

GLUTEN FRIENDLY



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STARTERS

Fig and Goat Cheese

caramelized onion. prosciutto. arugula. olive oil. balsamic.

Request Gluten Free cauliflower crust. 12

Roasted Cauliflower

marinated. parmesan crust. evoo crumbs.

Request no evoo crumbs. 10

Warm Olives

orange zest. fennel seed. garlic. thyme. olive oil. 8

Meat and Cheese Board

assorted italian artisan meats & cheeses. olives.

jam. candied nuts. crostini.

Request no crostini or crackers. 18/27

SOUP & SALADS

(add grilled chicken or shrimp +7, cold water salmon +10)

Mixed Green Salad

shaved veggies. point Reyes tomat.

marcona almonds. white balsamic vin. 8

Salmeri's Caesar

parmesan frico. lemony caesar.

Request no rosemary focaccia croutons. 8

Strawberry Burrata Salad

pistachio. arugula. pickled onion. olive oil. ciabatta. basil.

Request no ciabatta toast. 12

Chopped Salad

tomatoes. olives. pepperoncini. bacon.

crispy cannellini beans. citrus vinaigrette.

Request no crispy cannellini beans. 10

Italian Wedding Soup

spinach. fennel sausage. acini de pepe. parmesan.

Request no acini de pepe. 8

PIZZA

Request Gluten Free

cauliflower crust for ALL pizzas.

House Meatball and Ricotta

caramelized onions. roasted peppers.

sauce. basil. mozzarella.

Request No Meatball. 15

Margherita

fresh mozzarella. basil. parmesan. sauce. 14

"Our" Pepperoni

artisan pepperoni. pepperoni sauce.

fresh mozz. ricotta. basil. 15

Mushroom and Truffle

caramelized onions. provolone & mozzarella.

arugula. fresh herbs. 15

Artichoke and Goat Cheese

prosciutto. smoked goat lady.

spinach. caramelized onions. 15

Cheese and Tomato

oregano. fresh mozzarella. sauce. olive oil. 14

additional toppings +1

goat cheese. mozzarella. herb ricotta.

bacon. pepperoni. fennel sausage.

charred corn. asparagus. basil. caramelized onion.

spinach. roasted tomatoes. arugula.

ENTREES

***Grilled Cold Water Salmon**

roasted red potatoes. charred corn.

smokehouse bacon. spinach. tomato butter.

Salmeri's Shrimp Scampi

cacio e pepe risotto. asparagus.

roasted garlic. citrus butter.

Chianti Braised Beef Short Ribs

marinara glazed mushrooms. polenta.

broccolini. beef sauce.

Request no marinara glazed

mushrooms & no beef sauce.

PASTA

request gluten-free pasta

Jason's Baked Pasta

mozzarella. provolone.

ricotta. parmesan. fennel

sausage. house gravy.

Pesto Salmon Pasta

blistered tomatoes. spinach.

artichokes. olive oil.

Request no breadcrumbs

Simple Pasta

choose gluten free pasta

pick a sauce:

olive oil and garlic.,

simple marinara, or pesto. 9

add a protein:

chicken or shrimp + 7

cold water salmon +10

consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

Gluten-Friendly Menu Disclaimer We understand the seriousness of gluten sensitivities and celiac disease. We have designated our kitchen staff to prepare gluten-friendly items using separate utensils and a dedicated preparation area to minimize cross-contact. However, please be aware that we are not a certified gluten-free kitchen and our facility processes products containing wheat and other allergens. Therefore, we cannot guarantee that any item is completely free of gluten. Individuals with celiac disease or severe gluten allergies should exercise their own judgment when dining with us. Please inform your server of your dietary needs so that we can take the necessary precautions to prepare your meal.

GLUTEN FRIENDLY

SALMERI'S

ITALIAN KITCHEN

Served 11AM-4PM

LUNCH MENU

STARTERS

Fig and Goat Cheese

caramelized onion. prosciutto. arugula. olive oil. balsamic.

Request Gluten Free cauliflower crust. 12

Roasted Cauliflower

marinated. parmesan crust. evoo crumbs.

Request no evoo crumbs. 10

Warm Olives

orange zest. fennel seed. garlic. thyme. olive oil. 8

Meat and Cheese Board

assorted italian artisan meats & cheeses. olives.
jam. candied nuts. crostini.

Request no crostini or crackers. 18/27

SOUPS & SALADS

(add grilled chicken or shrimp +7, cold water salmon +10)

Mixed Green Salad

shaved veggies. point Reyes tomat. 8
marcona almonds. white balsamic vin.

Salmeri's Caesar

parmesan frico. lemony caesar.

Request no rosemary focaccia croutons. 8

Strawberry Burrata Salad

pistachio. arugula. pickled onion. olive oil. ciabatta. basil.

Request no ciabatta toast. 12

Chopped Salad

tomatoes. olives. pepperoncini. bacon.
crispy cannellini beans. citrus vinaigrette.

Request no crispy cannellini beans. 10

Italian Wedding Soup

spinach. fennel sausage. acini de pepe. parmesan.

Request no acini de pepe. 8

PIZZA

Request Gluten Free

cauliflower crust for ALL pizzas.

House Meatball and Ricotta

caramelized onions. roasted peppers.
sauce. basil. mozzarella.

Request No Meatball. 15

Margherita

fresh mozzarella. basil. parmesan. sauce. 14

"Our" Pepperoni

artisan pepperoni. pepperoni sauce.
fresh mozz. ricotta. basil. 15

Mushroom and Truffle

caramelized onions. provolone & mozzarella.
arugula. fresh herbs. 15

Artichoke and Goat Cheese

prosciutto. smoked goat lady.
spinach. caramelized onions. 15

Cheese and Tomato

oregano. fresh mozzarella. sauce. olive oil. 14

additional toppings +1

goat cheese. mozzarella. herb ricotta.

bacon. pepperoni. fennel sausage.

charred corn. asparagus. basil. caramelized onion.

spinach. roasted tomatoes. arugula.

PASTA

request gluten-free pasta

Jason's Baked Penne

mozzarella. provolone.

ricotta. parmesan. fennel

sausage. house gravy.

Pesto Salmon Pasta

blistered tomatoes. spinach.

artichokes. olive oil.

Request no breadcrumbs.

Simple Pasta

choose gluten-free pasta

pick a sauce:

olive oil and garlic.,

simple marinara, or pesto.

add a protein:

chicken or shrimp + 7

cold water salmon +10

"SANDWICHES"

Request no bun

Salmeri's Burger

mozzarella and provolone. bacon.
basil mayo. pickled onions.

The Italian Chicken

pepperoni. pepperoncini. lemon vin.
arugula. provolone and mozz. basil mayo.

The Caprese

fresh mozz. vine ripened tomatoes. basil.
pesto aioli. arugula. balsamic.

The Grinder

prosciutto. salami. pepperoncini.
arugula. basil mayo. lemon vin. provolone cheese.

The Italian Roast Beef

slow roasted beef. caramelized onions.
pepperoncini. mozzarella. oregano.

ENTREES

***Grilled Cold Water Salmon**

roasted red potatoes. charred corn.
smokehouse bacon. spinach. tomato butter.

Salmeri's Shrimp Scampi

cacio e pepe risotto. asparagus.
roasted garlic. citrus butter.

**consuming raw or undercooked meats, poultry, seafood,
shellfish, or eggs may increase your risk of foodborne illness**

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