

# Ankeny Parks & Recreation

## Sand Volleyball League Rules

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Weather Hotline: 515-963-3575  
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### INTRODUCTION

Please review the enclosed rules and materials with your team. The Ankeny Parks & Recreation Department reserves the right to make changes to this document as necessary during the course of the season. Managers will be notified of any changes.

### LIABILITY STATEMENT

The City of Ankeny, Ankeny Parks & Recreation, its employees or appointed agents assume no responsibility for any personal injury or loss that any team member or spectator may incur as a result of Parks & Recreation programs. Individuals are encouraged to have their own personal health/accident plans for any such injuries which could occur. Players may be held responsible for unnecessary damage which may occur as a result of misconduct in a facility.

### ELIGIBILITY

- All players must be 18 years of age prior to the start of league play.
- The fee for participation by a non-resident is \$10 per person.
- All team and non-resident fees must be paid prior to participating in the league.

### INCLEMENT WEATHER

- If there has been inclement weather, teams may call the Weather Hotline at 963-3575 or check for updates on [www.teamsideline.com/ankeny](http://www.teamsideline.com/ankeny) after 4:30 pm.
- If games have been canceled for the evening by Parks & Recreation, games cannot be played. Any games played on these days will not be recorded.
- If it rains during a game, City staff must decide if the fields are playable enough to start a game.
- After the game has started City staff will decide as to whether the game will continue or be cancelled.

### ALCOHOLIC BEVERAGES & SMOKING

- **No alcohol is allowed to be brought onto or leave the premises.**
- Customers must be (21) twenty-one years of age and provide adequate photo identification to purchase beer.
- Purchasers can buy no more than two cans of beer at a time.
- Beer Sales are allowed:
  - Weekdays start at 5:30 p.m. and end no later than 9:30 p.m.
  - Weekends start at 10:30 a.m. and end no later than 9:30 p.m.
- Hawkeye Park is a smoke free facility; smoking is forbidden by the concession stand, softball fields and volleyball courts. Smoking is only allowed in personal vehicles while on City property.
  - **First Warning** – Player or players will be asked to leave the complex
  - **Second Warning** – Team will be disqualified from the league with no refund
- The City of Ankeny does not serve to intoxication, nor does it serve the intoxicated.
- We reserve the right to refuse service to anyone believed to be intoxicated.

## ROSTERS

- Roster changes can be made up to the third game of the season by contacting Parks & Recreation. After the deadline a player may not play in the league or the season ending tournament. Roster additions must be on the official roster held at the Parks & Recreation office. All fees must be paid when players are added.
- No player is allowed to play on more than one team within the same league in Ankeny in the same season. If a person is on two (2) or more rosters in a league, the player will be assigned to the first team they played for.
- Teams shall consist of 6 players: three (3) males and three (3) females. A team may play with four (4) players but the males cannot outnumber the females. You must alternate male/female in the lineup with substitutions coming from the serving or back middle positions.
- Roster Protest: If a team or the Department has a question about a player's eligibility, the following procedures should be followed:
  - Players in question must be protested to the umpire before the game ends. The name of player(s) will be recorded by the umpire on the scoresheet.
  - If name does not appear on roster, the team will forfeit the game.
  - Single Elimination Turney — Each tournament player must have played in two regular season games to be eligible for the tournament unless approved by teams.
- Any violation of these rules will result in suspension.

## RULES OF CONDUCT

- Each team manager will be held responsible for the conduct of his/her team players and is responsible for seeing that all rules are observed. The team manager must always maintain complete control of him/herself and his/her team members; this includes before, during, or after a game and any time involved with Parks & Recreation programs. The key to a successful program is in the hands of the manager and, in turn, his/her players. Good leadership will ensure a good program.
- Unsportsmanlike conduct, disrespect, vulgarity, or profanity will not be tolerated at any time. Any manager or player removed from a game for breaking Rules of Conduct will receive an automatic one game suspension to be served in the next consecutive game. A longer suspension may be given by the Recreation Superintendent, depending on the severity of the offense or frequency of misconduct. Any player or manager that is ejected from a game in this manner must leave the park.
- Personal harassment of City staff may be cause for either the team or individual to be suspended from league play. A player does not have to be in the game for this rule to be in effect. He/she could be a spectator of a team. Teams are responsible for their own spectators.
- Any manager or player that is involved in a **fight or making physical contact** with a City staff or another player shall be suspended from all Ankeny Parks and Recreation Programs for one calendar year.

## FACILITIES/EQUIPMENT

It is imperative that all participants show respect and take care of Hawkeye Park, the sand volleyball courts and equipment.

- Players may check out volleyballs at Hawkeye Concessions. Participants must leave their driver's license with City Staff in check out the balls.
- Recommend checking out 2 balls for each match. 1 per team.
- Balls must be returned following your game.
- Failure to return the balls will result in a \$25 charge.
- Courts are numbered from east to west

## GAME FORFEITS

- Be RESPECTFUL – teams sign up wanting to play and not wanting forfeits. Do your part, have enough players each week and be ready to play at game start time.
- Game forfeits will be scored in Team Sideline as 3 – 0 for the team winning by forfeit.

- More than one (1) forfeit in a season or if the entire team no shows, without notifying the opposing manager and Recreation Supervisor will result in immediate release from the league with no refund of fees.
  - Weeknight Leagues: You must notify the opposing team manager and Recreation Supervisor before 4:30 p.m. on the scheduled game day.
  - Weekend Leagues: You must notify the opposing team manager and Recreation Supervisor before 3:00 p.m. on the scheduled game day.

## GAME RULES

- Co-Ed league net heights are 7ft 8in; Women's League are 7ft, 4in.
- All matches will be "call your own."
- **Team Captains** do odd/even to determine serve or side.
- Game time limit is one (1) hour.
- Each team is allowed two (2) timeouts of 30 seconds.
- Maximum three (3) hits (contacts) per side.
- A female player must make contact, unless it is a one (1) hit volley (coed).
- The net cannot be touched, even after the ball has hit the ground (continuation rule).
- Ball can be played with any part of the body (except for serving).
- If the ball attacked is NOT a hard driven ball, the defending team may set the ball as long as the contact is COMPLETELY clean (no doubles or lifts).
- The ball may be held by two (2) players simultaneously at the net (joust).
- No one-handed open tips or dinks. Two-handed and closed fists are allowed. (4's League)
- Substitution/rotation is allowed into either the middle back or serving position.
- Players cannot deliberately prevent the opposition from seeing the server (screening).
- Let serve is good.
- You CANNOT block the serve.
- Teams will switch sides after each game.

## SCORING

- Matches will consist of three (3) sets to 21 points with all games counting for league standings.
- Rally scoring will be used in all sets; win by two (2) with a 25 point cap.
- The score should be announced by each server prior to the serve.
- **Winning team** must report the scores at the concession stand at the conclusion of the match. (3-0 or 2-1)
- All unreported scores after the final week of the regular season will be considered a double forfeit.
- **Standings and scores will be updated daily on the Team Sideline website [www.teamsideline.com/ankeny](http://www.teamsideline.com/ankeny).**  
Teams should double check scores for errors. Teams will be allowed to change scores within one week of the game played.
- In the event of identical league records, the following tiebreakers will be followed:
  - Head-to-head record
  - Head-to-head differential
  - Total Points For
  - Total Points Against
  - Strength of Schedule
  - Coin Toss
- Tournament champions will receive tee shirts.

**Parks & Recreation has final say over any interpretation of the a forementioned rules and guidelines and will determine best actions to reach an appropriate resolution.**