



JUNE
2025 EDITION

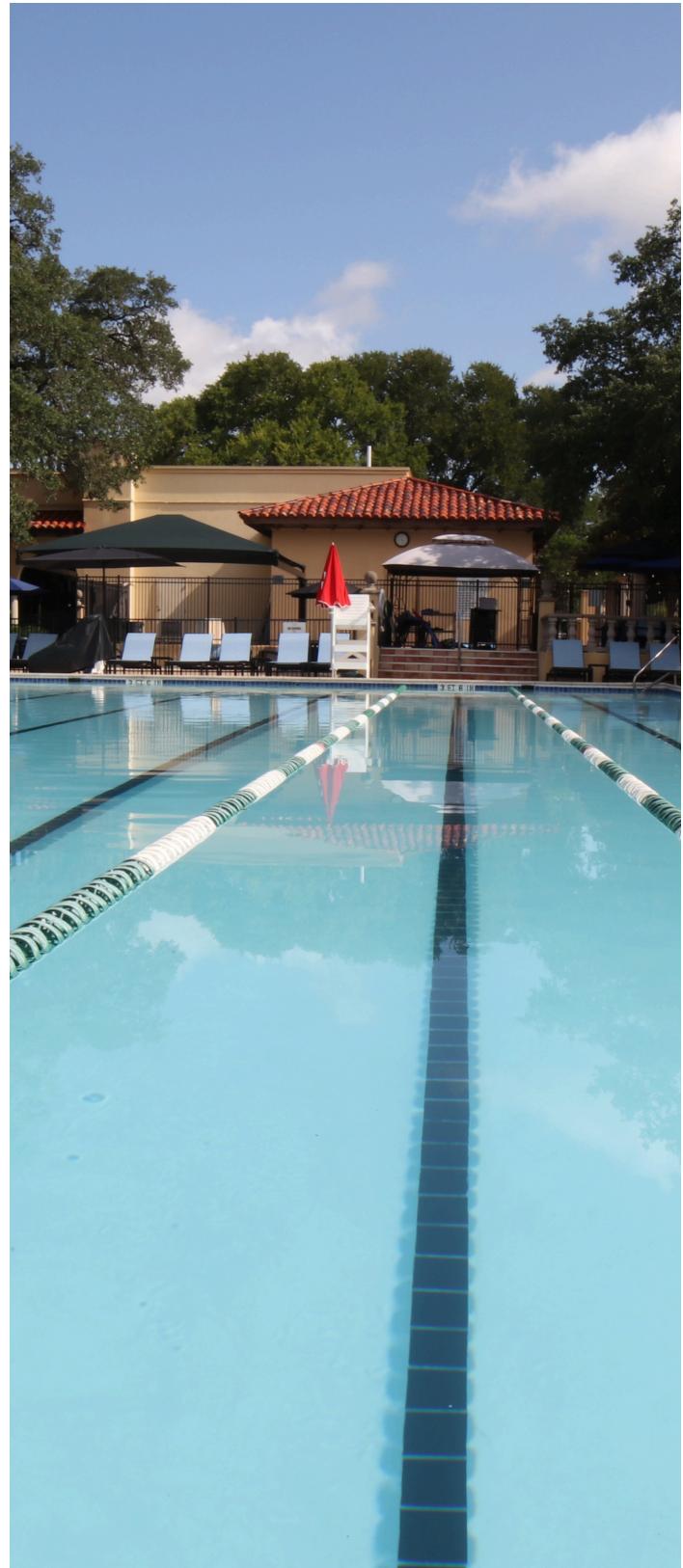
Sonterra

Monthly

The Club At SONTERA



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June 2025

SUN	MON	TUE	WED	THU	FRI	SAT			
Sunday Omelette Bar 8am - 12pm 5PM- Father's Day Dinner	Main Clubhouse Closed Strength & Condition 9:30 AM Main Clubhouse - Summer Leagues Begin - Jr. Tennis Summer Camp Begins	Burger Day, All Day! Mat Pilates 9:30 AM Main Clubhouse - SWGA @ 8:30AM (North)	Strength & Condition 9:30 AM Main Clubhouse - SWGA @ 8:30AM (North)	Prime Rib Thurs. after 5PM Strength & Condition 9:30 AM Main Clubhouse 7PM - American History Club	First Friday Birthday Night Weekend Specials Friday-Sunday Pilates 8:45 AM Main Clubhouse Gentle Yoga for Golfers 10 AM Main Clubhouse - Shootout Qualifier: Chip Off On #18 Green @ 6pm 6PM - Double Cover (Patio Lawn) 6:30 PM- Father Daughter Dinner	- Golf Clinics Adults @ 10AM - Parent-Junior Putting Contest @ 5 PM			
1	2	3	4	5	6	7			
Sunday Omelette Bar 8am - 12pm - Couples @ 9AM (North)	Main Clubhouse Closed Strength & Condition 9:30 AM Main Clubhouse - Jr. Tennis Summer Camp	Burger Day, All Day! Mat Pilates 9:30 AM Main Clubhouse - SWGA @ 8:30AM (South)	Strength & Condition 9:30 AM Main Clubhouse - SWGA @ 8:30AM (South)	Prime Rib Thurs. after 5PM Strength & Condition 9:30 AM Main Clubhouse 7PM - Book Club	Weekend Specials Friday-Sunday Pilates 8:45 AM Main Clubhouse Gentle Yoga for Golfers 10 AM Main Clubhouse - Taylormade Fitting 10AM-2PM 6PM - Roger Tamez (Patio Lawn) 6 PM- Kids Club Pizza Party	- 9-Hole Father-Junior Scramble (South) @ 4 PM			
8	9	10	11	12	13	14			
Sunday Omelette Bar 8am - 12pm 5PM- Father's Day Dinner	Main Clubhouse Closed Strength & Condition 9:30 AM Main Clubhouse - Jr. Tennis Summer Camp	Burger Day, All Day! Mat Pilates 9:30 AM Main Clubhouse - SWGA @ 8:30AM (North)	Strength & Condition 9:30 AM Main Clubhouse - SWGA @ 8:30AM (North)	Prime Rib Thurs. after 5PM Strength & Condition 9:30 AM Main Clubhouse 6PM- Kids Book