## AUGUST Coo

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WATER	& CLA	SS TRA	ACKER	FOR	1	2
NAME:						
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	your water Complete t	intake. Goal hese 2 tasks	is 80+ ounce and you will	l is 15 in the es everyday ( be entered er a Non Mem	(2 free days into drawing	allowed)!