

munchies

Brussels. sorghum vin. bacon. 10

Sweet Potato Tots. cinnamon sugar. maple mayo. 9

Smoked Burrata. arugula. pickled onion. peach jam. olive oil. balsamic syrup. crostini. 18

Bacon Wrapped Dates. bourbon honey. pecan crunch. 10

salads and a soup

(a la carte proteins: grilled chicken, crispy chicken, grilled shrimp) 7

She Crab Soup. blue crab. sherry crema. saltines. sherry mist. 12

Beet Salad. roasted harmony ridge beets. beans. arugula. fennel. pistachio crusted goat cheese. citrus vin. 14

Warm Spinach Salad. candied walnuts. red dragon cheddar. currants. blistered carrots. warm cider & bacon vinaigrette. 12

Far East Grilled Chicken Salad. greens. shaved cabbage. sweet peppers. cucumber. crispy mushrooms. peanuts. soy vin. 14

bowls

Shrimp and Grits. sausage. overnight tomato. sweet onion. peppers. fennel. 16

Grilled Springer Mountain Chicken and Dumplings. root veg. gnocchi. spinach. roasted peppers. rosemary crumbs. 16

Braised Beef. ugf mushrooms. cheerwine glaze. grits. arugula salad. 16

PEI Mussel Bowl. fennel. smoked tomatoes. chorizo broth. bread. 15

***Risotto di Pesce.** fresh daily seafood. red pepper puree. parmesan. lemon. fine herbs. 16

Moroccan BBQ Sparerib Bowl rice. house slaw. bang bang. peanuts. cilantro. 16

Chef/Owner Jon Fortes. **Proprietress** Amy Fortes. **General Manager** Nick Kuszczak. **Chef de Cuisine** Andrew Dalbec. **Sous Chef** Jonathan Neel. **FOH Mgr** Erinn Winters.

**consumer advisory: consumption of undercooked meats, poultry, eggs, or seafood may increase the risk of foodborne illnesses.*

if you use a credit card, we will charge an additional 3% to help offset processing costs. this amount is not more than what we pay in fees. we do not surcharge debit cards.

over the toast and between the buns

(served with fries. grits. brussels. or petite salad.)

Grilled Chicken Pita. mint. arugula. pickled onions. basil mayo. spicy tzatziki. lavash. 16

Fried Chicken and Waffle. hot honey. maple butter. 15

Eatery Fried Springer Mountain Chicken Sandwich. house slaw. "our" hot sauces. puckerbutt mayo. 14

Main Street Hooker. blackened daily fish. arugula. pickled onion. guacamole. remoulade. 16

Nduja, Egg & Cheese. scrambled eggs. cheddar. spicy mayo. fried tortilla. kaiser roll. 13

Pork Belly BLT. vine tomato. arugula. duke's pesto mayo. 14

Crab BLT. smoked bacon. seasoned tomato. arugula. lemon. lusty monk aioli. 18

***Flip Daddy Burger.** double stacked local wagyu beef. bacon. house pickles. sweet onions. lusty aioli. american. 17

Flipside Ancho Chicken Sandwich. guacamole. pepperjack. spicy mayo. arugula. 16

blue plate specials 15

Monday - Bang Bang Shrimp

crispy fried shrimp. asian cabbage. crunchy peanuts. cilantro vin.

Tuesday - Dia del Tacos

chef's weekly preparation.

Wednesday - Cha Cha Cioppino

shrimp. mussels. fish. chorizo broth. bread.

Thursday - Crispy Bourbon Chicken

white rice. peppadews. bang bang sauce. scallions.

Friday - Fish N Chips

buttermilk fried daily fish. slaw. remoulade. fries.