

Nothing is more important than your family.

Learn the **who, what, why & how** of your **Life Advisor EAP!**

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Enhancing People. Improving Business.

WHO CAN USE THE EAP?

Spouses, live-in significant others, & dependents through the age of 26.



WHAT IS THE EAP BENEFIT? ★

The EAP is convenient, easy to access, 100% confidential and free of cost for: Counseling, life coaching, 24/7/365 crisis line, work-life resources, legal/financial consultations, online portal ► [LifeAdvisor.com](https://www.lifeadvisor.com)

21+%

21.4% of U.S. adults have experienced a mood disorder at some point in their lives.

Families & couples who have attended therapy sessions = high levels of patient satisfaction.



14+%

14.3% of adolescents have experienced some type of mood disorder.

After working with a marriage/family therapist, 93% had more effective problem solving tools.

93%

WHY IS THIS IMPORTANT? ♥

TO ADDRESS: Anxiety, Depression, Stress, Anger, Substance Abuse & Non-Substance Use Addictions, Domestic Violence, Couples and Family Counseling, Motivational Coaching, Parenting & Co-Parenting, Caring for Aging Parents, Grief & Loss, Work Issues, Legal & Financial Concerns—**AND MORE!**

How can I use the EAP?

Anyone who has the benefit—employee or family members, can contact us.

The employee does not have to be present: **CALL US ► 800.448.8326**

Provide the **company name & site location** where the person with the EAP benefit works.

Call us for **confidential, professional—problem solving services!**