

# PROGRAMS AT A GLANCE

Spring 2026

## MONDAY

### Little Gardeners

Apr 13 - Jun 22  
(Break: May 18)  
0-6yrs

10:00am-11:00am  
\*Parented\*

### Books & Bites

Apr 13 - Jun 22  
(Break: May 18)  
0-6yrs

10:00am-11:30am  
\*Parented\*

### After- Dark Book Club

May 25 - Jun 22  
6:00pm-7:00pm  
Parent Education

## TUESDAY

### Books & Bites

Apr 7 - Jun 23  
0-6yrs  
10:00am-11:30am  
\*Parented\*

### Adventures in Play

Apr 7 - Jun 23  
0-6yrs  
10:00am-11:30am  
\*Parented\*

### Glow Together

Apr 7 - Jun 23  
10-12yrs  
3:30pm-5:00pm

### Afterschool Adventures

Apr 7 - Jun 23  
6-12yrs  
3:30pm-5:00pm

### Family Book Club Online Centre for Family Literacy

Apr 14 - Jun 16  
0-6yrs  
5:30pm-6:30pm

## WEDNESDAY

We have  
programs for the  
whole family!  
Please check our  
website for more  
details.



## THURSDAY

### Adventures in Play

Apr 9 - Jun 18  
0-6yrs  
10:00am-11:30am  
\*Parented\*

### Nurturing Families Book Club

Apr 9 - Jun 18  
10am-11:00am  
Parent Education

### Afterschool Adventures

Apr 9 - Jun 18  
6-12yrs  
2:30pm-4:30pm

### Glow Together

Apr 9 - Jun 18  
10-12yrs  
3:30pm-5:00pm

### Kids in the Kitchen

#1 Apr 9 - May 7  
6-9yrs  
#2 May 14 - Jun 11  
10-12yrs  
All Ages  
#3 Jun 18  
3:30pm-5:00pm

## FRIDAY

### Story Sprouts Centre for Family Literacy

Apr 17 - Jun 19  
0-6yrs  
9:30am-11:00am  
\*Parented\*

### Books & Bites

Apr 10 - Jun 19  
(Break: May 8)  
0-6yrs  
10:00am-11:30pm  
\*Parented\*

### One-on-One (Appt Only)

Apr 10 - Jun 19  
(Break: May 8)  
1:00pm-3:00pm  
Parent Education



See full program guide for more information.

Register for FREE Programs:  
Phone: 780-478-5396  
Email: [registration@kara-frc.ca](mailto:registration@kara-frc.ca)



FAMILY  
RESOURCE  
CENTRE