

## **munchies**

**Brussels.** sorghum vin. bacon. 10

**Sweet Potato Tots.** cinnamon sugar. maple mayo. 9

**Smoked Burrata.** arugula. pickled onion. peach jam. olive oil.  
balsamic syrup. crostini. 18

**Bacon Wrapped Dates.** bourbon honey. pecan crunch. 10

## **ruffage**

*(a la carte proteins: grilled chicken, crispy chicken, grilled shrimp) 7*

**Beet Salad.** roasted harmony ridge beets. beans. arugula. fennel.  
pistachio crusted goat cheese. citrus vin. 14

**Spring Pea & Arugula Salad.** marcona almonds. fennel. picked mint.  
early spring veg. poppyseed vin. crescenza. 12

**Warm Spinach Salad.** candied walnuts. red dragon cheddar. currants.  
blistered carrots. warm cider & bacon vinaigrette. 12

**Far East Grilled Chicken Salad.** greens. shaved cabbage. sweet peppers.  
cucumber. crispy mushrooms. peanuts. soy vin. 14

## **bowls**

**Shrimp and Grits.** sausage. overnight tomato. sweet onion.  
peppers. fennel. 16

**Mushroom Agnolotti.** charred peppers. truffle. tasso. spinach. parmesan.  
fried shiitake. 16

**Braised Beef.** farro risotto. spring carrots. cheerwine. crispy onion. 22

**PEI Mussel Bowl.** fennel. smoked tomatoes. chorizo broth. bread. 15

**\*Risotto di Pesce.** fresh daily seafood. red pepper puree. parmesan.  
lemon. fine herbs. 16

**Moroccan BBQ Sparerib Bowl** rice. house slaw. bang bang. peanuts. cilantro. 16

**Chef/Owner** Jon Fortes. **Proprietress** Amy Fortes. **General Manager** Nick Kuszczak.  
**Chef de Cuisine** Andrew Dalbec. **Sous Chef** Justin Cruz. **FOH Mgr** Erin Winters.

*\*consumer advisory: consumption of undercooked meats, poultry, eggs, or  
seafood may increase the risk of foodborne illnesses.*

*\*if you use a credit card, we will charge an additional 3% to help offset processing costs.  
this amount is not more than what we pay in fees. we do not surcharge debit cards.\**

## **over the toast and between the buns**

*(served with fries. grits. brussels. or petite salad.)*

**FM Chicken Sando.** soppressata. arugula. tomato. burrata.  
basil mayo. 16

**Fried Chicken and Waffle.** hot honey. maple butter. 15

**Eatery Fried Springer Mountain Chicken Sandwich.**  
house slaw. "our" hot sauces. puckerbutt mayo. 14

**Main Street Hooker.** blackened daily fish. arugula.  
pickled onion. guacamole. remoulade. 16

**Fried Pork Loin Sandwich.** sweet peppers. glazed onions.  
pepperjack. fennel. lemony arugula. 15

**FM Eatery BLT.** vine tomato. arugula. duke's pesto mayo. 14

**Crab BLT.** smoked bacon. seasoned tomato. arugula. lemon.  
lusty monk aioli. 18

**\*Flip Daddy Burger.** double stacked wayu beef. bacon.  
house pickles. sweet onions. lusty aioli. american. 17

**Flipside Ancho Chicken Sandwich.** guacamole. pepperjack.  
spicy mayo. arugula. 16

### **blue plate specials 15**

#### **Monday - Bang Bang Shrimp**

crispy fried shrimp. asian cabbage. crunchy peanuts.  
cilantro vin.

#### **Tuesday - Dia del Tacos**

chef's weekly preparation.

#### **Wednesday - Cha Cha Cioppino**

shrimp. mussels. fish. chorizo broth. bread.

#### **Thursday - Crispy Bourbon Chicken**

white rice. peppadews. bang bang sauce. scallions.

#### **Friday - Fish N Chips**

buttermilk fried daily fish. slaw. remoulade. fries.