

SUMMER '26 AQUA FITNESS SCHEDULE

SUN MON TUES WED THURS FRI SAT

AM

	9:00-10:00 Jane	9:00-10:00 Danya	9:00-10:00 Jane	9:00-10:00 Danya	9:00-10:00 Jane/Kim	
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PM

		6:45-7:30 Kim	6:45-7:30 Johannah	6:45-7:30 Johannah		
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Effective 6/1/2026

Must be 18+ years old to participate

Open to all levels beginner and up

Classes will be held outdoors

ORCHARD HILLS
ATHLETIC CLUB