Club 6PM - Mahjong Meet	First Day of Summer Weekend Specials Friday-Sunday Pilates 8:45 AM Main Clubhouse Gentle Yoga for Golfers 10 AM Main Clubhouse 11am- SWA Luncheon 6PM - Bret Mullins (Patio Lawn)	8:00 AM - Swim Meet - MGA #6- ABCD 1-2-3 NET @ 7:30 AM South - Golf Clinics Adults @ 10AM 6:30 PM- Movie Night			
15	16	17	18	19	20	21			
Sunday Omelette Bar 8am - 12pm - Couples @ 9AM (South)	Main Clubhouse Closed Strength & Condition 9:30 AM Main Clubhouse - Jr. Tennis Summer Camp	Burger Day, All Day! Mat Pilates 9:30 AM Main Clubhouse - JR. GOLF CAMP @ 9-11 AM - Parent-Junior Chip-Off @ 5 PM 18th Green 6:30 PM- Bunco Night	Strength & Condition 9:30 AM Main Clubhouse - SWGA @ 8:30AM (South) - JR. GOLF CAMP @ 9-11 AM	Prime Rib Thurs. after 5PM Strength & Condition 9:30 AM Main Clubhouse - JR. GOLF CAMP @ 9-11 AM 6:30 PM- Corrido Tequila & Tapas	Weekend Specials Friday-Sunday Pilates 8:45 AM Main Clubhouse Gentle Yoga for Golfers 10 AM Main Clubhouse - JR. GOLF CAMP @ 9-11 AM 6PM - Roger Tamez (Patio Lawn)	- SR. Club Championship @ 8 AM (South) - Golf Clinics Adults @ 10AM 11 AM- Botox Party 6 PM- Kids Club Game Night			
22	23	24	25	26	27	28			
Sunday Omelette Bar 8am - 12pm - SR. Club Championship @ 8 AM (South) 1PM- Tom the Nature Guy	Main Clubhouse Closed Strength & Condition 9:30 AM Main Clubhouse	LEGEND		Save the Date!					
29	30	- Reservation Required (210) 496-1560 - Dining - Club Events - Social Club Meetings - Group Fitness Classes		- Live Music - Golf - Tennis - Pickleball					
		<ul style="list-style-type: none"> • Fourth of July Celebration July 4th • Not So Newlywed Game July 12th • BINGO Night July 19th • Sunday Brunch July 20th 							
		03							



INVITE YOUR FRIENDS!



Introduce the Club lifestyle with your friends and share the excitement of the good life.

CONTACT DEBBIE GONZABA FOR INFORMATION
(210) 483-4292 or dgonzaba@clubatsonterra.com

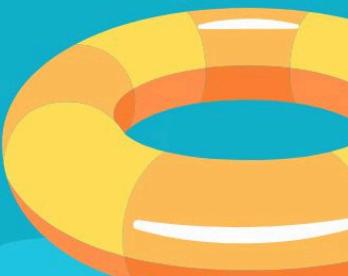
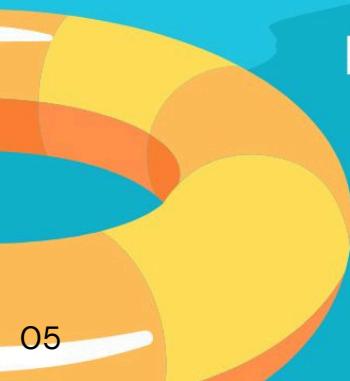
SUMMER PARTIES



