







Easy Read: Who we help



-  We help people with learning disabilities.
-  We help people with physical disabilities.
-  We want you to be happy and active.
-  We want you to be part of your community.







Easy Read: Where we help



-  We can support you in your own home.
-  Or we can help you get your own tenancy (your own place to live).











Easy Read: Making your plan



-  We listen to you.
-  We find out what you need and what you want.
-  We make a simple plan with you.
-  We help you learn skills.
-  We help you be more independent.
-  We check the plan often and change it if needed.

Easy Read: How we help (step by step)



-  **Assessment:** We talk with you to understand your needs and goals.
-  **Moving home:** We help you move. We support feelings and practical things.
-  **Your plan:** We write your support plan with you. It says what is important to you.
-  **Your team:** We match staff to you, so you feel comfortable and safe.
-  **Trained staff:** Our staff are trained to give kind and safe care.
-  **At home:** We help you live safely and well in your own home.
-  **Reviews:** We meet with you to see what is going well and what needs to change.
-  **Independence:** We help you do more by yourself.
-  **Outcomes:** When you reach a goal, we set a new goal with you.
-  **Lived experience:** People with lived experience help us improve our service.

Easy Read: Your goals might be



- 🗝️ Have your own home
- 😊 Have a good day with things you enjoy
- 📁 Get a job or go to college
- 👥 Make friends and have relationships
- 🌸 Help in your community
- 🩺 Stay healthy and well
- 🧠 Make your own choices

Easy Read: Things that can be hard



- 🧓 Getting older
- 🏠 Other health conditions
- li>• ⚖️ Weight and food issues
- 😞 Feeling lonely or unsafe

Important: STOMP



- 🖐️ We support STOMP.
- 💊 **STOMP means:** Stop over-medication of people with a learning disability or autism.
- 🩺 We work with you, your family, and health professionals.
- ✅ We try safe, right support. Medicine only when needed.