

# TV & Film Screen ACTING COURSES



AAM is Adelaide's premiere Acting Studio for TV & Film. At AAM, we are very passionate about cultivating and nurturing extraordinary talent. Our comprehensive screen acting courses are specifically designed to adequately prepare our students for tv and feature film casting opportunities. Our leading industry professionals work with our students to deliver authentic, emotional and natural performances and responses through the art of storytelling.

In a profession that is often extremely competitive, it is essential that our students continue to strengthen their performance skills. AAM provides quality training by the best professionals in the tv and film industry. Our students are left feeling confident in their performing abilities and more grounded and connected to their innate creativity.

Many of our students have gone on to land various TV & Film roles for Netflix, Stan, Prime, ABC, SBS, Channel 7,9 & 10 productions such as Neighbours, RFDS, Mortal Kombat, Talk To Me, Gymnastics Academy, Wolf Like Me, Ladies in Black, White Fever and First Day just to name a few.

Our courses go beyond traditional training by fostering a sense of community and inspiring creativity. With the guidance of industry professionals and a curriculum rooted in practical experience, you'll leave our program equipped to navigate the competitive world of screen acting with confidence and skill.

Let AAM help you take the next step in your acting career. Enrol in our TV and film screen acting courses today!

## WHAT WE COVER THROUGHOUT THE YEAR

**CREATIVITY, VISUALISATION AND IMPROVISATION:** Sharpen your ability to think on your feet and adapt to dynamic creative

**CONFIDENCE BUILDING:** Acting on camera requires more than just technique—it requires presence and self-assurance. Our courses include exercises and methods to help you overcome stage fright, embrace vulnerability, and connect authentically with your audience.

**BODY MOVEMENT AND AWARENESS – EMOTIONAL AWARENESS – VOICE PROJECTION AND SPEECH ARTICULATION:** Strengthen your vocal delivery and articulation and your physical and emotional presence for a commanding screen performance.

**SCRIPT, SCENE AND CHARACTER ANALYSIS:** Unlock the depth of your characters by delving into scene objectives, beats, and emotional arcs while developing a nuanced understanding of text.

**CHARACTER DEVELOPMENT:** Dive deep into character creation, from understanding backstory and emotional truths to portraying dynamic and memorable roles.

**ON-CAMERA TECHNIQUE:** Master the art of subtle, authentic performances that translate powerfully on screen including framing and blocking.

**THE CASTING (AUDITION) PROCESS:** Stand out in auditions by mastering cold reading, self-tape techniques, and nailing callbacks with confidence and clarity.

**INDUSTRY PREPARATION:** Gain insider knowledge on how the entertainment industry works. Learn about casting processes, building professional relationships, and understanding the expectations of directors, producers, and casting agents.

**SCREEN TESTS (FILMED CASTING):** Practice mock auditions with professional-grade filming equipment to simulate real casting scenarios. Receive personalised feedback to refine your on-camera performance and casting presence.

**MONOLOGUES, DUOLOGUES AND GROUP SCENE WORK:** Learn to deliver compelling solo, duo and group performances. We'll guide you through selecting, analysing, and performing scenes that resonate with audiences and showcase your individuality whilst also contributing meaningfully to a shared performance.

**STANISLAVSKY AND MEISNER TECHNIQUES:** Dive deep into two of the most influential acting methodologies. From the Stanislavsky system's focus on emotional truth to Meisner's emphasis on spontaneous reaction and living truthfully under imaginary circumstances, we blend these approaches to unlock your full expressive potential.

**ACCENT WORK:** Expand your range with professional accent training. Whether it's mastering a regional dialect or preparing for an international role, we provide tools to ensure your speech aligns seamlessly with your character

Our courses are suitable for students aged from 7 years to adults from beginner to intermediate levels.

## COURSE OPTIONS

DAY	TIME	COST inc GST
<b>YOUTH 7-11yrs</b> Monday Tuesday Wednesday Thursdsday	5 - 6pm 5 - 6pm 4:30 - 5:30pm 4:30 - 5:30pm	\$340 per term OR \$1290 per year
<b>TEEN 12-16yrs</b> Monday Tuesday Wednesday Thursday	6:00 - 7:30pm 6:00 - 7:30pm 5:30 - 7pm 5:30 - 7pm	\$395 per term OR \$1500 per year
<b>ADULT 17+</b> Monday Tuesday Thursday	7:30 - 9:30pm 7:30 - 9:30pm 7 - 9pm	\$440 per term OR \$1635 per year
<b>ADULT ADV 17+</b> Wednesday	7 - 9:30pm	\$495 per term OR \$1860 per year
<b>5 WEEK INTRO 16+</b> Friday	6:30 - 8pm	\$250 for 5 wks

## 2025 TERM DATES

- TERM 1** Monday 3 Feb - April 3  
**TERM 2** Monday 28 April - 26 June  
**TERM 3** Monday 21 July - 18 September  
**TERM 4** Monday 13 October - 11 December

# Meet our COACHES

## Diana Stenta

Diana Stenta, Director and Senior Agent of AAM, brings over 20 years' experience in the entertainment industry to her teaching. With insider casting knowledge and real on-set expertise, Diana's classes go beyond technique equipping actors with the skills, confidence, and industry insight to stand out and book roles.