AT THE
POOL

AVAILABLE AFTER
MEMORIAL DAY

CONTACT: MARISSA NORCROSS
MNORCROSS@CLUBATSONTERRA.COM
210-878-4290





FATHER DAUGHTER DINNER

Friday, June 6th at 6:30 PM
Main Clubhouse

\$44.95++
for Father & Daughter
\$10.95++
per additional daughter

Celebrate a sweet evening just for dads and daughters! Enjoy a delicious dinner featuring Rib Eye for fathers and Chicken Alfredo for daughters, plus a delightful dessert display.

RSVP Required:
(210) 496-1560

Cancellation notice must be given by Tuesday, June 3rd



FATHER'S DAY DINNER

Sunday, June 15th

Main Clubhouse

Seating at
5 PM, 6 PM & 7 PM

\$Adults: \$55++
Children: \$25++

Celebrate Dad with a buffet dinner the whole family can enjoy. Fathers will receive a complimentary cocktail (exclusions apply).

RSVP Required:
(210) 496-1560

Cancellation notice must be given by Thursday, June 12th



MOVIE NIGHT

Saturday, June 21st
at 6:30 PM

Main Clubhouse

It's Movie Night! Come enjoy a fun-filled evening at the club.

RSVP Required:
(210) 496-1560



BOTOX PARTY

**Friday, June 28th
11 AM – 1 PM**

Main Clubhouse

Join us for a Botox Party at The Club! Treatments available at just \$8 per unit. Services provided by SpaBlack and Dr. Jeneby.

**RSVP Required:
(210) 496-1560**



CORRIDO TEQUILA & TAPAS

**Thursday, June 26th
at 6:30 PM**

Main Clubhouse

\$35++

Blanco, Reposado, and Añejo tequilas meet flavorful tapas.

**RSVP Required:
(210) 496-1560**

Cancellation notice must be given by Monday, June 23rd



TOM THE NATURE GUY

**Sunday, June 29th
at 1:00 PM**

Main Clubhouse

Join Tom the Nature Guy as he showcases an exciting mix of animals and insects, giving you a chance to learn, explore, and observe nature up close.

**RSVP Required:
(210) 496-1560**



BUNCO NIGHT

**Tuesday, June 24th at
6:30 PM**

Main Clubhouse

\$10++ entry

Grab your friends and roll the dice for a fun-filled evening of laughter and friendly competition.

Whether you're a seasoned pro or a first-time player, everyone is welcome!

**RSVP Required:
(210) 496-1560**

Cancellation notice must be given by Monday, June 23rd



LIVE MUSIC

Every Friday in June

Join us on the lawn!

**DOUBLE COVER
JUNE 6TH 6 PM**

**ROGER TAMEZ
JUNE 13TH 6 PM**

**BRET MULLINS
JUNE 20TH 6 PM**

**ROGER TAMEZ
JUNE 27TH 6 PM**

The Sonterra Women's Association was established with the goal of creating meaningful relationships within the Club. Connect with peers at monthly meetings, happy hour events, and off-site events.

E-mail: SWAreservations@gmail.com

May 2025



**Join SWA Luncheon
as we
Salute our
Stars & Stripes**

Music Military Memories Medleys

Attire: Red, White & Blue
Featured Drink: Enchanted Sunrise

Reservations Required
RSVP Deadline Monday, June 16th, 2025.

If you are bringing a guest or have a special menu, please email your name and member number to SWAreservations@gmail.com

If you register and do not attend and do not cancel before the deadline, you will be charged.

RSVP: SWAreservations@gmail.com

Menu

Grilled Chicken and Watermelon Salad
Marinated Chicken Breast - Ripe Watermelon
Feta Cheese-Baby Greens-Cucumbers
Green Goddess Dressing
Warm Dinner Rolls - Whipped Butter

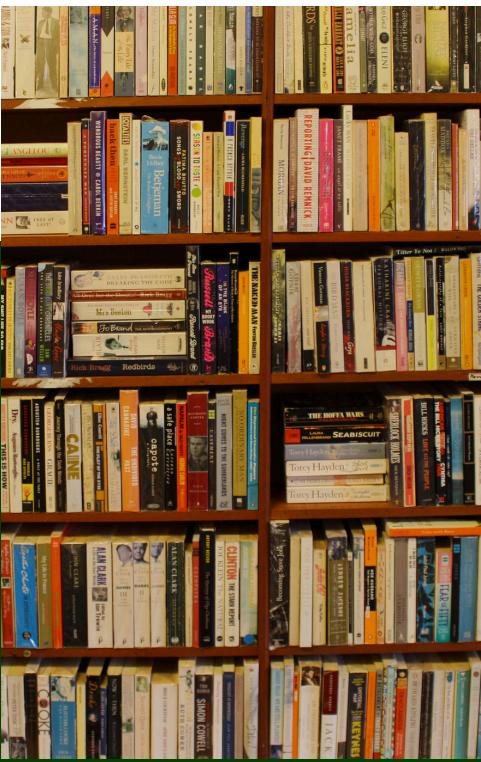
Dessert
Vanilla and Chocolate Mousse
Marinated Berries - Sweet Cream

\$30 per person

Come Ready to celebrate freedom, friendship, and FUN!

