Orchard Hills Swim School Social Story

I am going to swimming lessons at Orchard Hills





When we enter the building, we safely walk up the stairs. We will then check in at the front desk.

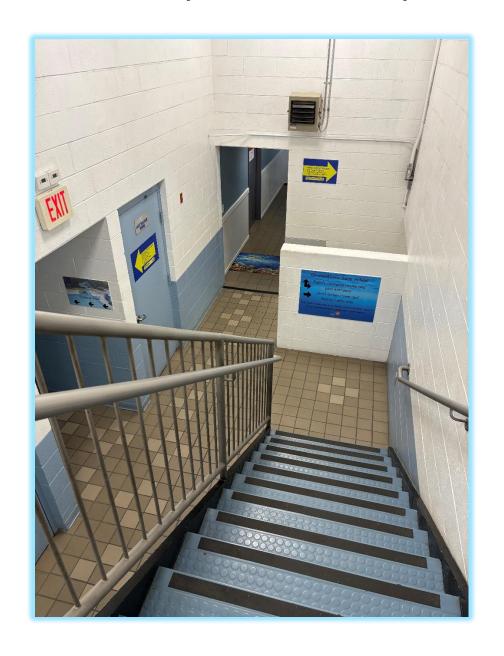




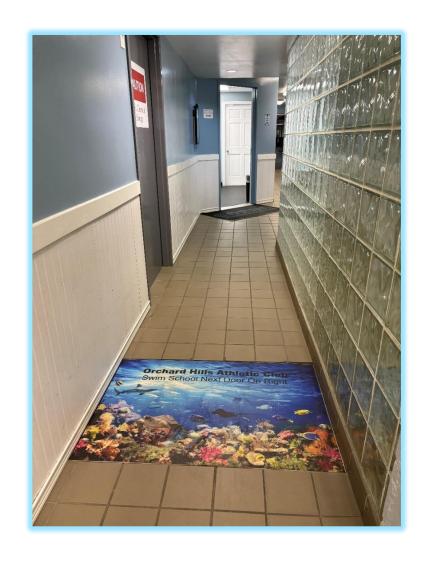


I am excited to learn to swim!

We will walk down the stairs carefully, follow the hallways into the changing rooms:



We can go **straight** or **right** to the changing rooms.

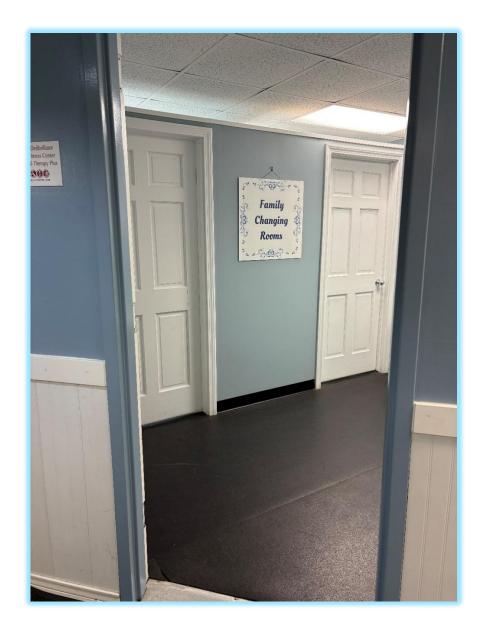








I will change into my swim suit and get ready to swim!





Its time to enter pool area and sit on the bench and wait for my instructor.









I will wait for my instructor who will have a red shirt on.







In swimming lessons, I will learn new skills. I will practice floating, kicking and breathing in the water. I might feel a little nervous, but that is okay! I can take deep breaths to keep me calm. I will remember that my instructor is always there to help me and keep me safe.









Let's have fun and learn to swim and be safe in the water!

