### **About CareWays**

CareWays provides services to the community such as:

- Aged Care support at home
- Domestic Assistance
- Personal Care
- Social Support
- Respite
- Client Transport
- Community Services
- Youth Services
- Leisure Activities

Full details available at careways.org.au or call us on 1300 307 902

#### Volunteer now...

If you are interested in becoming a volunteer or would like to know more, contact us and we can discuss what volunteer opportunities are currently available.

Phone: 1300 307 902 or 02 4262 1918

Email: help@careways.org.au





**CareWays Community Ltd** PO Box 274, Dapto NSW 2530

Located within the Dapto Ribbonwood Centre 93-109 Princess Highway, Dapto NSW 2530

# **VOLUNTEER** NOW!

Information and Opportunities

















### **Volunteer opportunities**

We are looking for volunteers from all walks of life. Below are some of the positions for you to consider...

- Breakfast program
   Supporting the local community
   with a free breakfast at Dapto and
   Koonawarra.
- Client Transport

  Transporting to and from appointments.
- Assist with various events throughout the year.
- Meals on Wheels

  Packing and delivering meals.
- Tutoring
  Tutoring creative leisure activities.
  Do you have a skill that you can pass on to others?
- Advisory Groups
   Various Community and Volunteer
   Advisory Groups.

## Why volunteer?

Volunteering at CareWays is a great way to meet new people, enjoy yourself and share your experiences with others.

By volunteering, you can make new friends, learn new and fulfilling skills and, as research suggests, can make you feel happier and improve your health.

The benefits of volunteering can be enormous. CareWays provides essential help to people in need in our community. Volunteering can help you to find friends and connect with the community.

You don't have to make a long-term commitment and we can help schedule around your current circumstances.

Depending on what you volunteer for, whether just to fill your life with meaningful purpose, or if your'e looking to progress your skills in communication, planning, teamwork and task management then CareWays has a position for you.

Our volunteers play an integral part in the lives of our clients and community, we need all kinds of skills and experiences to deliver our services. CareWays holds volunteer events throughout the year as a means of consultation and saying thanks for all the wonderful work that they do.

We need you!