20 JUNE 2025

**11:00 AM Social
11:30 Luncheon**



KIDS BOOK CLUB

Thursday, June 19th at 6:00 PM

Main Clubhouse

Book to Discuss:
Because of Winn-Dixie
by: Kate Di Camillo

Books open the door to exciting worlds and we explore them together! Join us for a playful and engaging reading experience made just for kids.

RSVP Required:
(210) 496-1560

KIDS CLUB PIZZA PARTY

Friday, June 13th at 6:00 PM

Kids Club

\$20++

Nothing brings friends together like pizza! Come hang out, play, and enjoy a slice (or two!) at our Kids Club Pizza Party.

RSVP Required:
(210) 496-1560

Cancellation notice must be given by Monday, June 23rd

KIDS CLUB GAME NIGHT

Saturday, June 28th at 6:00 PM

Kids Club

\$20++

Let's play! Game Night is the perfect way to have fun, try something new, and enjoy time with friends.

RSVP Required:
(210) 496-1560

Camp Sonterra

Weekly Sessions:

June 9 - July 25

Camp will be closed the week of June 30.



Monday - Friday

9am - 4pm

Ages 5-12

Drop-Off: 8:30am - 9am

After-Care: 4pm - 5:30pm

After-Care is an additional \$65 per week

Weekly Tuition

Club Members, \$375

Accompanied Guests, \$425

Lunch and snack included with tuition.



Refund Date: Sunday, June 8.

A one-time non-refundable \$45 registration fee includes 2 camp shirts.



ENROLL AT: WWW.KECAMPS.COM



GOLF

Dust off your clubs and brush up on some basics of the sport we love. All skill levels are welcome to the clinics. Read the details and join the fun! Clinics are taught by our Golf Professionals, Josh Sellers, Louie Maldonado, Michael Cernosek, and Cody Christian.

ADULT GOLF

Taught by: Michael Cernosek

SATURDAYS | 10:00 AM

June 7th, 21st, 28th

MEET AT THE PUTTING GREEN

Fun and friendly environment to learn golf and meet others for all levels.

\$35

This instruction is designed for golfers of all skill levels. Members will learn alongside Michael Cernosek or through observation.

TOPICS

Fundamentals

Full Swing

Chipping/Pitching

Getting out of the Sand

Putting

Course Management

JUNIOR GOLF CAMP

Taught by: Josh Sellers, Louie Maldonado & Cody Christian

June 24th, 25th, 26th, 27th

Ages 6 & Up

TIME: 9:00 AM – 11:00 AM

\$25 per day

Daily Focus

Set-Up

Grip

Alignment

Putting

Chipping

Full Swings

JUNE-YOUR GOLF

A Month of Fun Golf Events for Parents and their Juniors!

June 7th

Putting Contest on South Green – 5 PM

June 14th

9 Hole Father / Junior Scramble on South Course – 4 PM

June 24TH

Sonterra Parent / Junior Chip-Off – 5 PM

Call the Golf Shop for Information | (210) 491-9900

GOLF

SENIOR CLUB CHAMPIONSHIP

June 28th & 29th

Entry Fee: \$75

We Invite All Full Golf
Members 50 and
Over to Participate

100% of the entry fee will be
paid out to Goss and Net

June 28th

Round 1: South Course
8:00 AM Tee Times

June 29th

Round 2: South Course
8:00 AM Tee Times

GGID: CAS25SRCHAMP

*Payouts subject to change based on field size

UPCOMING GOLF EVENTS

MEMBER-MEMBER

2025

August 22-24, 2025

Open to All Golf Members

August 22nd

- Mixer Party
- Complementary Keg, Heavy Hors D'oeuvre

August 24th

- R2: 9:00 AM Shotgun
- South Course Best Ball
- Breakfast Tacos Before Play
- Lunch After the Round

August 23rd

- R1: 9:00 AM Shotgun
- North Course Chapman
- Breakfast Tacos Before Play
- Lunch After Play

