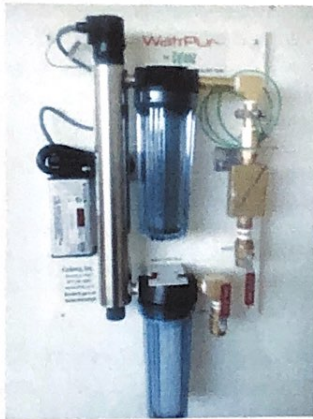


# Colenz®

**The Ultimate Enema System**  
FDA Class I Colon Cleansing Kit



- No Prescription Needed
- Self-Administered Cleanse
- Privacy and Dignity Maintained
- No Doctor Oversight Necessary
- Wholesale Opportunities Available
- Premier Water Treatment Systems
- Available for Home, Spa or Office Use
- Clean, Safe, Convenient, and Effective
- Impeccable Customer Service and Support

## What is COLENZING?

Colenzing is a specific type of enema that produces excellent results with minimal effort and maximum privacy.

**[www.Colenz.com](http://www.Colenz.com)**

**801-706-9047**

Call Burgandi for Pricing & Ordering

**801-755-2887**

Call Bryan for Technical Information



# Instructions for Using the *Colenz*<sup>®</sup> Class I Professional Enema Kit

(2/20/20)

## ***When you start for the day:*** (make sure the tank is empty)

1. Open the **vacuum trap valve** and turn on the **vacuum fan switch**.
2. Close the following valves: **power flush, fan spray and warm to tank**.
3. Open the **master valves**.
4. Spray the hand sprayer through the scoop until you feel warm water flowing into the bowl. (Set temperature using the thermometer on the thermal mixing valve @ 101°)
5. Open the **warm to tank** valve. (Make sure that the tank is empty and rinsed before filling with new water)

## ***For each client:***

6. Turn on the **fan spray** enough to create a gentle rain.
7. Put a new **check valve** and **nozzle** on the end of the user tube and through the board.
8. Open the **user valve** and bleed the cool water, sanitizer and air gaps out of the line. Insert user tube into the check valve and open valve briefly to see water flow from nozzle.
9. Instruct the client to undress from the waste down, lubricate the **nozzle** and themselves, climb on the table and slide onto the nozzle and against the **board scoop**.
10. When the client is in place and covered with a cover sheet, have them turn the **user valve** on.
11. If during the cleansing, the client desires a colder water flow, turn the valve on the temperature control assembly slowly to reduce the water temperature. Monitor the thermometer to determine the temperature. Reverse to bring the temperature back to normal.
12. When the cleansing is complete instruct the client to turn off the **user valve** and eliminate as much debris as possible.
13. Instruct the client to ease away from the scoop and the nozzle will slide out. The client can then use the **hand spray** to eliminate debris from the back side and down the scoop.
14. The client can now climb off the table, get dressed and call the therapist in.
15. Therapist puts on gloves for cleaning and sprays down the board and inside the scoop.
16. Discard the **nozzle** and **check valve**, insert **user tube** into the **discharge chamber** and open **user valve**.
17. If the client desires to inspect the debris, turn off the **fan spray**, put the **board** in the groove and lift it up. Use a skewer stick to isolate interesting pieces.
18. Turn on **power flush** and use **hand spray** to direct debris down the drain.
19. Turn off **power flush**, wipe down board with sanitizing solution and put it back in place. Sanitize the top of the **device** and **board** and wipe it down.

## **You are now ready to repeat the steps 6 through 19 for each client.**

## ***At the end of the day:***

20. Turn off the **fan spray** and close the **warm to tank** valve.
21. Put sanitizing solution in the **water tank**. Refill the **tank** with water to rinse sanitizer thoroughly if a chemical sanitizer was used.
22. Close the **vacuum trap valve** and turn off the **vacuum fan switch**. Make sure there is still water draining from the tank when you close the **vacuum trap valve**.
23. Close the **master valves**.
24. Open the following valves: **power flush, fan spray & warm to tank**. (**warm to user** should also be left open)
25. If you have the WatrCentr as a water source, consider unplugging the power and turning off the water inlet valve to prolong the life of the UV light and protect against water leaks of the system.



# Contraindications

## This Section is Very Important!

A contraindication is when colon hydrotherapy/colonic irrigation/enemas may be deemed by the medical society as a possible irritant to the associated condition. The client should be informed of the potential effects and allow the client to decide whether to sign a waiver of liability or receive a release from their physician.

**Abdominal Hernia:** diagnosed with or has had surgery for abdominal hernia within the past 12 weeks.

**Abdominal Surgery:** since the administering of this procedure initiates peristalsis and the use of the abdominal muscles may aggravate sutures and the healing of the incision, a minimum of 12 weeks should pass since surgery.

