

Indoor Pool Usage Schedule

Effective 1/3/2026

Please note OHAC swim instructors reserve the right to use any lane at any time.
Lane line(s) may be moved 5 minutes prior to class start times.

MONDAY

5-8:30 am
4 lanes OPEN
8:30-10:25 am
3 lanes Aqua Fit, 1 lane OPEN
10:25-11:45 am
2 lanes lessons, 2 lanes OPEN
11:45 am-2:15 pm
4 lanes OPEN
2:15-3:30 pm
1 lane lessons, 3 lanes OPEN
3:30-5 pm
2 lanes Family Swim/Lessons,
2 lanes OPEN
5-6 pm
3 lane lessons/Youth Lap Swim,
1 lane OPEN
6-6:30 pm
1 lane lessons, 3 lanes OPEN
6:30-9 pm
4 lanes OPEN

WEDNESDAY

5-9 am
4 lanes OPEN
9-10 am
3 lanes Aqua Fit, 1 lanes OPEN
10 am-3:30 pm
4 lanes OPEN
3:30-4 pm
2 lanes Family Swim/Lessons,
2 lanes OPEN
4-5 pm
3 lanes Family Swim/Lessons,
1 lane OPEN
5-6:30 pm
3 lanes lessons, 1 lane OPEN
6:30-7 pm
2 lanes lessons, 2 lanes OPEN
7-7:45 pm
2 lanes Aqua Fit, 2 lanes OPEN
7:45-9 pm
4 lanes OPEN

FRIDAY

5-9 am
4 lanes OPEN
9-10 am
3 lanes Aqua Fit, 1 lanes OPEN
10 am-12 pm
1 lane lessons, 3 OPEN
12-4:30 pm
4 lanes OPEN
4:30-6:30 pm
3 lanes Family Swim/Lessons,
1 lane OPEN
6:30-8 pm
4 lanes OPEN

TUESDAY

5-9 am
4 lanes OPEN
9-10 am
3 lanes Aqua Fit, 1 lane OPEN
10 am-3:45 pm
4 lanes OPEN
3:25-4:30 pm
1 lane lessons, 3 lanes OPEN
4:30-6:45 pm
2 lanes lessons, 2 lanes OPEN
6:45-7:30 pm
3 lanes Aqua Fit, 1 lane OPEN
7:30-9 pm
4 lanes OPEN

THURSDAY

5-9 am
4 lanes OPEN
9-10 am
3 lanes Aqua Fit, 1 lane OPEN
10 am-4 pm
4 lanes OPEN
4-6:45 pm
2 lane lessons, 2 lanes OPEN
6:45-7:30 pm
3 lanes Aqua Fit, 1 lane OPEN
7:30-9 pm
4 lanes OPEN

SATURDAY

7-8 am
4 Lanes OPEN
8-9 am
3 lanes lessons, 1 lane OPEN
9 am-12:30 pm
ALL 4 lanes LESSONS
12:30-3 pm
4 lanes OPEN
3-5 pm
2 lanes Family Swim,
2 lanes OPEN
5-8 pm
4 lanes OPEN

SUNDAY

7-8 am
4 lanes OPEN
8 am-12:00 pm
2 lane lessons, 2 lanes OPEN
12-3 pm
4 lanes OPEN
3-5 pm
2 lanes family swim,
2 lanes OPEN
5-6 pm
2 lanes Aqua Fit, 2 lanes OPEN
6-8 pm
4 lanes OPEN

"OPEN" swim times are for adults, 18+.

Individuals 17 and under MUST swim during Family Swim/Youth Lap Swim hours when a lifeguard is on duty.

Please note this schedule is subject to change without notice.

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