- Closest to the Pin Contest at the Mixer Party for the Players
- 1st Place Overall Wins Trophy
- Prizes 1st, 2nd, and 3rd of Each Flight*
- Closest to the Flag Each Day
- Custom Gift Includes

\$350 per team

Register Now – 50 Team Limit

GGID: CAS25MM

Call the Golf Shop for Information | (210) 491-9900

CLUB EVENTS 2025

OPEN TO ALL GOLF MEMBERS

JUNE
28-29

SR. CHAMIONSHIP

R1: S 8 AM R2: S 8 AM
GGID: CAS25SRCHAMP

AUGUST
23-24

MEMBER/MEMBER

R1: N 9 AM CHAPMAN | R2: S 9 AM BEST BALL
GGID: CAS25MM

SEPTEMBER
28

PARENT-JUNIOR TOURNAMENT

11 AM SHOTGUN START
GGID: CAS25PJ

OCTOBER
17-19

MENS CHAMPIONSHIP

R1: N 1 PM | R2: S 8 AM | R3: N 8 AM
GGID: CAS25MENSCHAMP

OCTOBER
18-19

WOMENS CHAMPIONSHIP

R1: N 8 AM | R2: S 8 AM
GGID: CAS25WOMENSCHAMP

Sunburst

OCTOBER 1-4

R1: N 9 AM | R2: S 10 AM | R3: N 9 AM

Classic Affair

OCTOBER 7-9

R1: N 9 AM | R2: S 9AM

SEE GOLF PROFESSIONALS FOR MORE INFORMATION

210.491.9900

2025 SONTERRA CUP STANDINGS

Key Events Contributing to the Standings:

ABC Scramble
 4 Man Stableford
 Mem/Mem Match Play
 Moneyball
 Later this Year:
 Chapman
 Individual Match Play
 President's Choice
 Brute

Join us in celebrating the incredible performance of our top layers and all participants! Keep striving for greatness on the greens! 



Rank	Name	Score	Rank	Name	Score
1	Michael McKinney	944.5	31	Eddie Castaneda	635
2	Mike Flores	828	32	Tim Cain	627
3	Roland Spencer	825	33	Paul Larson	625
4	Rick Gordon	822	34	Tim Koxlien	618
5	Nick Vanderpool	818	35	Justin Elliott	615
6	Harold Oliver	815	36	Darin Anderson	615
7	Scott Barton	807	37	Blake Kohutek	600
8	Matthew Baebler	800	38	Allan Pundt	597
9	Trey Sears	792	39	David Kiolbassa	592
10	Jon Santiago	765	40	Dave Moore	590
11	Irwin Zucker	745	41	Barrett Tondre	590
12	Tommy Harrison	740	42	Brad Noel	583
13	Trey Tollette	738	43	Dan Lawrie	583
14	Roger Hopkins	730	44	Mike Miller	583
15	Walt Sears	720	45	Steve Carter	570
16	Brian Coulter	713	46	Greg Drott	545
17	Jose Dania	707	47	Tony Reyes	545
18	Jeff Gibbons	705	48	Kevin Justice	540
19	Jimmy Bourne	702	49	Mark Bailey	535
20	Steve Patafie	687	50	Hugo Balderas	535
21	Steve Mckim	675	51	Mike Biviano	532
22	William Schilling	674.5	52	Roger Festor	520
23	Corey Mowen	662	53	Robert Baldwin	518
24	Joe Flores	658	54	Trey Welch	510
25	Damon Sutterfield	655	55	Phil Lietz	500
26	Bob Mitchell	655	56	Justin Kelley	495
27	Richard Flourney	652	57	Brian Strenk	490
28	David Canning	645	58	Trevor Foster	480
29	Bill Rooney	645	59	Jeff Rosaasen	455
30	Ronald Botello	640	60	Bobby Lange	453

*HOLE-IN-ONES MAY
 Scott Barton
 Jeff Neil

NOTE FROM THE DIRECTOR OF GOLF- ZACH RAMSEY VISUALIZE THE SHOT

Always have a mental picture of the shot you want to play. Think positively, but realistically. Replaying the image of the shot in your mind gives your body a good chance to execute it successfully.

MGA INVITES YOU

EVENT SIX - JUNE 21

- 4-MAN ABCD
- 7:30 AM SHOTGUN (SOUTH)
- TEE'S PLAYED- BLUE, WHITE+, WHITE, GREEN:
50% OF ROUNDS PLAYED
- CASH SKINS
- BREAKFAST TACOS, LUNCH, DRINK TICKETS

DEADLINE TO SIGN UP- WEDNESDAY, June 18th
@ 5:00 PM

Sign up in Golf Genius: CAS25MGA6
Earn points throughout the year for Sonterra Cup!

