

# RISE UP, WOMEN OF THE CHURCH

INTRODUCING

## Martha and Mary Ministry for Women



**HAVE YOU FELT YOU ARE  
BEING CALLED TO  
REACH OUT BEYOND  
YOURSELF?**

**THE CONCEPT AND IDEAS  
ARE MEANT TO SPRING  
FORTH FROM EACH OF  
US A NEW BIRTH AS THE  
SPIRIT GUIDES OUR STEPS.**

**WE ARE ONLY LIMITED  
BY OUR IMAGINATIONS  
OF WHAT THIS  
MINISTRY CAN BE!**

**WE ASK...WHAT DOES  
OUR PARISH NEED TO  
FEEL ALIVE?**

### **COMFORT AND JOY MEAL**

**A TEAM APPROACH WHERE THE LEADER WOULD BE  
CONTACTED WHEN A NEW FAMILY JOINED THE PARISH,  
POST/PRE SURGICAL SITUATION, NEW BABY ARRIVES...  
INDIVIDUALLY HER TEAM MEMBERS WOULD PROVIDE A  
CASSEROLE, A VEGETABLE OR SALAD, DESSERT,  
BREAD OR FLOWERS. ITEMS WOULD BE GATHERED AND  
DROPPED OFF BY ONE PERSON.**

### **PRAYER SHAWL MINISTRY**

**CREATE PRAYER SHAWLS BY  
KNITTING OR CROCHETING.  
EACH SHAWL IS PRAYED  
OVER, WRAPPED AND GIVEN  
TO A MEMBER OF OUR  
PARISH WHO NEEDS  
PRAYERS FOR  
A LIFE SITUATION.**

**TO LEARN MORE  
ABOUT MARTHA AND  
MARY MINISTRY,  
CALL THE OFFICE  
AND LEAVE YOUR  
NAME AND NUMBER  
WITH OUR  
SECRETARY, LORI  
330-453-8493**