



BETA
WELLNESS

DETOX, DE-STRESS,
AND RECHARGE.

THE POWER OF HEAT

Heat therapy boosts recovery by increasing blood flow, reducing inflammation, and relaxing tense muscles. Infrared saunas, deliver deep, targeted warmth that soothes soreness, enhances flexibility, and accelerates healing, making it a vital component of any wellness routine.

Other benefits for Improved health are:

DETOXIFICATION

Sweating in a sauna helps flush out toxins and impurities from the body through the skin.

IMPROVED CIRCULATION

Heat exposure increases heart rate and blood flow, promoting cardiovascular health.

STRESS RELIEF

The warmth and calming environment reduce stress and anxiety, releasing feel-good endorphins.

MUSCLE RECOVERY

Increased blood circulation aids in muscle recovery and alleviates soreness and stiffness.

PAIN RELIEF

Sauna heat helps to relax muscles and joints, reducing discomfort from arthritis or injuries.

WEIGHT LOSS SUPPORT

Regular sauna sessions can help burn calories as the body works to regulate its temperature.

SKIN HEALTH

Sweating opens pores, removes dirt, and enhances skin elasticity and clarity.

IMMUNE SYSTEM BOOST

The heat stimulates white blood cell production, strengthening immune response.

IMPROVED SLEEP

The relaxing effects of a sauna promote deeper, more restful sleep.

RESPIRATORY BENEFITS

The warm air can ease breathing and relieve sinus congestion.





Step into a sanctuary of relaxation and rejuvenation with Beta Wellness Saunas, where innovative design meets holistic wellness.

PURIFY YOUR BODY AND MIND WITH SAUNA THERAPY

Revitalizing Your Body and Mind

Saunas offer a unique way to relax while reaping remarkable health benefits. The intense heat promotes sweating, which helps to flush toxins from the body, cleansing your skin and revitalizing your overall well-being. Beyond detoxification, regular sauna use can enhance cardiovascular health by increasing blood circulation and lowering blood pressure. As your body temperature rises, your heart rate increases, mimicking the effects of light exercise and giving your cardiovascular system a natural workout.

Stress Relief and Mental Clarity

Stepping into a sauna is more than just a physical experience—it's a mental escape. The soothing warmth helps to melt away tension and alleviate stress, promoting the release of endorphins that elevate mood and foster a sense of calm. As you disconnect from daily distractions, the serene atmosphere allows your mind to unwind, reducing anxiety and promoting mental clarity. Regular sauna sessions can also improve sleep quality, making it easier to fall asleep and stay asleep throughout the night.

Relieve Muscle Pain For Recovery

For those who engage in regular physical activity, saunas can be a powerful tool for muscle recovery. The heat increases blood flow to sore muscles, delivering oxygen and nutrients that aid in healing. Additionally, the relaxation of muscle tissues reduces stiffness and alleviates joint pain, making saunas particularly beneficial for those with chronic pain or arthritis. Whether you're recovering from a workout or simply seeking relief from everyday aches, a sauna session can provide soothing, long-lasting comfort.



SPECIFICATIONS

SPA.100

Seating	Two Person
Dimensions	1300 x 1100 x 2000mm
Weight	171kg
Combined Watts	2710w
Power Required	15 Amps
Material	Hemlock Wood
Control System	Touch control Panel
Heating Areas	Left Right Floor Back Legs
Sterilization System	Ozone
Exhaust System	1 x Electronic Fan
Lighting	1 x Multi-Colour LED 1 x Standard Light
Multimedia	Bluetooth + 2 Speakers FM Radio USB Interface/MP3 Function
Price	\$5,990

SPA.200

Seating	Four Person
Dimensions	1600 x 1200 x 2000mm
Weight	171kg
Combined Watts	3210w
Power Required	15 Amps
Material	Hemlock Wood
Control System	Touch control Panel
Heating Areas	Left Right Floor Back Legs
Sterilization System	Ozone
Exhaust System	1 x Electronic Fan
Lighting	1 x Multi-Colour LED 1 x Standard Light
Multimedia	Bluetooth + 2 Speakers FM Radio USB Interface/MP3 Function
Price	\$6,990