For more information about the MGA,
including a full schedule of events, point
standings, and the current board,
visit, clubatsonterra.com/golf#MGA



**A-B-C-D
1-2-3 NET**

Saturday, June 21st

*Sign up
on Golf
Genius*



SIGNING UP IS EASY! On the Golf Genius mobile app, sign in using a 'ggid.' You will NOT use an email or password. Once logged in with the 'ggid,' navigate to the member portal -> event information -> event registration. You will be asked to provide information to verify your membership. Click REGISTER! The handicap computer in the Golf Shop June also be used.

UPCOMING EVENTS

JULY 18TH | 8:30 AM

- Race to the Cup

AUGUST 16TH | 8:30 AM

- Mulligan's Scramble (North)
- GGID: CAS25MGA7

SEPT. 13TH & 14TH | 8:30 AM

- The Brute (North)
- GGID: CAS25MGA8

NOV. 1ST & 2ND | 8:30 AM

- The Sonterra Cup



Enter for a chance at \$125,000!

LIVE MUSIC • KEG PARTY • OPEN TO ALL MEMBERS

6:00-9:00PM

**Three Qualifier Events. Three Winners per Event.
Nine Finalists. OPEN TO ALL SONTERRA MEMBERS!**

April 25

~~CLOSEST TO THE PIN~~

6:00 pm Start Time #10 North Red Tee Box. Entry is \$20/person. Top 3 winners paid out and advance.

May 23

~~12 HOLE PUTTING CONTEST~~

6:00 pm Start Time. Entry is \$20/person. Top 3 winners paid out and advance.

June 6

CHIP OFF ON #18 GREEN

6:00 pm Start Time. Entry is \$20/person. Top 3 winners paid out and advance.

June 6 CHAMPIONSHIP

HELD AFTER THE FINAL QUALIFIER!

The 9 Qualifiers will participate in the Hole in One Shootout for \$125,000!!!

Brought to you by:



Bryan Heath



Darin Anderson



Donnie Ferguson

GOLF WITH SWGA

Summer golf is in full swing for our members.

Many are not only playing in our Sonterra weekly events, but traveling around Texas and our country playing in member-guest events at other country clubs.

Congratulations to Sheryl Redwine and Michele Bellinger for winning their flights in the annual Texas Senior Women's Golf Tournament held in Abilene, Texas.

SWGA plays every Wednesday, teeing off at 8:30 am. Call the Pro Shop, 210-491-9900, to reserve a spot.

June 4 th	8:30am North Course
June 11 th	8:30am South Course
June 18 th	8:30am North Course
June 25 th	8:30am South Course

SPRING TO NEW HEIGHTS

Hours of Operation:

Monday – Friday: 6:00 AM to 9:00 PM

Saturday & Sunday: 6:00 AM to 6:00 PM

Visit our wellness center, where we offer a full range of fitness machines and free weights – perfect for everyone, from beginners to seasoned pros. Whether you're just starting your fitness journey or looking to level up, we have everything you need.



Don't forget, certified personal trainers available by appointment!

GROUP FITNESS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
Strength & Conditioning with Annette Mongold 9:30 – 10:30am	Mat Pilates with Anne Walker 9:30 – 10:30am	Strength & Conditioning with Annette Mongold 9:30 – 10:30am	Strength & Conditioning with Annette Mongold 9:30 – 10:30am	Pilates with Sondra Woods 8:45 – 9:45 am Gentle Yoga for Golfers with Sondra Woods 10:00 – 11:00 am

CONTACT THE INSTRUCTORS

Annette Mongold (609) 694-3548

Anne Walker (210) 710-4737

Sondra Woods (831) 251-0519

SONDRA WOODS

Sondra, a Santa Cruz native, discovered the life-changing power of yoga and meditation, which completely transformed her path. Now a 500-HR Registered Yoga & Mindfulness Teacher, NASM Certified Wellness Coach, and AFFA Certified Fitness Instructor, she brings over 21 years of experience to her work. After 20 years as a corporate executive, she now offers group classes and one-on-one sessions in yoga, Pilates, Barre, TRX, and wellness coaching. With a holistic approach to mind and body, Sondra believes joy and inner peace are possible for everyone. "I would love to help, I can help, I am proof that mindfulness and movement change lives. We only live once—let's make it the most amazing life possible, together."



Contact Sondra Woods: (831) 251-0519



NEW FRIDAY CLASSES

PILATES: 8:45 – 9:45 AM

Fire up your core and glutes in this upbeat strength class that's all about building power where it counts. With fun music and good vibes, you'll crunch, squeeze, and plank your way to a stronger you! Bring a mat. All ages and levels are welcomed.

GENTLE YOGA FOR GOLFERS: 10:00 – 11:00 AM

Boost your game with yoga designed to improve mobility, strength, and focus. This class targets hips, shoulders, and spine to enhance your swing, prevent injuries, and build balance and core strength. Bring a mat. All levels are welcomed.

