

Full Name _____
Address _____
City _____ Prov _____ PC _____
Phone: (C) _____ (W) _____
Email: _____
Date of Birth: _____ Age: _____

Occupation: _____
Marital Status: S M D W
Spouse's Name: _____
No. of children: _____
Referred By: _____
MB Health Registration No. (6-digit): _____
MB Health P.H.I.N. (9-digit): _____

Chiropractic History

Have you previously seen a chiropractor? Yes No Reason: _____
Did they take x-rays? Yes No If yes, when was your last visit? _____

Current Health Condition I'm here for wellness and have no complaints (please skip to the next section).

Have you previously seen a chiropractor? Yes No Reason: _____
Did they take x-rays? Yes No If yes, when was your last visit? _____

Reason for today's visit: _____

When did the pain/problem start? _____ Why do you think the pain started? _____

Pain is: Sharp Dull Constant Intermittent Feels like _____

Pain/Problem interferes with: Work Sleep Routine Other _____

What activities aggravate your condition/pain? _____

What activities lessen your condition/pain? _____

Is it worse during certain times of the day? _____

Is this condition getting progressively worse? Yes No _____

Other Doctors Seen: _____

Other Symptoms: (please check all that apply)

<input type="checkbox"/> Headaches	<input type="checkbox"/> Pins & Needles in Legs	<input type="checkbox"/> Ears Ring/Buzzing	<input type="checkbox"/> Stomach Upset	<input type="checkbox"/> Anxiety
<input type="checkbox"/> Neck Pain/Stiffness	<input type="checkbox"/> Pins & Needles in Arms	<input type="checkbox"/> Fever	<input type="checkbox"/> Nausea	<input type="checkbox"/> Multiple Sclerosis
<input type="checkbox"/> Sleeping Problems	<input type="checkbox"/> Numbness in Fingers	<input type="checkbox"/> Fainting	<input type="checkbox"/> Constipation	<input type="checkbox"/> Blood Clots
<input type="checkbox"/> Back Pain	<input type="checkbox"/> Numbness in Toes	<input type="checkbox"/> Cold Sweats	<input type="checkbox"/> Loss of Balance	<input type="checkbox"/> Other conditions, diseases or concerns: _____
<input type="checkbox"/> Nervousness	<input type="checkbox"/> Shortness of Breath	<input type="checkbox"/> Loss of Smell	<input type="checkbox"/> Ear Infections	_____
<input type="checkbox"/> Tension	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Loss of Taste	<input type="checkbox"/> Asthma	_____
<input type="checkbox"/> Irritability	<input type="checkbox"/> Depression	<input type="checkbox"/> Difficulty Swallowing	<input type="checkbox"/> Allergies	_____
<input type="checkbox"/> Chest Pains	<input type="checkbox"/> Light Bothers Eyes	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Frequent colds/flu	_____
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Double Vision	<input type="checkbox"/> Cold Feet	<input type="checkbox"/> Menstrual Problems	_____
<input type="checkbox"/> Face Flushed	<input type="checkbox"/> Loss of Memory	<input type="checkbox"/> Cold Hands	<input type="checkbox"/> IBS/Crohn's Disease	_____

Accidents/Trauma/Injury History

Number of car accidents: _____ Approximate Dates: _____

Any work, sports or other injuries: _____

Any medications you are currently taking: _____

Have you had surgery? Yes No What type? _____

When? _____

Any significant family medical conditions/history: _____

Give a brief description of the physical nature of your work or daily routine: _____

Rate your occupational stress (1-10, 10 being most stressful) : _____ Rate your family/life stress (1-10): _____

Do you smoke? Yes No How many per day? _____ Do you drink alcohol? Yes No How many per week? _____

As a result of my chiropractic care, I would like to: (please check all that apply)

- Feel better quickly
- Have a healthier spine & better postural alignment
- Improved function & performance
- Have a better quality of life

Signature _____

Date _____



Dr. Deidre Valaquenta D.C.

10-1549 St. Mary's Road

Winnipeg, MB R2M 5G9

Phone: (204)-255-6666 Email: wellness@meadowoodchiro.com