

# **Drug Addicts Anonymous Australia**

As a healthcare professional, you are in a key position to provide guidance and education to the still suffering addict that has exhausted all other treatments but has not yet found a solution. It is our hope that you will supply information on Drug Addicts Anonymous to the addict that still suffers. DAA is not a Self-help group, a therapy group, a rehabilitation service, offers no medical intervention nor is it a religious organization. DAA offers a Spiritual Solution to addiction combined with a positive program of action, being the 12 steps of Alcoholics Anonymous. As the result of following the 12 steps, many addicts who once considered themselves to be hopeless, doomed to either Jails, Institutions, or death, have recovered.

### Who We Are

Drug Addicts Anonymous Australia (DAA) is a fellowship of people who have recovered from addiction. Our primary purpose is to recover from our addiction and help other addicts to achieve the same freedom. DAA is not allied with any sect, denomination, politics, organization, or institution, does not engage in any controversy, and neither endorses nor opposes any causes.

Drug Addicts Anonymous does not offer a "cure" for addicts, but rather a continuing process of recovery through the Twelve Steps of Alcoholics Anonymous. D.A.A. allows addicts to share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from addiction. The only requirement for membership is a desire to stop using all mind-altering substances. There are no fees or dues. DAA is fully supported by voluntary contributions from its members and declines outside donations.

## **Medical Testimony**

"As a psychiatrist engaged in the diagnosis and treatment of patients with alcohol use disorders and a past trustee (non-alcoholic) of the General Service Board of Alcoholics Anonymous, I have seen the process of a sustained recovery facilitated by A.A. happen literally thousands of times."

John A. Fromson, M.D. Vice Chair for Community Psychiatry, Brigham and Women's Hospital Chief of Psychiatry, Brigham and Women's Faulkner Hospital Associate Professor of Psychiatry, Harvard Medical School.

### The Cochrane Report 2020

"There is high quality evidence that manualized AA/TSF (Twelve Step Fellowship) interventions are more effective than other established treatments, such as CBT, for increasing abstinence. Non-manualized AA/TSF may perform as well as these other established treatments. AA/TSF interventions, both manualized and non-manualized, may be at least as effective as other treatments for other alcohol-related outcomes. AA/TSF probably produces substantial healthcare cost savings among people with alcohol use disorder".

Dr John Kelly, Elizabeth R. Spallin, Professor of Psychiatry in the Field of Addiction Medicine, Harvard Medical School; Director, Massachusetts General hospital (MGH) Recovery Research Institute.

Cochrane Report

More information on Drug Addicts Anonymous can be resourced through our website.

# drugaddictsanonymous.org.au



Inquiry by Scientific, Medical & Religious Societies – as well as Families, Friends & Employers are Warmly welcomed.