As the driving force behind AAM, Diana has successfully guided countless actors through auditions, castings, and career development. Her passion lies in nurturing talent and giving students the tools they need to thrive in a highly competitive industry.



## Marc Clement

Marc Clement has been acting for over 25 years in Theatre, Film & TV as well as working actively as a writer, director, cinematographer and video editor. His theatre credits include roles, such as Deeley in *Harold Pinter's Old Times*, Alfie in *Alfie*, Mr. Orange in *Reservoir Dogs*, State Opera's *Hamlet*. Marc is Co-founder of STARC Productions, teaming up with Tony Knight & Stefanie Rossi in January 2018. STARC has have been nominated by The Adelaide's Critics Circle every year since their inception. Marc was also nominated for in 2019 for the 'Individual B Award ' in Professional Theatre for his work in *All in the Timing* In 2021 *Venus In Fur* was nominated for Best Show. His film credits include the lead role of SASA nominated film *Ambergris* and lead role in *Warpath Chronicle* as Gideon. Marc has won multiple awards, such as Best Actor for *The Body*, Best Director & Editor for *Switcharoo*.



# Meet our COACHES

## Colin Shepherd

Colin Shepherd is an Actor, Writer, Producer and Director from Adelaide, South Australia who graduated from Adelaide College of the Arts in 2013. Colin has worked in both TV and theatre playing in various amateur and professional productions such as *Space Cowboys* and *Power Preparatory*.

He recently wrote, produced, directed and acted in sketch comedy web series *Housemates* with Take 28 Productions. Over the last few years, Colin has worked for the Scouts Shouts Youth Theatre directing and writing sell out shows with a cast of over 85 participants aged 5 and up.

Colin recently worked on ABC's *Ladies in Black*, Channel 7's *RFDS* and will soon feature in Short Film *Blossoming Love*.



## Laila Aldridge

Laila Aldridge is an actress whose passion for acting evolved from an early age and has now flourished into a thriving career. With over 7 years of professional training and onset experience in TV & Film, Laila brings a wealth of knowledge and real-world insight to her teaching. She is dedicated to nurturing authenticity in her students while fostering their confidence, ensuring they are fully prepared for the industry.

With her passion for the craft, strong industry knowledge, and genuine commitment to helping others succeed, Laila is on a promising path to making a meaningful impact in our industry.

Laila's recent TV credits include ABC's *Ladies in Black*, *First Day* and *Maverix*, Channel 7's *RFDS* and Netflix's *Gymnastics Academy*.





## Terms and Conditions

1. The terms and conditions of this agreement entered into by the Business and the Client is for the provision of acting training services.

o Business being Adelaide Artist Management (hereinafter referred to as AAM)  
o Client/Clientele being the persons who have initialed as the Student/Parent and/or Legal Guardian on the terms and conditions form below

2. Copyright and intellectual property of original images or video footage taken in the form of negatives, digital files and printed media shall remain the property of and with AAM. All other property rights in the negatives or raw files shall remain with AAM. All images and video footage taken by AAM or its agents are not to be reproduced, copied, manipulated or sold in any way.

3. Usage rights of any images or video footage taken from courses or workshops featuring Client are for AAM use and advertising purposes only and may be used on our website, social media and/or digital and print advertising. The on selling of images or video footage is prohibited unless negotiated by AAM All images and footage selected for editing and printing are determined by AAM.

4. All edited images or footage supplied by any photographers/videographers sub contracted by AAM must have their names mentioned in any social media posts. Images/footage are not to be altered in any way i.e. phone/social media filters or editing programs such as Photoshop as all images are copyrighted to the photographer/videographer.

5. If AAM or any of its Agents shall for any reason at all, be unable to participate in the training, a replacement Agent or date will be rescheduled in instead. If a replacement cannot be found, a full refund will apply.

6. It is the responsibility of the Client to ensure that they have adequate levels of Workers Compensation Insurance to cover them at all locations (including travel to and from a location) in the event of an accident or medical episode. AAM is not required to, nor holds, any such insurance for Clients.

7. The Client understands that AAM will take all reasonable care in the event of an accident or illness but that it will not be responsible for any medical, dental, ambulance, hospital or treatment costs administered to the Client in such an event nor will it be responsible directly or indirectly for any act or omission of any medical practitioner or medical officer attending or treating the Client.

8. AAM is not responsible for the misplacement or loss of any personal items or belongings left in studio, on set or on any location.

9. The Clients recognise that they have read the abovementioned terms and conditions and understand that by signing this agreement they will be legally bound.

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