

CHARLOTTE ALLSTAR GYMNASTICS & CHEERLEADING



AAU GYMNASTICS

Half Year

ABOUT AAU GYMNASTICS

The AAU (Amateur Athletic Union) Organization is an institution consisting of numerous clubs and teams that compete against each other in individual and team events. The AAU Gymnastics Program at Charlotte Allstars is a relaxed program with flexibility to highlight every athlete's strength's as well as hide weaknesses. It requires relatively less time inside a gym compared to USAG Programs. Gymnasts in AAU have more of a chance to do several activities and still enjoy gymnastics at a competitive level!



TRY OUT DETAILS & REQUIREMENTS

Thank you for your interest in Charlotte Allstar Gymnastics!

2026 Evaluations: Saturday, August 29, 2026

8:00am - 9:15am

Registration Fee: \$45 per athlete

HALF YEAR PROGRAM – **COPPER**

Beginner-friendly Competitive Gymnastics that runs from September through April!
All athletes will be evaluated for eligibility.

Practice: 1 per week, 1.5-hour practice

TBD Day & Time

Tuition Details: \$45 Reg. Fee | \$195/ month, includes:

One 90-minute session per week - CAGC Registration and Administrative Fees - Instructional Tuition for all Practices - 3 AAU Gymnastics Meet Registration Fees - CAG Gym Attire (1 Leotard & Shorts) - Coaches Meet & Education Fees - Routine Choreography & Music - CAG AAU Copper Team League Fee

NOTE: Tuition fees will be due on the first of each month. First Tuition fee is due September 1st.

Meet Details: 2 Local AAU Gymnastics Meets – 1 AAU State Meet
Meet details will be shared once all athletes are registered in AAU.

For any financial questions or concerns, reach out to MurielleMiller@CharlotteAllstars.NET



CURRENT CAG CALENDAR

June 8

August 29

September 2

September 7

September **TBD**

November 25 – 26

Dec 21 – Jan 1

January **TBD**

New Gym space opens!

Evaluations for Half Year Athletes – Copper

Copper Practices Begin

CAGC CLOSED – Labor Day

Routine & Choreography

CAGC CLOSED – Fall Break

CAGC CLOSED – Holiday Break

Mock Meet

HOW TO REGISTER YOUR ATHLETE FOR AAU SPORTS:

Athletes **MUST** be registered with AAU in order to register and participate in meets.

1. Go to: <https://play.aausports.org/login.aspx>
2. Click “Get a Membership”
3. Click “Youth Athlete Membership”
You will be redirected to Uventex
4. Click “Get started” and create your account
5. Click “Add new athlete”
6. Enter Athlete Information
7. Sport details: Gymnastics
8. Enter Club Code: **UKQHW7NNX**
9. Continue filling out any necessary details, then click “Save Athlete”
10. Back in the Dashboard, click "Next step"
11. Select “Standard Coverage”
12. Accept Terms & Conditions
13. Click: “Continue”
14. Click: “Check Out”
15. Complete Payment
- 16. Upon completion, email Rachel@CharlotteAllstars.NET with proof of your athlete’s AAU membership.**