**Abdominal Distension/Masses:** diagnosed with an abnormal colon.

### **Acute Liver Failure**

**Anemia:** Diagnosed with severe anemia (blood is low in red blood cells).

**Aneurysm:** a sac formed by an enlargement in a weakened wall of an artery, vein, or the heart.

**Carcinoma:** colon cancer.

**Cardiac Disease:** a heart condition such as uncontrolled hypertension or congestive heart failure.

**Crohn's Disease:** patches of inflammation in the intestines which can later cause narrowing of the intestinal tract.

**Colitis:** inflammation of the colon (usually starts at the rectum).

**Dialysis:** used to purify the blood for patients with kidney failure.

**Diverticulosis/Diverticulitis:** pouches (diverticula) in the intestinal wall. When the pouches become inflamed (diverticulitis), they cause pain and sometimes rectal bleeding.

**Fissures:** minor lacerations in the rectal lining.

**Fistulas:** a passageway that develops between the rectal wall and the skin surrounding the anus. Severe lacerations require surgical repair.

**Hemorrhaging:** the flow of bright red blood discharge.

**Hemorrhoidectomy:** removal of a hemorrhoid-a doctor's release should be obtained

**Intestinal Perforation:** tears in the intestinal wall.

**Lupus:** chronic inflammatory, autoimmune disease that usually affects the kidneys.

**Medication Concerns:** If a physician has ever diagnosed your client with any intestinal conditions or if your client has been on any medications which may weaken their intestinal wall, you should obtain a doctor's release. If your client is taking medication for any condition diagnosed by a physician, your client should check with their doctor to ensure the medication will not be interfered with by the additional water intake and absorption.

**Pregnancy:** only during the first and last trimester; may be prescribed as an enema just prior to childbirth.

**Rectal Surgery:** should wait a minimum of 12 weeks.

**Renal Insufficiencies:** any deterioration of the kidneys.



# What is **Colenzing?**

**Colenzing** is the self-administered enema of gently introducing warm filtered water into the colon through a small flexible rectal nozzle that is ¼" in diameter, rounded on the end and lubricated for easy insertion. The water is gravity fed through medical grade tubing from a specially designed container mounted about 4' above the **colenz®** board where the person lies supine with the head and shoulders slightly elevated. As the water hydrates and softens the bowel matter, the body naturally eliminates the loose material through a collection scoop on the board and cleanly deposits the waste into the toilet or bowl. This process continues for a period of time allowing the water to eventually hydrate and cleanse the entire colon.

## **Colon hydrotherapy** (as defined by I-ACT)

**Colon hydrotherapy**, is a safe, effective method of removing waste from the large intestine, without the use of drugs. By introducing filtered and temperature-regulated water into the colon, the waste is softened and loosened, resulting in evacuation through natural peristalsis.

This process is repeated a few times during a session.

**Note:** *The language in a number of recent court decisions and proposed legislation attempts to equate the term **colon hydrotherapy** with **colonics** and **colon (colonic) irrigation**, which could require that the procedure be done only on FDA Class II equipment. We, therefore, suggest that Colenz® owners make an attempt to substitute the term **colenzing** or **colon cleansing** for the term **colon hydrotherapy**.*

E. Bryan Poulsen, Pres. of Colenz, Inc. (Jan. 15, 2015)



U.S. Food and Drug Administration



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### Device Listing Database

**Proprietary Device Name:** ULTIMATE ENEMA KIT WITH AND WITHOUT CONSOLE  
**Common/Generic Device Name:** ENEMA KIT  
**Classification Name:** KIT, ENEMA, (FOR CLEANING PURPOSE)  
**Device Class:** 1  
**Product Code:** FCE  
**Regulation Number:** 876.5210  
**Medical Specialty:** Gastroenterology  
**Owner/Operator:** ULTIMATE CONCEPTS, INC.  
**Owner/Operator Number:** 9035696  
**Registered Establishment Name:** ULTIMATE CONCEPTS, INC.  
**Establishment Registration Number:** 1724619  
**Date of Listing:** 05/27/03  
**Listing Status:** Active  
**Establishment Operations:** Manufacturer

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**Proprietary Name:** ULTIMATE ENEMA KIT WITH CONSOLE

**Classification Name:** ENEMA KIT, (FOR CLEANING PURPOSE)

**Product Code:** [FCE](#)

**Device Class:** 1

**Regulation Number:** [876.5210](#)

**Medical Specialty:** Gastroenterology

**Registered Establishment Name:** [COLENZ, INC.](#)

**Registered Establishment Number:** 1724619

**Owner/Operator:** ULTIMATE CONCEPTS, INC.

**Owner/Operator Number:** 9035696

**Establishment Operations:** Manufacturer