



Understanding Eucharistic Adoration

Question 5: What are Common Physical Elements of Eucharistic Adoration?

• Three common physical elements of Eucharistic Adoration are (courtesy of *Knights of Columbus Eucharistic Processions Guidebook*, #11348):

- **Monstrance** – Liturgical vessel used to display the Blessed Sacrament for public veneration. Designed to look like the sun with the Sacred Host displayed in a transparent glass “luna” in the middle and golden beams radiating outward, the symbolism reminds us that Jesus, in the Eucharist, radiates his love and grace out into the world and into our lives.



- **Humeral Veil** – Liturgical vestment worn on the shoulders, it allows the priest to hold the monstrance without touching it with his hands. This is a reminder that we are not focusing on the action of the priest; rather, it is Christ himself who walks with us and blesses us during benediction.

- **Thurible with incense** – Metal censer held by chains in which incense is burned. The incense symbolizes both the prayers of the people rising up to God as well as the great beauty and mystery of the Eucharist.



Join Us!

St. Luke's Church Eucharistic Adoration,

every Monday (except federal holidays),

7:00 a.m through 6:00 p.m.

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