

Date of Application

Job Application Form

Position

Employment Type

☐ Front desk	☐ Personal trainer	☐ Pilates instructor	☐ Full-Time	☐ Part-Time	☐ Contract
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Personal Information

Full Name		
Address		
Phone	Email	DoB
Driving License	☐ No ☐ Yes,	Years of work
Marital Status	☐ Single ☐ Married, number of dependent(s)	

Educational Background

Level of education	School/University/Institute	Year of completion/current

Employment History

Company	Position	Year	Reason for Leaving

Skills & Training

Skill & Training Achievement(s)	Level	Year	Institute

References

Name	Number	Relation

Availability

Sunday	
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	

Attach your resums and cover letter to this file
Send to Sheridan at the email provided below. Feel free to call with any questions.

 207-227-3721  Bodibar207@gmail.com