WELCOME!

SONTERRA STINGRAYS SUMMER LEAUGE SWIM TEAM 2025



WHAT TO EXPECT

Hello! Thank you for joining the Sonterra Stingrays Summer Leauge Swim Team! Our goal is to foster a friendly, yet competitive swim environment that encourages a collaborative spirit of sportsmanship shared by swimmers, coaches, parents, officials, & spectators alike.

If you have any questions or concerns, please contact the Head Coach, Mabel Fowler.

Email: fowlermabel23@gmail.com

Phone: 830-275-2020

MEET SCHEDULE

Saturday, May 31 @Sonterra
Monday, June 9 @Timberwood Park
Saturday, June 14 @Converse
Saturday, June 21 @Sonterra
Tuesday, July 1st @NEISD (Champs)
Tuesday, July 8 @Wildhorse Pool
(All Stars) ***Qualifiers Only

IMPORTANT REMINDERS

Participants must be able to swim 25yds unassisted to meet the team's requirements. Parent volunteers are NECESSARY for ALL meets. Parents are required to volunteer for a role at 2 meets. Fins are required for swimmers at practice. Swimmers 13 &up are encouraged to attend the 6:00-6:45pm practice.

TENNIS

Call the Tennis Shop for More Information | (210) 491-9888

SUMMER LEAGUES

Monday

Men's League 7 PM

Tuesday

Men's League 7 PM

Wednesday

Ladies League 7 PM

Pickleball League 7 PM

Thursday

Mixed Dbls League 7 PM



JR. TENNIS SUMMER CAMP

Beginner Camp

Ages 4 - 7

8:30 AM - 9:30 AM

Monday - Thursday

\$86 per session or \$30 daily

Inter/ Advanced Camp

Ages 8 & up

9:30 AM - 1:30 PM

Monday - Thursday

\$344 per session or \$100 daily

Lunch can be ordered in advance from the Sports Grill or brought from home

June

2-5

9-12

16-19

23-26

July

7-10

14-17

21-24

August

4-7

HIT FOR



THE HEART

WHY THIS NIGHT MATTERS

On December 30, 2023, while on vacation with his family, Chuck Bowman survived a Sudden Cardiac Arrest—a rare and life-threatening event. After finishing his morning workout and cold plunge, Chuck received a text from his wife asking him to pick up donuts for their kids. He walked into the bakery section of a local grocery store, selected the donuts, and closed the lid on the box—the last moment he remembers. At that instant, Chuck's heart experienced a catastrophic electrical malfunction and went into ventricular fibrillation, cutting off blood and oxygen to his brain and vital organs. He collapsed



The Bowman Family

on the spot. Fortunately, a bystander witnessed the fall and immediately called 911. In a remarkable stroke of luck, an ambulance was stopped at the traffic light just outside the store. Within minutes, emergency responders reached Chuck, found him unresponsive, and began life-saving measures. He was administered two doses of epinephrine, and after the third shock from an AED, his heart began to beat again. Chuck is among the fortunate 10% who survive Sudden Cardiac Arrest outside a hospital setting. His survival has inspired a renewed sense of purpose: to raise awareness about heart health and champion life-saving emergency response protocols. Please join Chuck, Emily, Charlie, and Solomon on June 12th at 5:30 PM for an evening of connection, reflection, and inspiration.

Hit For the Heart is a community and family-focused Tennis and Pickleball event to increase heart health awareness and emergency protocol demonstrations

Thursday, June 12th

**\$75 - INCLUDES
EDUCATION, BOX DINNER,
T-SHIRT & FUN!**

EVENING SCHEDULE

- **5:30PM - 6:30PM**
CPR / AED Demonstrations
- **6:30PM - 7:00PM**
Box Dinner Provided
- **7:00PM - 8:30PM**
Tennis / Pickleball Play

**SCAN THE
QR CODE
TO REGISTER**



Ladies Summer Tennis Clinics with **CELINE**

Text Celine For
More Information
210-748-6604



DINING IN JUNE



Burger Night
Every Tuesday, All Day
Served all day and off the
grill after 5:00PM every
Tuesday! \$9.95++



Sunday Omelet Station
Served from
8:00AM – 12:00PM
at the 19th Hole
Choose from a fresh variety
of toppings and proteins for
your perfect breakfast
creation.
\$18++ and includes a choice
of mimosa or bloody mary!

Prime Rib Thursday

Every Thursday| After 5:00pm

Two Prime Cuts Offered:

- 10oz | \$24.95++
- 14oz | \$29.95++

Includes a baked potato & Chef's
vegetable of the week.

