





LIGHTER OPTIONS

Quiche of the day \$11.00
with tossed salad \$15.00
with gourmet salad \$16.00

Filo of the day \$14.50

with tossed salad \$18.50

with gourmet salad \$19.50

Beef Nachos \$17.00

sweet chilli, sour cream & avocado

Cold Meat & Salad Bowl From \$13.5

TOASTED & FRESH SANDWICHES

Salad OnlyLettuce, tomato , cucumber, onion, carrot, beetroot, cheese

Meat & Salad \$9.50

Meat, Cheese & Asparagus \$7.00

Egg & Lettuce \$7.00

Meat, Cheese & Tomato \$7.00

Meat, Cheese & Pineapple \$7.00

Meat, Cheese & Avocado \$7.00

GRAB & GO

Check out the fridge for a range of Premade Turkish rolls, wraps & melts

From \$10.00

SWEET STUFF

Choose from our selection of -

Cakes \$7.50

Cheesecakes \$8.50

Slices \$6.50

Gelato From \$4.00

Add ice cream for \$1.00

Toast \$4.00

Raisin & Cinnamon

MAKE IT A WRAP

ADD \$2

HOT DRINKS

Espresso	\$4.00
Long Black	\$5.00
Cappuccino	\$5.50
Latte	\$5.50
Flat White	\$5.50
Mocha	\$6.00
Chai Latte	\$5.50
Dirty Chai	\$6.30
Hot Chocolate	\$5.50
Pot of Tea for 1	\$5.00

English Breakfast, Chamomile, green tea, peppermint, earl grey, lemon & ginger

UPGRADE TO A MUG \$1

ADD A SHOT .80C

CARAMEL, VANILLA OR HAZELNUT .50C

SOY, ALMOND OR LACTOSE FREE MILK \$1

NON MEMBERS ADD \$1.50

COLD DRINKS

Milkshakes	\$6.00
Chocolate, Caramel, Strawberry, Vanilla, Banana, Lime, Coffee	
Iced Coffee	\$7.00
Iced Chocolate	\$7.00
Iced Latte	\$6.50
Fruit Frappe	\$6.50
Bottled Smoothies	\$7.50
Energise, Cleanse, Immunity	

Bottled Juices From \$6.00

Spiders \$5.50

Add condiments (Sweet Chilli, Pickles, BBQ Sauce, Tomato Sauce, Mayo, Cranberry, Pesto)

Meats available - Ham, Chicken, Turkey, Bacon, Salami

We make every effort to accommodate requests for special meals for guests with food allergies or intolerances. However, we cannot guarantee that any meal will be completely free of allergens due to the possibility of trace allergens in our kitchen environment and ingredients supplied to us.