

# LIGHTER OPTIONS

Quiche of the day \$11.00 \$15.00 with tossed salad with gourmet salad \$16.00

Filo of the day \$14.50

> with tossed salad \$18.50

with gourmet salad \$19.50

**Beef Nachos** \$17.00

sweet chilli. sour cream & avocado

Cold Meat & Salad Bowl From \$13.5

# **TOASTED & FRESH SANDWICHES**

\$7.00 Salad Only Lettuce, tomato, cucumber, onion, carrot, beetroot, cheese

Meat & Salad \$11.00

Meat, Cheese & Asparagus \$8.50

**Egg & Lettuce** \$7.00

Meat, Cheese, Tomato & \$10.00

Onion

Meat, Cheese & Pineapple \$8.50

Meat, Cheese & Avocado \$8.50

## **GRAB & GO**

Check out the fridge for a range of Premade Turkish rolls, wraps & melts

From \$10.00

#### **SWEET STUFF**

Choose from our selection of -

\$8.00 Cakes Cheesecakes \$8.50 Slices \$6.50 Gelato

From \$4.00

Add ice cream for \$1.00

\$4.00 Toast

Raisin & Cinnamon

# MAKE IT A WRAP **ADD \$4**

### **HOT DRINKS**

Espresso	\$4.00
Long Black	\$5.00
Cappuccino	\$5.50
Latte	\$5.50
Flat White	\$5.50
Mocha	\$6.00
Chai Latte	\$5.50
Dirty Chai	\$6.30
Hot Chocolate	\$5.50
Pot of Tea for 1  English Breakfast, Chame	<b>\$5.00</b> omile,

green tea, peppermint, earl grey, lemon

UPGRADE TO A MUG \$1 ADD A SHOT .80C CARAMEL, VANILLA OR HAZELNUT .50C SOY, ALMOND OR LACTOSE FREE MILK \$1

NON MEMBERS ADD \$1.50

### COLD DRINKS

Milkshakes	\$6.00
Chocolate, Caramel, Strawberry, Vanilla, Banana, Lime, Coffee	
Iced Coffee	\$7.00
Iced Chocolate	\$7.00
Iced Latte	\$6.50
Fruit Frappe	\$6.50
<b>Bottled Smoothies</b>	\$7.50

Energise, Cleanse, Immunity

**Bottled Juices** From \$6.00

**Spiders** \$5.50

We make every effort to accommodate requests for special meals for guests with food allergies or intolerances. However, we cannot guarantee that any meal will be completely free of allergens due to the possibility of trace allergens in our kitchen environment and ingredients supplied to us.