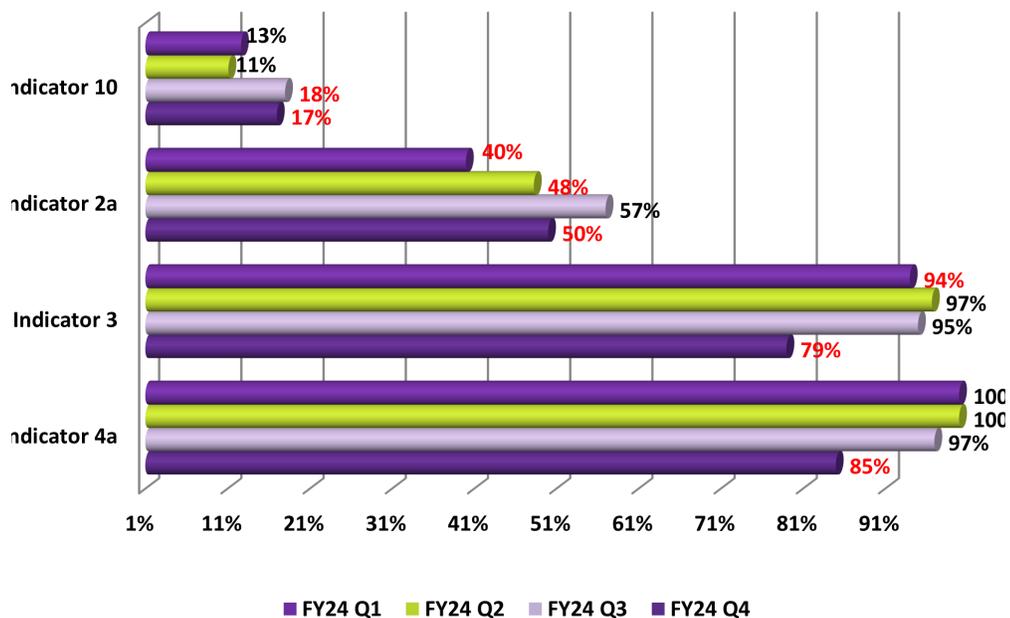
Indicator 4a: % of persons discharged from a psychiatric inpatient unit seen within 7 Days

Indicator 10: % of persons discharged from a psychiatric inpatient unit that were re-admitted within 30 days

