

CHARLOTTE ALLSTAR GYMNASTICS & CHEERLEADING



AAU GYMNASTICS

Half Year

ABOUT AAU GYMNASTICS

The AAU (Amateur Athletic Union) Organization is an institution consisting of numerous clubs and teams that compete against each other in individual and team events. The AAU Gymnastics Program at Charlotte Allstars is a relaxed program with flexibility to highlight every athlete's strength's as well as hide weaknesses. It requires relatively less time inside a gym compared to USAG Programs. Gymnasts in AAU have more of a chance to do several activities and still enjoy gymnastics at a competitive level!



TRY OUT DETAILS & REQUIREMENTS

Thank you for your interest in Charlotte Allstar Gymnastics!

2026 Evaluations: Saturday, August 29, 2026
8:00am - 9:15am

Registration Fee: \$35 per athlete

HALF YEAR PROGRAM – COPPER

Beginner-friendly Competitive Gymnastics that runs from September through April!
All athletes will be evaluated for eligibility.

Practice: 1 per week, 1.5-hour practice

TBD Day & Time

Tuition Details: \$35 Reg. Fee | \$195/ month, includes:

One 90-minute session per week - CAGC Registration and Administrative Fees - Instructional Tuition for all Practices - 3 AAU Gymnastics Meet Registration Fees - CAG Gym Attire (1 Leotard & Shorts) - Coaches Meet & Education Fees - Routine Choreography & Music - CAG AAU Copper Team League Fee

NOTE: Tuition fees will be due on the first of each month. First Tuition fee is due September 1st.

Meet Details: 2 Local AAU Gymnastics Meets – 1 AAU State Meet
Meet details will be shared once all athletes are registered in AAU.

For any financial questions or concerns, reach out to MurielleMiller@CharlotteAllstars.NET



