



Personal Care Service Details

CareWays personal care may be provided to eligible people living in the Illawarra through the Commonwealth Home Support Program (CHSP), Home Care Packages or private services. Personal care services are provided by our team of care workers Monday to Friday from 7.00am to 5.00pm. Personal Care may be provided outside these times by mutual agreement and subject to available resources. Weekend and public holiday services may also be available by prior arrangement.

Inclusions

Personal Care can include, but is not limited to supervision, prompting and/or assistance with:

- Showering, bathing or sponge bathing
- Dressing and undressing
- Toileting
- Grooming including shaving
- Assistance with continence aids
- Assistance with self-administration of medication (including from dose-administration aids)

Exclusions

Care workers can NOT assist with tasks that should be performed by qualified nurses and/or medical professionals, including but not limited to:

- Wound dressings
- Injections
- Oxygen and respiratory therapies
- Nasogastric and gastrostomy feeding
- Collection of specimens for pathology
- Administration of suppositories, enemas and pessaries
- Catheter care and bladder irrigation
- Colostomy or ileostomy care
- Blood glucose testing (care workers can monitor client self-testing)
- Dialysis
- Nail care

Care Workers are trained to undertake their duties in accordance with Workplace Health and Safety guidelines. This can mean there may be occasions where care workers cannot perform tasks the way you usually like them done. Care workers will try to assist client's according to their needs and preferences whilst working within health and safety guidelines.