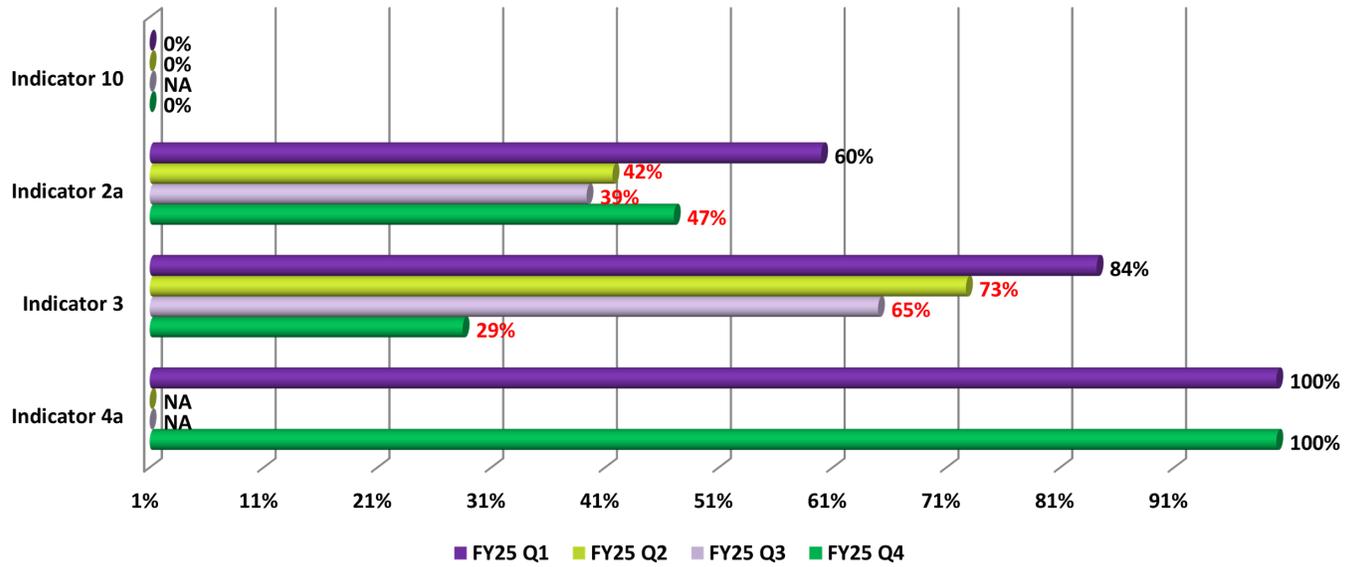
OCHN Performance Indicators: Adults



DWIHN Performance Indicators: Adults

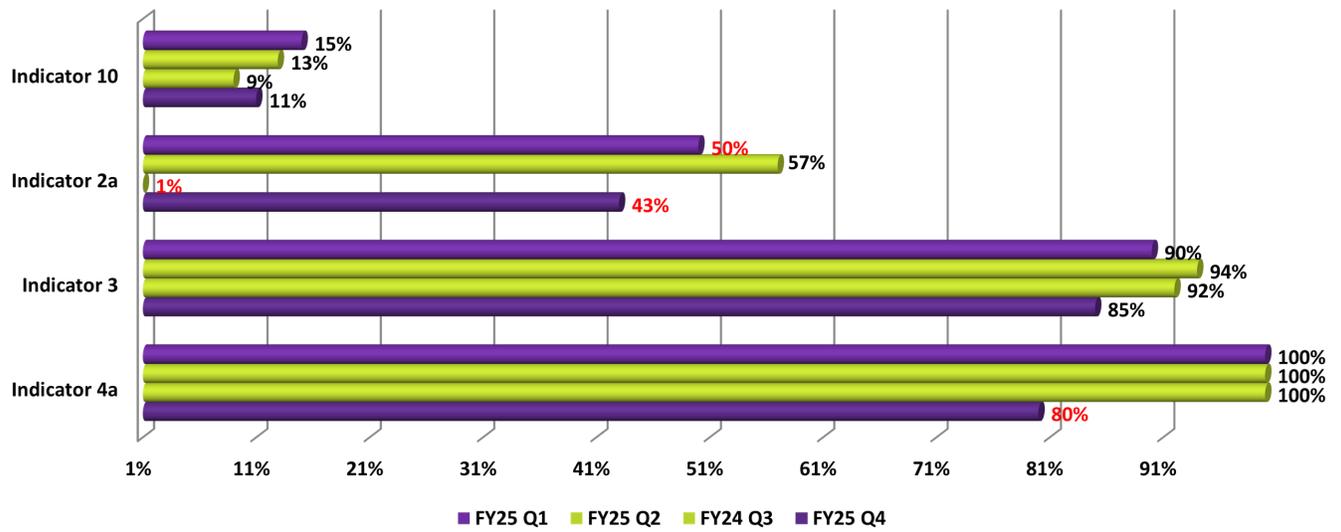


OCHN Performance Indicators: Children



Compliance Standard = 57% for 2a, 83% for 3, 95% for 4a (with exceptions) (Below 15% for Indicator #10)

