Pool Usage Schedule

Effective 11/1/26

Schedule indicates times and number of lanes open for adult lap swim or exercise.

Please note OHAC swim instructors reserve the right to use any lane at any time.
Lane line(s) may be moved 5 minutes prior to class start times.
Individuals 17 and under MUST swim during "Family Swim" when a lifeguard is on duty.
This schedule is subject to change without notice.

Sunday	Monday	Tuesday	Wednesday	Thurday	Friday	Saturday
7-8:30 am 4 lanes	5-8:30 am 4 lanes	5-9 am 4 lanes	5-9 am 4 lanes	5-9 am 4 lanes	5-9 am 4 lanes	7-8 am 4 lanes
8:30 am- 11:30 am 2 lanes	8:30- 10:15 am 1 lane	9-10 am 1 lane	9-10 am 1 lane	9-10 am 1 lane	9-10 am 1 lane	8-9 am 1 lane
11:30 am -3 pm 4 lanes	10:15- 11:30 am 2 lanes	10 am- 3:50 pm 4 lanes	10 am- 3:30 pm 4 lanes	10 am- 3:30 pm 4 lanes	10 am- 1 pm 4 lanes	9 am- 12:30 pm **No availability**
3-6 pm 2 lanes	11:30 am- 3:30 pm 4 lanes	3:50- 4:30 pm 3 lanes	3:30-4 pm 2 lanes	3:30- 5 pm 3 lanes	1-2:45 pm 3 lanes	12:30-2 pm 3 lanes
6-8 pm 4 lanes	3:30-4 pm 2 lanes	4:30- 7:30 pm 1 lane	4-6:45 pm 1 lane	5-6:45 pm 2 lanes	2:45-4 pm 4 lanes	2-3 pm 4 lanes
	4-6:30 pm 1 lane	7:30-9 pm 4 lanes	6:45- 7:30 pm 2 lanes	6:45- 7:30 pm 1 lane	4-4:30 pm 3 lanes	3-5 pm 2 lanes
	6:30-9 pm 4 lanes		7:30-9 pm 4 lanes	7:30-9 pm 4 lanes	4:30- 6:30 pm 1 lane	5-8 pm 4 lanes
		ORCHARD HILLS ATHLETIC CLUB			6:30-8 pm 4 lanes	