

Support for your mental health

Sometimes talking about it can make all the difference. Mastronardi Produce provides First Stop Health to all employees and their immediate family members at no cost to you.



We are here when you need us.

Our licensed counselors are available via phone or video to provide you with short-term, solution-focused support.

A visit costs \$0.

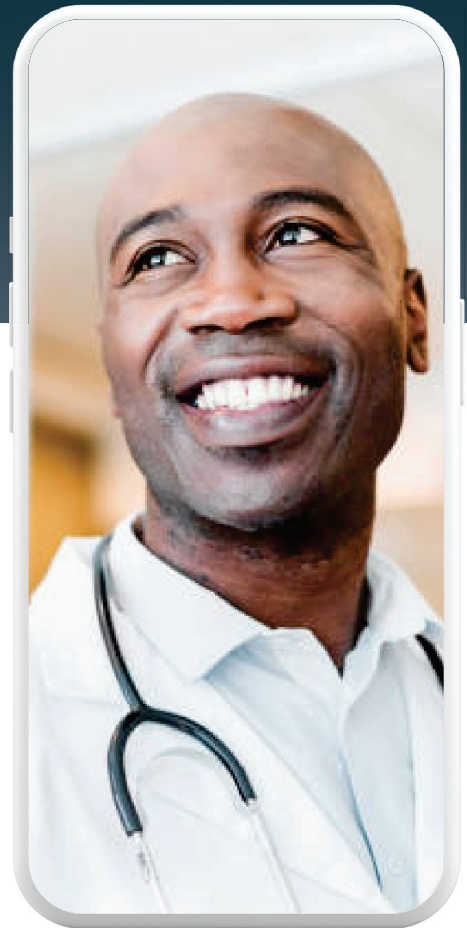


Mental health support.

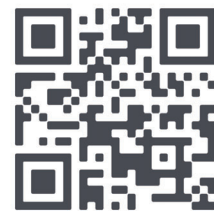
Get short-term counseling to work through:

- Depression & Anxiety
- Work/Life Stress
- Substance Use
- Relationship Issues
- Grief & Loss
- And More

Visits occur on your time! Get support via phone or video between 8 a.m. to 8 p.m. Monday-Friday.



Activate your account.



fshealth.com | mobile app

Use [the last 4 digits of your SSN] [your employee ID] to claim your account!