



Dual Diagnosis Professional Conference Series

Shifting the Focus of Treatment

Away from Behavior and Towards Thinking

October 1, 2026

10:00am – 2:00pm

What is the Dual Diagnosis Professional Conference Series?

The Department of Human Services' **Office of Developmental Programs (ODP)** and the **Office of Mental Health and Substance Abuse Services (OMHSAS)** are pleased to announce the Dual Diagnosis Professional Conference Series, which offers presentations focused on supporting individuals with intellectual disabilities and autism (ID/A) and mental health needs. The selected presenters share their expertise on best and promising practices as well as providing general knowledge. Session topics, which focus on increasing capacity to serve individuals with dual diagnosis in the community, are chosen based on identified needs and with input from the field of professional stakeholders.

- The invited audience of all professional stakeholders, including direct and clinical supporters for individuals with ID/A, are encouraged to attend.
- Registration is required and at no charge to attendees.
- Four (4) hours of training credit and a certificate of achievement are provided.

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DESCRIPTION

Introducing Intensive Systems Therapy (IST), a model for integrating deliberate thinking into support strategies for volatile individuals.

Part 1: Introduction to the IST model. This includes:

- Discussing the stated goals for treatment and the IST with focus on thinking.
- Presenting the core theoretical and structural components of IST.
- Illustrating the application of theory in an IST weekly session.

Part 2: Review of the theoretical basis of IST. Present Case Studies and also allow Q&A with attendees.

AGENDA

10:00am - 11:30am: Part 1: Introduction to the IST model

11:30am - 12:00pm: Break

12:00pm - 2:00pm: Part 2: Review of the theoretical basis of IST

PRESENTER

Constance M. Romer-Quirin M.S.

Constance is a licensed psychologist specializing in the treatment of individuals who have neurodiversity, developmental disabilities, genetic and metabolic disorders, and autistic spectrum disorders. She has a private practice in Wayne, Pennsylvania, serving the general population. Constance is a former consultant with Center for Excellence for Mental Health Treatment for Persons with Intellectual Disabilities, Department of Psychiatry, Rowan University, Cherry Hill, New Jersey, as well as for residential and day program services in Pennsylvania and New Jersey. She has presented at regional and national conferences, is a trainer for Psychiatric hospitals, state facilities, private facilities and private organizations, the Founder and Principal of *Lives in Motion*, and developer of Intensive Systems Therapy.

HOW TO ATTEND

REGISTRATION LINK: [**Dual Diagnosis Professional Conference Series**](#)

The session will be offered virtually via the Zoom® platform. The Zoom link for joining the session will be sent to the email you used to register using the registration link above. The join link will be unique to your registration. Please do not share this link.

For questions on registration, email: patraining@columbusorg.com