



Lunch Menu

New World CDC, Sunnyvale

October 2026

10/1 Thu	星期一	星期二	星期三	星期四	星期五
第一周 9/27				肉燥香菇, 卤蛋, 炒时菜 Braised Pork, Egg, Mushroom	番茄, 菠菜炒蛋 Tomato, Spinach, Egg
第二周 10/4	Macaroni & Cheese	紅燒獅子頭 Chinese Style Meat Ball, Vegi	豆腐肉末(加胡 蘿蔔青豆) Veggie, Tofu w/ground pork	咖哩雞 Curry Chicken	甜豆, 西兰牛肉 Sugar Peas, Broccoli Beef
第三周 10/11	義大利麵 Meatball or Veg., Spaghetti	椒鹽魚片, 炒时 菜 Salt & Pepper Fish, Vegi	四季豆雞 Green Bean w/Chicken	海鮮油豆腐 Seafood, Tofu	肉燥香菇, 卤蛋, 炒时菜 Braised Pork, Egg, Mushroom
第四周 10/18	Pizza	番茄, 菠菜炒蛋 Tomato, Spinach, Egg	紅燒獅子頭 Chinese Style Meat Ball, Vegi	豆腐肉末(加胡蘿 蔔青豆) Veggie, Tofu w/ground pork	Field Trip Bring Your Own Lunch
第五周 10/25	Chicken Tender	咖哩雞 Curry Chicken	甜豆, 西兰牛肉 Sugar Peas, Broccoli Beef	椒鹽魚片, 炒时菜 Salt & Pepper Fish, Vegi	四季豆雞 Green Bean w/Chicken

Catering by Nutrition Restaurant, Cupertino

MENU SUBJECT TO CHANGE

*Fat-free or 1% milk and fruit are included in every meal and most of the time with rice.

*\$5 dollars per meal.

Oct 2026	星期一	星期二	星期三	星期四	星期五
第一周				1	2
第二周	5	6	7	8	9
第三周	12	13	14	15	16
第四周	19	20	21	22	23
第五周	26	27	28	29	30

*Please Circle the date you order lunch

*Orders are to be placed no later than the Thursday before the end of the month.

Room Name _____ Total _____ x\$5 : _____ Date: _____