DWIHN Performance Indicators: DD Children



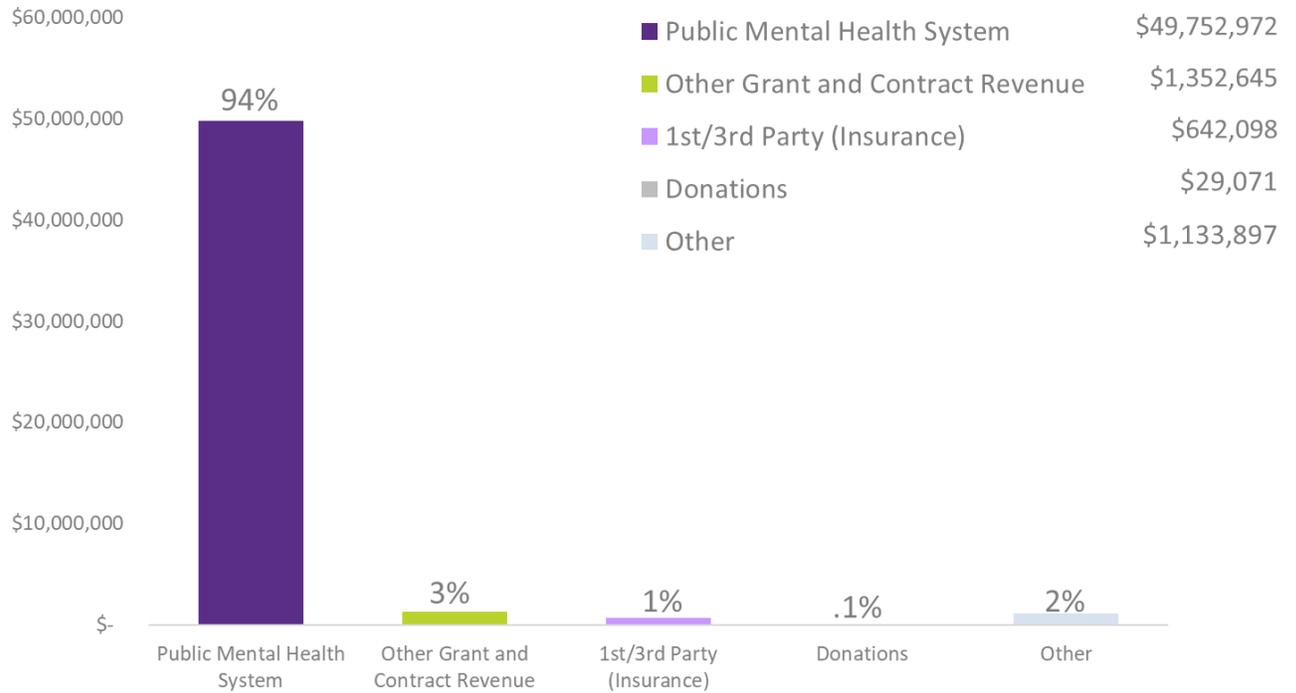
Compliance Standard = 95% (No threshold for 2a and 3 since removing exceptions) (Below 15% for Indicator #10)

