



MUNSTER ARMS HOTEL

céad míle fáilte (*a hundred thousand welcomes*)

LUNCH MENU

Lunch from 12pm-2pm

Pre-order phone 5340 0017 Wednesday to Friday

Starters

Sweet Chilli Pizza with sour cream	\$9	Texas chicken wings	\$16
<i>*Gluten free base available, add</i>	\$3	<i>8 Texan BBQ marinated chicken wings served with a chipotle southwest mayo</i>	
Garlic Focaccia	\$8	Bruschetta	\$12
With Cheese	\$9	<i>Served on traditional ciabatta bread</i>	
		<i>*Vegetarian</i>	
Farmer's Plate	\$16	Bowl of Chips	\$7
<i>*Gluten free option available A platter for two with assorted cheese, cured meats, pickled vegetables, quince</i>			

Light Lunch

Thai Salad	\$15*GF	Chicken lunch Parma	\$18
<i>Fresh salad with a homemade Thai dressing</i>		<i>Pan fried crumbed chicken breast topped with ham, napoli sauce and grilled cheese, served with chips and salad</i>	
With Chicken	\$3.00 extra		
Chicken Focaccia	\$16	Lunch Fish and Chips	\$18
<i>Chicken, avocado, sun dried tomatoes and cheese served with chips and salad</i>		<i>Served with salad and lemon</i>	
Roast Veg Focaccia or Wrap	\$15	Salt and Pepper Calamari	\$18
<i>Seasonal roast vegetables served with salad</i>		<i>Served with chips, salad and lemon</i>	
Chicken Wrap	\$15	Smoked Salmon and Asparagus Salad	
<i>With bacon, egg and fresh salad</i>		<i>Served on a bed of fresh salad</i>	\$19
Open Steak Sandwich	\$19	BLT- Bacon, Lettuce & Tomato	
<i>Sourdough with sliced porterhouse, lettuce, tomato, cheese, bacon, caramelised onion and egg served with chips and salad</i>		<i>Served on sourdough with salad and chips</i>	\$17