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New *Healing Magazine* Issue Explores Ways to Talk About Mental Health

SCHNECKSVILLE, PA (June 22, 2026) - Despite the decline in stigma and greater recognition of the need for comprehensive mental and behavioral healthcare in our society, people continue to struggle with talking about such issues with their family and friends.

In the latest issue of *Healing Magazine*, published today at www.healingmagazine.org, KidsPeace examines ways to break down barriers to sharing insights and concerns related to mental health:

- How families can use empathy and the power of supportive language to connect with a struggling child
- How respectful communication and language that focuses on “behavior, not character” can help open a connection with someone coping with a substance use disorder
- How understanding the communication styles of a person with autism can lead to interactions that fulfill the expectations of all those involved
- And how a public official came to the decision to talk publicly about their private mental health struggles, and what happened next.

The issue also features an explanation of “sandscape therapy” in unlocking a child’s memory of trauma, as well as the power of experiencing nature in helping kids grow strong and confident. An education expert explains why making mistakes actually can be where learning happens for students, and the magazine examines how a new trend in community-based therapeutic dialogue is helping make mental health support services more accessible.

Healing Magazine is KidsPeace’s award-winning flagship publication, published twice a year and featuring information and insights on subjects of interest to therapeutic professionals, educators, parents, policy makers – anyone with an interest in helping kids grow, thrive and succeed in their lives.

Healing Magazine is celebrating its 30th anniversary in 2026. Individuals can sign up for a free subscription and access previous articles and editions at www.healingmagazine.org.

Since 1882, KidsPeace has been building on its expertise to give hope, help and healing to children, adults and those who love them. Through its comprehensive range of residential treatment programs; accredited educational services; unique psychiatric hospital and foster care and community-based programs, KidsPeace is dedicated to helping people connect, transform and overcome their challenges to ensure a stable future, transition to adulthood and gain independence. Since its doors opened, more than 300,000 children have participated in one of the multitude of programs KidsPeace offers.

For additional resources or more information on how to get involved, become a foster parent or make a donation, please visit www.kidspeace.org. Follow us at www.facebook.com/kidspeace.org or on Twitter @KidsPeace.

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