FY25 Performance Improvement

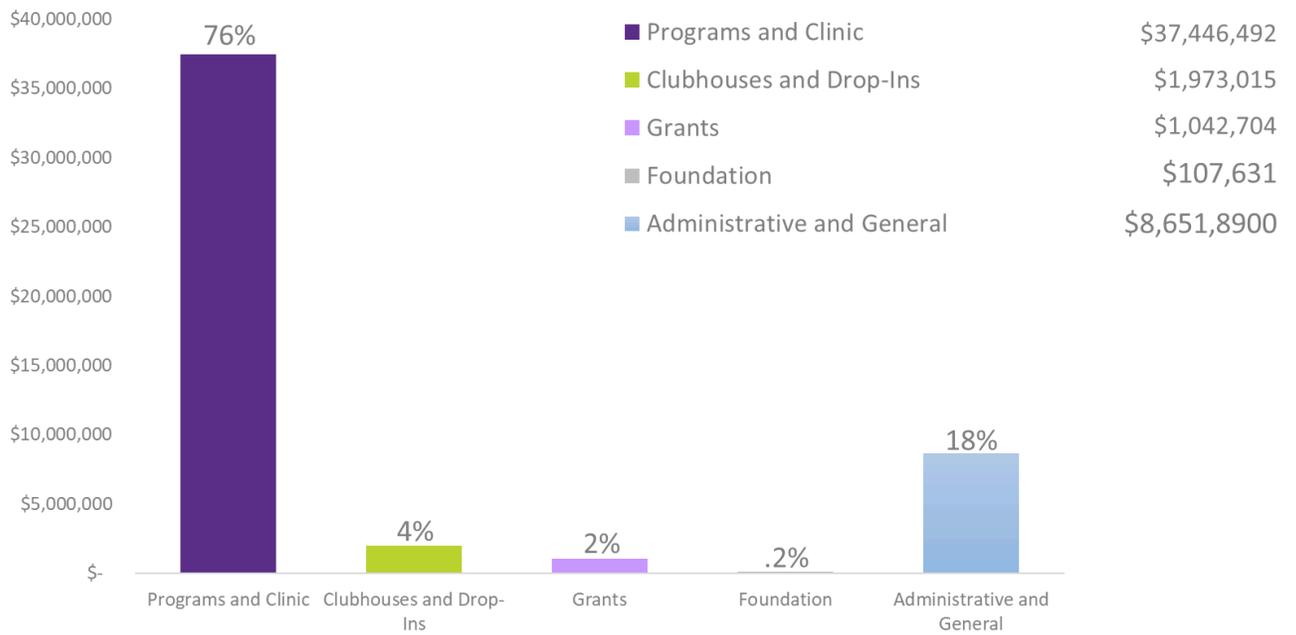
Quarter	OCHN	DWIHN
Q1		#2a Children
Q2	#2a Children	#2a Adults
Q3	#2a Adults and Children, #3 Children	#2a Children, #10 Adults
Q4	#2a Adults and Children, #3 Children	#2a Children and Adults

CNS HEALTHCARE FINANCES

Revenue



Expenses



OUR 2025 CORPORATE DONORS



KENDRA SCOTT



Thank you

THANK YOU TO OUR 2025 INDIVIDUAL DONORS

Denise Asker
Nina Chaney
Lisa Coletta
Paige Domzalski
Michael Draga
Claudia Gram
Kim Gumbrecht
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Kati Rouvelin
Livonia Shropshire
Jennfier Shumaker
Nancy Spearman
Andrew Spearman
Barbara Stevens
Elizabeth Tengler
Daniel Wagner
Scott Walker

Thank you

CORPORATE HEADQUARTERS

Novi

24230 Karim Blvd
Suite 100
Novi, MI 48375

Detroit

2900 Conner Avenue
Buildings A & B
Detroit, MI 48215

CLINIC LOCATIONS

Detroit - East

Adult Services

12800 E. Warren Ave
Detroit, MI 48215

Detroit - East

Eli Z. Rubin Children's Wellness Center

20303 Kelly Road
Detroit, MI 48225

Detroit - Jefferson

Opening Spring 2026

11411 Jefferson Avenue
Detroit, MI 48214

Detroit - West

15560 Joy Road
Detroit, MI 48228

Eastpointe

21331 Kelly Road
Eastpointe, MI 48021

Novi

24230 Karim Blvd
Suite 100
Novi, MI 48375

Pontiac

Opening Winter 2026

600 Telegraph Road,
Suite 300,
Pontiac, MI 48341

Southfield

24600 Northwestern Hwy
Southfield, MI 48075

Waterford

279 Summit Drive
Waterford, MI 48328

CLUBHOUSE LOCATIONS

Motor City Clubhouse

2900 Conner Ave, Bldg B
Detroit, MI 48215

Our House Clubhouse

28200 Franklin Road
Southfield, MI 48034

Visions Clubhouse

185 Elizabeth Lake Road
Pontiac, MI 40341



Turn your compassion into ACTION
and your knowledge into ADVOCACY.
Donate and share, today!

www.CNSHealthcare.org

