

Ankeny Parks & Recreation

Sand Volleyball League Rules

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INTRODUCTION

Please review the enclosed rules and materials with your team. The Ankeny Parks & Recreation Department reserves the right to make changes to this document as necessary during the course of the season. Managers will be notified of any changes.

LIABILITY STATEMENT

The City of Ankeny, Ankeny Parks & Recreation, its employees or appointed agents assume no responsibility for any personal injury or loss that any team member or spectator may incur as a result of Parks & Recreation programs. Individuals are encouraged to have their own personal health/accident plans for any such injuries which could occur. Players may be held responsible for unnecessary damage which may occur as a result of misconduct in a facility.

ELIGIBILITY

- All players must be 18 years of age prior to the start of league play.
- The fee for participation by a non-resident is \$10 per person.
- All team and non-resident fees must be paid prior to participating in the league.

INCLEMENT WEATHER

- If there has been inclement weather, teams may call the Weather Hotline at 963-3575 or check for updates on www.teamsideline.com/ankeny after 4:30 pm.
- If games have been canceled for the evening by Parks & Recreation, games cannot be played. Any games played on these days will not be recorded.
- If it rains during a game, City staff must decide if the fields are playable enough to start a game.
- After the game has started City staff will decide as to whether the game will continue or be cancelled.

ALCOHOLIC BEVERAGES & SMOKING

- **No alcohol is allowed to be brought onto or leave the premises.**
- Customers must be (21) twenty-one years of age and provide adequate photo identification to purchase beer.
- Purchasers can buy no more than two cans of beer at a time.
- Beer Sales are allowed:
 - Weekdays start at 5:30 p.m. and end no later than 9:30 p.m.
 - Weekends start at 10:30 a.m. and end no later than 9:30 p.m.
- Hawkeye Park is a smoke free facility; smoking is forbidden by the concession stand, softball fields and volleyball courts. Smoking is only allowed in personal vehicles while on City property.
 - **First Warning** – Player or players will be asked to leave the complex
 - **Second Warning** – Team will be disqualified from the league with no refund
- The City of Ankeny does not serve to intoxication, nor does it serve the intoxicated.
- We reserve the right to refuse service to anyone believed to be intoxicated.

ROSTERS

- Roster changes can be made up to the third game of the season by contacting Parks & Recreation. After the deadline a player may not play in the league or the season ending tournament. Roster additions must be on the official roster held at the Parks & Recreation office. All fees must be paid when players are added.
- No player is allowed to play on more than one team within the same league in Ankeny in the same season. If a person is on two (2) or more rosters in a league, the player will be assigned to the first team they played for.
- Teams shall consist of 6 players: three (3) males and three (3) females. A team may play with four (4) players but the males cannot outnumber the females. You must alternate male/female in the lineup with substitutions coming from the serving or back middle positions.
- Roster Protest: If a team or the Department has a question about a player's eligibility, the following procedures should be followed:
 - Players in question must be protested to the umpire before the game ends. The name of player(s) will be recorded by the umpire on the scoresheet.
 - If name does not appear on roster, the team will forfeit the game.
 - Single Elimination Tourney — Each tournament player must have played in two regular season games to be eligible for the tournament unless approved by teams.
- Any violation of these rules will result in suspension.

RULES OF CONDUCT

- Each team manager will be held responsible for the conduct of his/her team players and is responsible for seeing that all rules are observed. The team manager must always maintain complete control of him/herself and his/her team members; this includes before, during, or after a game and any time involved with Parks & Recreation programs. The key to a successful program is in the hands of the manager and, in turn, his/her players. Good leadership will ensure a good program.
- Unsportsmanlike conduct, disrespect, vulgarity, or profanity will not be tolerated at any time. Any manager or player removed from a game for breaking Rules of Conduct will receive an automatic one game suspension to be served in the next consecutive game. A longer suspension may be given by the Recreation Superintendent, depending on the severity of the offense or frequency of misconduct. Any player or manager that is ejected from a game in this manner must leave the park.
- Personal harassment of City staff may be cause for either the team or individual to be suspended from league play. A player does not have to be in the game for this rule to be in effect. He/she could be a spectator of a team. Teams are responsible for their own spectators.
- Any manager or player that is involved in a **fight** or **making physical contact** with a City staff or another player shall be suspended from all Ankeny Parks and Recreation Programs for one calendar year.

FACILITIES/EQUIPMENT

It is imperative that all participants show respect and take care of Hawkeye Park, the sand volleyball courts and equipment.

- Players may check out volleyballs at Hawkeye Concessions. Participants must leave their driver's license with City Staff in check out the balls.
- Recommend checking out 2 balls for each match. 1 per team.
- Balls must be returned following your game.
- Failure to return the balls will result in a \$25 charge.
- Courts are numbered from east to west

GAME FORFEITS

- Be **RESPECTFUL** – teams sign up wanting to play and not wanting forfeits. Do your part, have enough players each week and be ready to play at game start time.
- Game forfeits will be scored in Team Sideline as 3 – 0 for the team winning by forfeit.

- More than one (1) forfeit in a season or if the entire team no shows, without notifying the opposing manager and Recreation Supervisor will result in immediate release from the league with no refund of fees.
 - Weeknight Leagues: You must notify the opposing team manager and Recreation Supervisor before 4:30 p.m. on the scheduled game day.
 - Weekend Leagues: You must notify the opposing team manager and Recreation Supervisor before 3:00 p.m. on the scheduled game day.

GAME RULES

- Co-Ed league net heights are 7ft 8in; Women's League are 7ft, 4in.
- All matches will be "call your own."
- **Team Captains** do odd/even to determine serve or side.
- Game time limit is one (1) hour.
- Each team is allowed two (2) timeouts of 30 seconds.
- Maximum three (3) hits (contacts) per side.
- A female player must make contact, unless it is a one (1) hit volley (coed).
- The net cannot be touched, even after the ball has hit the ground (continuation rule).
- Ball can be played with any part of the body (except for serving).
- If the ball attacked is NOT a hard driven ball, the defending team may set the ball as long as the contact is COMPLETELY clean (no doubles or lifts).
- The ball may be held by two (2) players simultaneously at the net (joust).
- No one-handed open tips or dinks. Two-handed and closed fists are allowed. (4's League)
- Substitution/rotation is allowed into either the middle back or serving position.
- Players cannot deliberately prevent the opposition from seeing the server (screening).
- Let serve is good.
- You CANNOT block the serve.
- Teams will switch sides after each game.

SCORING

- Matches will consist of three (3) sets to 21 points with all games counting for league standings.
- Rally scoring will be used in all sets; win by two (2) with a 25 point cap.
- The score should be announced by each server prior to the serve.
- **Winning team** must report the scores at the concession stand at the conclusion of the match. (3-0 or 2-1)
- All unreported scores after the final week of the regular season will be considered a double forfeit.
- **Standings and scores will be updated daily on the Team Sideline website www.teamsideline.com/ankeney.** Teams should double check scores for errors. Teams will be allowed to change scores within one week of the game played.
- In the event of identical league records, the following tiebreakers will be followed:
 - Head-to-head record
 - Head-to-head differential
 - Total Points For
 - Total Points Against
 - Strength of Schedule
 - Coin Toss
- Tournament champions will receive tee shirts.

Parks & Recreation has final say over any interpretation of the a forementioned rules and guidelines and will determine best actions to reach an appropriate resolution.