# BRIEF Q&A ON PLASTIC AND COVID-19

Reusable and disposable goods: what is important to know in connection with the spread of the coronavirus





#### ARE REUSABLES SAFE?

Yes, the short answer is that soap and hot water are effective at killing coronavirus, other viruses and bacteria. Home and commercial dishwashers are more effective than handwashing because of the added benefit of high temperature and prolonged washing.





### AREN'T SINGLE-USE PACKAGINGS SAFER?

No, they're not when compared to properly washed reusables. Single-use disposables can harbor viruses and pathogenic bacteria. They are subject to whatever pathogens have settled on them from manufacture, transport, inventory stocking and eventual use.

## CAN PEOPLE STILL USE REUSABLE WATER BOTTLES OR COFFEE CUPS?

Absolutely. Coronavirus mainly spreads through coughs and sneezes, not through a personal reusable water bottle or cup.



### WILL CORONAVIRUS KILL THE GROWING ZERO WASTE LIFESTYLE, BUILT ON BRING-YOUR-OWN (BYO), REUSE, AND BULK SHOPPING?



No, the zero waste lifestyle is here to stay and is gaining more traction every day. While the coronavirus will change many things in our lives for a time, it won't change our core values like working for healthy people, a healthy planet and a sustainable economy.

THE ADVICES ARE BASED ON ADVICES "PLASTIC POLLUTION, REUSE, AND COVID-19" FROM UPSTREAM AND "BREAK FREE FROM PLASTIC".