AMERICAN HISTORY CLUB

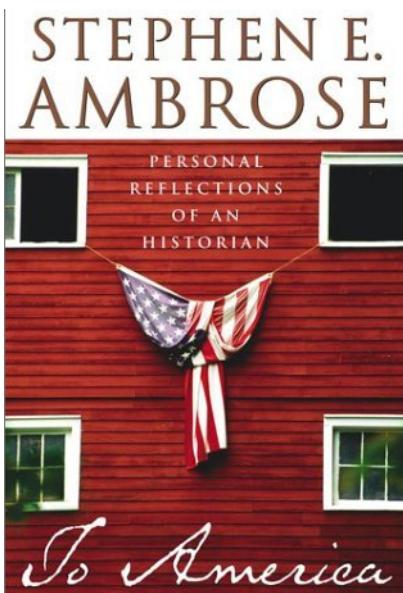
Thursday, June 5th at 7:00pm

Main Clubhouse

In To America, Stephen E. Ambrose, one of the country's most influential historians, reflects on his long career as an American historian and explains what an historian's job is all about.

Contact Doug Schueneman to learn more and join!

Email: schueneman.doug@gmail.com



To America: Personal Reflections of an Historian

BOOK CLUB

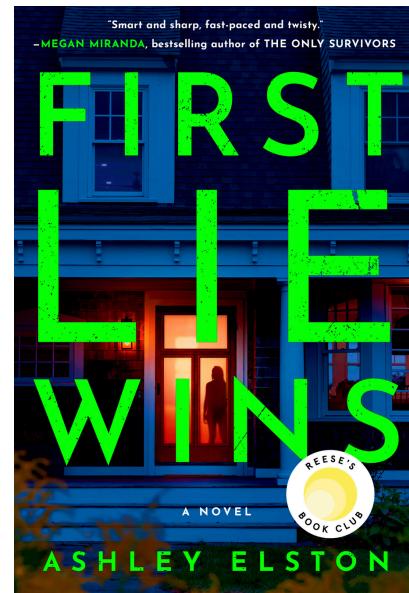
Thursday, June 12th at 7:00pm

Main Clubhouse

Evie Porter has everything a nice, Southern girl could want: a perfect, doting boyfriend, a house with a white picket fence and a garden, a fancy group of friends. The only catch: Evie Porter doesn't exist.

Contact Sylvia Theall to learn more and join!

Email: sylviatheall@gmail.com



First Lie Wins



POKER CLUB

Contact Bruce Graham to Sign Up!

Call (210) 415-9503 or

Email brucegraham@satx.rr.com



MAHJONG MEET

Thursday, June 19th

at 6:00 PM

Main Clubhouse

**Contact
Nancy Marelli
to Sign Up!**

**Call:
(210) 602-2102**

**Email:
nmarelli@att.net**

UPCOMING EVENTS IN JULY



NOT SO NEWLYWED GAME

*Saturday, July 12th | 6:30 PM
Main Clubhouse*

It's love, laughter, and a little friendly competition! Join us for the Not-So-Newlywed Game as couples go head-to-head to see who knows each other best.

RSVP: (210) 496-1560



BINGO

*Saturday, July 19th | 6:00 PM
Main Clubhouse*

Bingo Night is back! Don't miss the fun, the prizes, and the lucky streaks.

*RSVP Required: (210) 496-1560
72 Hour Cancellation Policy in Effect*



SUNDAY BRUNCH

Sunday July 20th 11:00 AM

Sundays are better with brunch! Come enjoy a morning of good eats and friendly faces.

RSVP: (210) 496-1560



MOVIE NIGHT

*Saturday, July 26th | 6:30 PM
Main Clubhouse*

It's Movie Night! Come enjoy a fun-filled evening at the club.

RSVP Required: (210) 496-1560



4TH OF JULY

Friday, July 4th

POOL PARTY

1:00pm - 4:00pm

Burger & Hot Dog Buffet

Water Slide, Pool Games & DJ

DINNER BUFFET

5 PM, 6 PM, 7 PM Reservations Required

\$24.95++ per Adult

\$17.95++ per Child



DRIVING RANGE

7:00pm - 10:00pm

DJ, Food Concessions, Games & Activities

Coupon Cash Bar Available



FIREWORKS @ 9:15PM

NO Outside Food, Drinks, Tumblers, or Coolers Allowed

THANK YOU FOR READING

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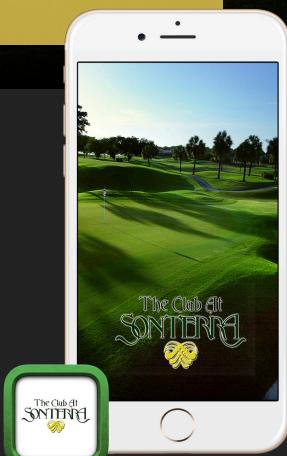
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