



Lunch Menu

New World CDC, Sunnyvale

January 2026

1/1 Thur	星期一	星期二	星期三	星期四	星期五
第一周 12/28				Holiday Week Center Closed	Holiday Week Center Closed
第二周 1/4	海鮮油豆腐 Seafood, Tofu	豆腐肉末(加胡 蘿蔔青豆) Veggie, Tofu w/ground pork	番茄, 菠菜炒蛋 Tomato, Spinach, Egg	肉燥香菇, 卤蛋, 炒时菜 Braised Pork, Egg, Mushroom	Macaroni & Cheese
第三周 1/11	紅燒獅子頭 Chinese Style Meat Ball, Vegi	甜豆, 西兰牛肉 Sugar Peas, Broccoli Beef	咖哩雞 Curry Chicken	椒鹽魚片, 炒时菜 Salt & Pepper Fish, Vegi	義大利麵 Meatball or Veg., Spaghetti
第四周 1/18	肉燥香菇, 卤蛋, 炒时菜 Braised Pork, Egg, Mushroom	海鮮油豆腐 Seafood, Tofu	豆腐肉末(加胡 蘿蔔青豆) Veggie, Tofu w/ground pork	番茄, 菠菜炒蛋 Tomato, Spinach, Egg	Pizza
第五周 1/25	甜豆, 西兰牛肉 Sugar Peas, Broccoli Beef	咖哩雞 Curry Chicken	椒鹽魚片, 炒时 菜 Salt & Pepper Fish, Vegi	紅燒獅子頭 Chinese Style Meat Ball, Vegi	Chicken Tender

Catering by Shanghai Family Restaurant, Cupertino

MENU SUBJECT TO CHANGE

*Fat-free or 1% milk and fruit are included in every meal and most of the time with rice.

*\$5 dollars per meal.

Jan 2026	星期一	星期二	星期三	星期四	星期五
第一周				1	2
第二周	5	6	7	8	9
第三周	12	13	14	15	16
第四周	19	20	21	22	23
第五周	26	27	28	29	30

*Please Circle the date you order lunch

*Orders are to be placed no later than the Thursday before the end of the month.

Room _____ Name _____ Total _____ x\$5 : _____ Date: _____