

oxford seniors

# community adult day service



CREATING COMMUNITY SINCE 1953

## Six-week Menu

Breaded Pork Tenderloin on a Whole  
Wheat Bun with Mayonnaise, Lettuce,  
Tomatoes and Onion  
Mixed Vegetables  
Fruited Gelatin Salad  
Dt: Sugar Free Fruited Gelatin Salad

Cheese Stuffed Shells with Marinara and  
Parmesan Cheese  
Tossed Salad  
Italian Green Beans  
Fruit Cobbler  
Dt: Vanilla Wafers

Homemade Chicken Pot Pie  
Corn  
Dinner Roll  
Tossed Salad w/Dressing  
Hot Spiced Apple Slices

Pot Roast w/Gravy  
Whipped Potatoes  
Broccoli  
Dinner Roll  
Fresh Fruit in Season  
Fudge Brownie  
Dt: Vanilla Wafers

Bourbon Chicken  
Vegetable Fried Rice  
Japanese Stir Fry Vegetables  
Tossed Salad  
Fortune Cookie

Spaghetti with Meatballs  
Parmesan Cheese  
Tossed Salad  
Dinner Roll  
Fresh Fruit  
Pudding  
Dt: Sugar Free Pudding

Chicken Salad on Croissant  
Italian Pasta Salad  
Raw Baby Carrots with Ranch Dressing  
Peaches  
Fruit Cup

Homemade Meatloaf w/Gravy  
Whipped Potatoes  
Carrots  
Dinner Roll  
Fresh Fruit in Season  
Fudge Brownie  
Dt: Vanilla Wafers

Roast Turkey w/Gravy  
Dressing  
Sweet Potatoes  
Vegetable Medley  
Pineapple Chunks  
Fruit Cup

Homemade Beef Stew  
Corn  
Corn bread  
Coleslaw  
Mandarin Oranges  
Graham Crackers

Hamburger on a Whole Wheat Bun w/  
Mayonnaise, Lettuce, Tomatoes and  
Onion  
Scalloped Potatoes  
Coleslaw  
Fresh Fruit

Biscuits & Gravy  
Scrambled Eggs  
Seasoned Potatoes  
Fresh Fruit  
Cottage Cheese

Chicken Alfredo with Pasta  
Broccoli

Tossed Salad  
Dinner Roll  
Fruit Crisp  
Dt: Peaches

BBQ Pulled Pork  
Sweet Potato Pudding  
Green Beans  
Corn bread  
Fruit Cocktail  
Sugar Cookies  
Dt: Graham Crackers

Beef & Noodles  
Garden Peas  
Tossed Salad  
Dinner Roll  
Chilled Pineapple  
Pudding  
Dt: Sugar Free Pudding

Homemade Chili with Beans on Spaghetti  
Onions and Shredded Cheese  
Green Beans  
Saltine Crackers  
Hot Spiced Apples  
Fudge Brownie  
Dt: Vanilla Wafers

Chicken Strips  
Baked Beans  
Coleslaw

Dinner Roll  
Gelatin with Mandarin Oranges &  
Bananas  
DT: Sugar Free Gelatin

Meat Lasagna  
Vegetable Medley  
Slice Garlic Bread  
Fresh Fruit  
Cookies  
Dt: Vanilla Wafers

Smoked Sausage with Cabbage  
Redskin Potatoes  
Corn Bread  
Applesauce  
Lorna Doone Cookies

Fiesta Chicken  
Spanish Rice  
Black Beans  
Roasted Corn  
Fresh Fruit  
Cookies  
Dt: Graham Crackers

Homemade Beef, Tomato, and Macaroni  
Casserole  
Vegetable Medley  
Dinner Roll  
Peaches  
Chocolate Pudding  
Dt: Sugar Free Pudding

Beef BBQ on a Bun  
Mixed Vegetables  
Coleslaw  
Fresh Fruit in Season  
Fudge Brownie  
Dt: Vanilla Wafers

Homemade Chicken and Noodles  
Tossed Salad

Broccoli  
Applesauce  
Cookies  
DT: Graham Crackers

Carrots  
Tossed Salad  
Dinner Roll  
Fruit Cocktail

Country Fried Steak w/ Gravy  
Green Beans  
Roasted Sweet Potatoes  
Cornbread  
Pears  
Pudding  
DT: Sugar Free Pudding

Italian Grilled Chicken Breast  
Roasted Potatoes  
Garden Peas  
Tossed Salad  
Fruit Cup

Chicken Nuggets  
Mac and Cheese  
Key Largo Vegetables  
Coleslaw  
Lemon Bar  
Graham Crackers

Hot Dog on Bun  
Baked Beans  
Coleslaw  
Fresh Fruit Cup  
Cookies  
Dt: Graham Crackers

Pulled Chicken Breast on a Whole Wheat  
Bun with Lite Mayonnaise, Lettuce,  
Tomatoes and Onion  
Baked Beans  
Fruit Crisp  
DT: Peaches

Salisbury Steak with Gravy  
Whipped Potatoes  
Carrots  
Dinner Roll  
Applesauce  
Fudge Brownie  
Dt: Graham Crackers

Roast Chicken with Gravy  
Garden Blend Rice