

# Visting Stirling Podiatry



A podiatrist helps people with their feet and legs. I will visit them when I need help making my feet feel better.



I will visit the podiatrist at Stirling Podiatry.



I will go to the reception desk and tell them my name.



I will wait in reception until my appointment time. When it is time for my appointment the podiatrist will come and get me.



My podiatrist will be Clara.



They will ask me to come into their treatment room. There are three different rooms I might go into.



I will take off my socks and shoes to let my podiatrist see my feet. I can ask for help if I need it.



My podiatrist will ask me questions about my feet and health. I can ask for help if I'm unsure how to answer. I can bring information with me to help if I want.



My podiatrist will figure out how to help my feet. They will treat my feet to make them feel better. I can ask any questions I want.



They will use special instruments to help my feet feel better. If I don't like how this feels I can tell them this. I can ask them to stop if I want.





When my podiatrist has finished my treatment, I will go back to reception and pay for my appointment. I can make another appointment if I need one.



My podiatrist may have given me instructions to follow at home.



If my feet don't feel right after my treatment, I can call the clinic and tell them. I should tell them within a week if I can.