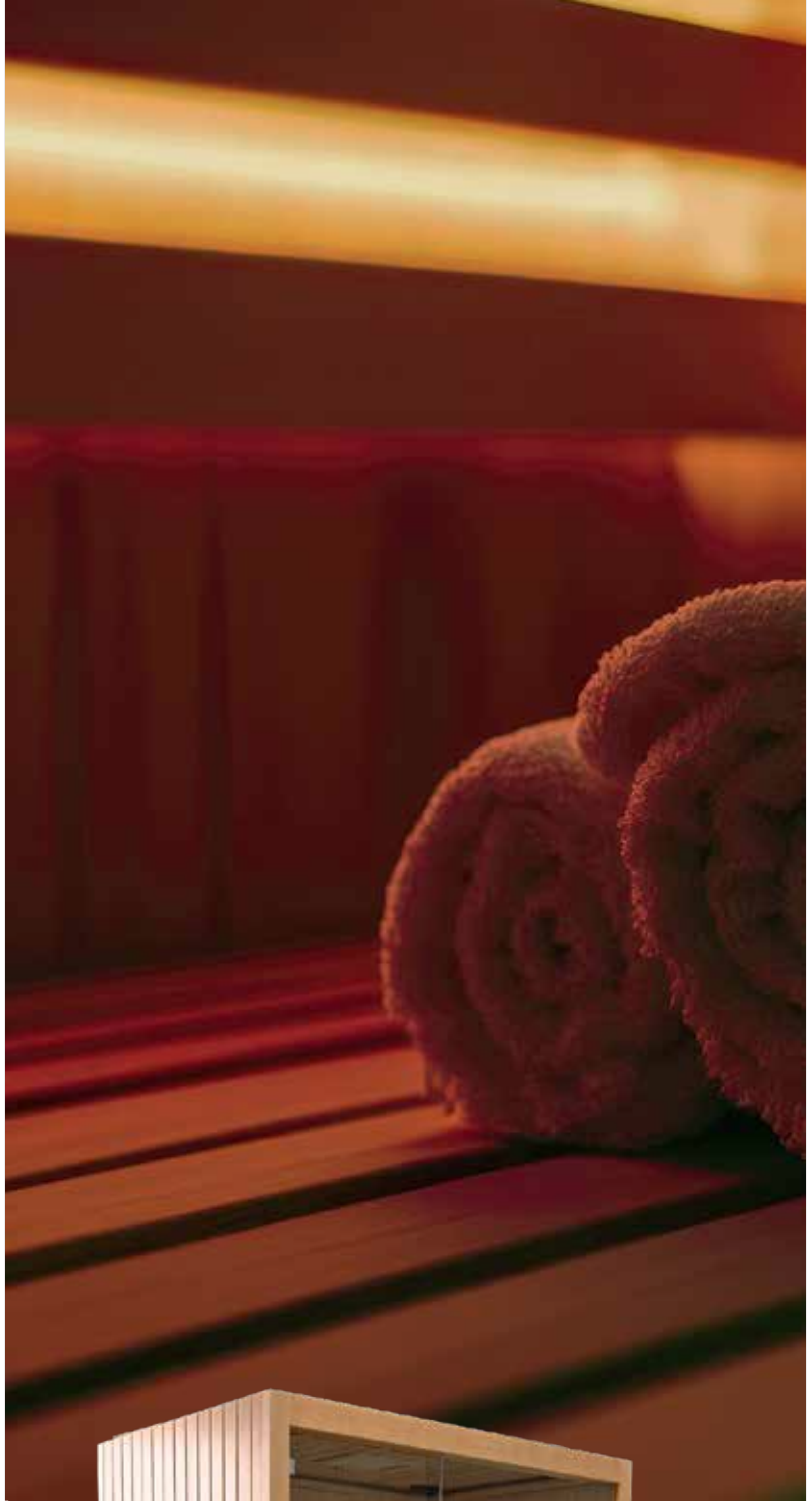
EFFICIENT HEATING FROM ALL SIDES

Designed with cutting-edge infrared heating technology, delivering exceptional efficiency while maximizing health benefits. Unlike traditional saunas that rely on high temperatures to heat the air, our saunas utilise advanced far infrared heaters that penetrate deep into the body, promoting detoxification and circulation without the intense heat. This targeted approach not only consumes less energy but also ensures a more consistent, even heat distribution throughout the cabin.

SOPHISTICATED DESIGN

Hemlock's hypoallergenic nature makes it the perfect choice for Beta Wellness saunas, offering both comfort and quality. This premium wood is celebrated for its exceptional durability, natural beauty, and resistance to warping, all while maintaining a cool surface temperature. With its fine, even grain and smooth texture, Hemlock creates a visually calming and inviting environment, ideal for ultimate relaxation.

Saunas are equipped with advanced far infrared heating systems that deliver optimal doses of far, mid, and near-infrared light energy. This full-spectrum approach promotes detoxification, enhances circulation, supports weight management, and boosts overall immunity. With customizable programs, users can tailor their sessions to meet specific health and wellness goals.



SPA.200



FIND US ON



All products are for reference only. Some specifications of the advertised products are subject to change without notice. Please refer to the actual product for accuracy.