



New Trier Aquatics Required Equipment



Required Equipment/Team Store

Every swimmer is required to have a team suit. Team suits MUST be worn at meets unless otherwise directed by the coaching staff.

Every swimmer is required to have a team cap. Team caps MUST be worn in practice and at meets.

Swimmers are required to bring the following equipment to practice every day:

Group	Required Equipment
Bronze	Team Cap, Team Suit, Goggles, Water Bottle, Mesh Bag, Short Fins, Jr Kickboard
Silver	Team Cap, Team Suit, Goggles, Water Bottle, Mesh Bag, Short Fins, Kickboard, Snorkel, Tempo Trainer
Gold I/I	Team Cap, Team Suit, Goggles, Water Bottle, Mesh Bag, Short Fins, Kickboard, Snorkel, Tempo Trainer, Paddles, Nose Clip (optional)
Gold III	Team Cap, Team Suit, Goggles, Water Bottle, Mesh Bag, DMC Fins, Kickboard, Snorkel, Tempo Trainer, Paddles, Nose Clip (optional), Foam Roller, Lacrosse Ball
Senior	Team Cap, Team Suit, Goggles, Water Bottle, Mesh Bag, DMC Fins, Kickboard, Snorkel, Tempo Trainer, Paddles, Nose Clip, Foam Roller, Lacrosse Ball

Swimmers can purchase these items at a discount at our team store online, or by visiting Elsmore Swim Shop in Glenview.

[Click here to purchase equipment and apparel from our online team store.](#)